Canadian Forces Provides Assistance to Haiti

By Captain Scott Spurr

Story page 2

Members of 2 Air Movement Squadron’s Mobile Air Movement Squadron (MAMS) unload Disaster Assistance Response Team (DART) supplies from Canadian Forces Hercules aircraft, number CC-130320, on the Port au Prince flight line, Haiti.

(Image: MCpl David Hardwick, DART Image Tech)
Cover Story.
On Tuesday, January 12, 2010 a 7.0 magnitude earthquake hit the tiny island country of Haiti and caused wide spread devastation with thousands of people being killed. It was the worst earthquake to hit the region in over 100 years.
The international community which included Canada responded as swiftly as they could in order to bring relief supplies to the battered country and to help its population cope with this tragedy.
The Canadian government promptly directed the Canadian Forces to provide as much assistance as possible to help the Haitian people and the military responded by quickly sending the Disaster Assistance Response Team (DART) to the Haitian people and the military responded by quickly sending the Disaster Assistance Response Team (DART) to the country first. The DART is composed of engineering, medical, logistical and defence and security personnel. The military operation, (which is ongoing) was called OPERATION HESTIA and includes the following assets:
• A Naval Task Force, made up of a destroyer and frigate from Halifax with a CH-124 Sea King helicopter;
• One light infantry battalion;
• C-177 Globemaster and CC-130 Hercules airlift support;
• Medical facilities

As the Minister of National Defence stated last week: “The Government of Canada feels it has a moral imperative to do everything in its power to help with international relief and stabilization efforts in Haiti,” said Minister MacKay. “To further support Op HESTIA, I am ordering a light infantry battalion and health services support be deployed to bring further aid and assistance to the people of Haiti.”

“Once all our assets, platforms and personnel are in place, the Canadian Forces will have approximately 2000 Canadian Forces personnel, seven helicopters and two ships contributing to rescue, recovery and reconstruction efforts in Haiti.”

The Canadian Air Force played an integral role in getting supplies and personnel to the island to assist the Haitian government by flying almost non-stop its fleet of Hercules and Globemaster aircraft. 14 Wing Greenwood has provided one Hercules aircraft and two air crews to help with the mission and the Wing may be required to provide more personnel in the near future.

The situation in Haiti will take years for the country to fully recover from and Canada along with the International community has pledged to do all that it can in order to help them in the foreseeable future.

The following link provides information to the Foreign Affairs and International Trade Canada’s website and a list of humanitarian agencies if anyone is looking to make a donation.

Canadian Forces Provide Assistance to Haiti

Health Promotion Services (PSP) Winter/Spring 2010 Program Schedule

- **Register now to ensure a seat!**
  - Top Fuel for Top Performance - 0830 – 1130 (day 1); 0830 – 1530 (day 2) - 15 – 16 Apr 10 - 0830 -1530 hrs - F&S Centre
  - Stress: Take Charge - 03 – 04 Mar 10 – 0830 – 1530 hrs - F&S Centre

- **Applied Suicide Intervention Skills Training** - 31 Mar – 1 Apr 10 – 0800 – 1600 (day 1); 0800 – 1500 (day 2) - F&S Centre

- **Alcohol, other Drugs & Gambling Supervisor Trg** - 23 Feb 10 – 0830 – 1600 hrs - F&S Centre

- **Butt Out Small Group** - 12 Jan (by apt only) - 0930 – 1030 hrs - F&S Centre

- **Managing Angry Moments** - 5 May – 30 Jun 10 (Wednesday evening) - 1830 – 2030 hrs - F&S Centre

- **Weight Wellness** - 8 Sessions - 5 May – 30 Jun 10 (Wednesday evening) - 1830 – 2030 hrs - F&S Centre

- **Basic Relationship Training (BRT)** - 11 Feb – 25 Mar 10 - (Thursday) - 1330 – 1530 hrs - F&S Centre

- **Announcements**
  - There will be a charge for all Birthdays, Anniversaries, Engagements, Weddings, Card of Thanks, & Memoriams

- **Notice**
  - Effective Immediately
  - There will be a charge for all Birthdays, Anniversaries, Engagements, Weddings, Card of Thanks, & Memoriams

- **Shoe Blitz**
  - **SAVE ON TOP BRANDS, PRICES SLASHED**
  - **30-70% off**
  - **4 DAYS ONLY**

- **ANNUAL WINTER**
  - **JANUARY 28 TO JANUARY 31**

- **LIMITLESS Skate & Snow**
  - **from Feb 1st- Feb 14th**

- **Tibb’s Tumblers Locksmithing Services**
  - WIDE ASSORTMENT OF KEYS
    - High Security Keys
    - Safes
    - Commercial
    - Residential
    - Automotive
    - Installations
    - Lockouts
    - Code-Key Cutting & Estimates
    - Rekeyed Locks
  - IRPP Claimable
  - 59 Stronach Mtn. Rd
  - NEW PHONE # (902) 840-3658

- **Stark’s Headquarters**
  - Tropical Vacation
  - Caribbean Spa Package
  - 599-3668 (foot)

- **Valley Podiatric Medical Centre**
  - Taking appointments for a full range of podiatric medical treatments, including diabetic care. Custom orthotics, footwear, foot care products, foot & ankle braces and compression hosiery.
  - 765-3668 (foot)
  - No referrals necessary • Fees covered by most Extended Health Plans

- **NEW PHONE #**
  - 765-1494 ext: 5833

- **EFFECTIVE IMMEDIATELY**
  - There will be no charge for Military Obituaries of 150 words or less. For more information, contact Anne Kempton at 765-1494 local 5833
African Heritage Month

Did you know that February is African Heritage Month in Canada?

It originally started as Black History Month when it was founded in 1926 by Harvard educated Black historian Dr. Carter G. Woodson. In the '70s several Black organizations and community leaders banded together to promote this concept as a month from the original week recognition. In Nova Scotia, the celebration of Black History Month was initiated in the early '80s through the efforts of the Black History Month Association. It is now in its second decade and is known as African Heritage Month.

Did you know... that during World War I, patriotic black Canadians attempted to join combat units but were rejected on the basis of race and/or colour. However, they still contributed to the war effort. In 1916, a segregated battalion made up of black Canadians, the No. 2 Construction Battalion, was formed. It was responsible for the crucial work of building bridges, digging trenches and clearing roads. In World War II, the persistent efforts of black Canadians to join the armed forces were rewarded with success and they went on to serve with distinction in all branches of the military.

The National Defence publication of “For My Country – Black Canadians on the Field of Honour” is available to employees of 14 Wing at the LCC library located in the Birchall Bldg room 204 or you can find it online at: http://hr.halifax-naval.mil.ca/dhrd/en/engraph/publications_e.asp

You can also visit these websites for more information on African Heritage Month celebrations around Nova Scotia: www.gov.ns.ca/ansa www.halifaxpubliclibraries.ca/assets/files/guides/jan-feb-2010.pdf

If you are an employee of 14 Wing and interested in learning more about the Wing’s Combined Advisory Group, please contact Rita Jardine at local 5384 or Lt Nadia Kang at local 2016.

Canadian Soldier Killed by Improvised Explosive Device

NR – 10.001 - January 16, 2010
OTTAWA — One Canadian soldier was killed by an improvised explosive device during a dismounted security patrol near the town of Nakhonay in the Panjwayi district, approximately 15 kilometres south-west of Kandahar City. The incident took place at approximately 2:00 p.m. Kandahar time on 16 Jan 2010.

Killed in action was Sergeant John Wayne Faught from the 1st Battalion Princess Patricia’s Canadian Light Infantry, based in Edmonton, Alberta. He was serving as a member of the Task Force 3-09 Battle Group.

At this sad time, our thoughts and prayers are with the family and friends of our fallen Canadian comrade. The commitment and sacrifice of our soldiers and their loved ones are helping to make a difference in the lives of the people of Kandahar Province.

Members of Joint Task Force Afghanistan work with the soldiers and police of the Afghan National Security Forces to improve security and build a better future for Afghans. Canada remains committed to bringing peace, stability and good governance to Afghanistan.

Un soldat canadien tué par en engin explosif improvisé

NR – 10.001 - le 16 janvier 2010
OTTAWA — Un soldat canadien a été tué par un engin explosif improvisé au cours d’une patrouille de sécurité à pied près de la ville de Nakhonay, dans le district de Panjwayi, à environ 15 kilomètres au sud-ouest de la ville de Kandahar. L’incident a eu lieu vers 14 h 00, heure de Kandahar, le 16 janvier 2010.

Le militaire tué au combat est le sergent John Wayne Faught du 1er Battalion Princess Patricia’s Canadian Light Infantry, basé à Edmonton, Alberta. Il servait à titre de membre du groupement tactique de la Force opérationnelle 3-09.

“Au moment de sa mort, sergent John Wayne Faught prenait part à une patrouille conjointe de l’Armée nationale afghane et du groupement tactique canadien près du village de Nakhonay dans le cadre de nos efforts pour protéger les Afghans des insurgés et d’en apprendre plus sur les gens du village et sur leurs besoins,” a déclaré le Brigadier-général Dan Ménard, commandant de la Force opérationnelle canadienne à Kandahar.

En cette triste période, nos pensées et nos prières vont à la famille et aux amis de notre camarade déclaré. L’engagement et le sacrifice de nos soldats et de leurs êtres chers aide à faire une différence dans la vie des gens de la province de Kandahar.

Les membres de la Force opérationnelle interarmées en Afghanistan travaillent avec les soldats et la police des Forces de sécurité nationale afghanes pour améliorer la sécurité et créer un avenir meilleur pour les Afghans. Le Canada demeure engagé à apporter la paix, la stabilité et la bonne gouvernance à l’Afghanistan.
Blood Donor Clinic

The Aurora Newspaper is published each Monday by Wing on the authority of Colonel W.F. Seymour, CD, Wing Commander. Est publié chaque lundi par la 14e Wing, Greenwood under the authority of Colonel W.F. Seymour, CD, Commandant de l’école.

The Aurora Newspaper is published each Monday by 14 Wing under the authority of Wing Commander. Le Journal Aurora est publié chaque lundi par la 14e Wing Greenwood or the Printers.

Mail Subscriptions are available at the following rates:

To participants to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services will now be holding two day donor clinics as a result of the support from our local communities. Let’s respond and take advantage of this opportunity by filling up two full days of appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

The next two day donor clinics will be held at the 14 Wing Greenwood Community Centre on Tuesday February 9th and Wednesday February 10th. Donors can either give during the 1:00 – 3:00 p.m. time slot or the 5:00 – 8:00 p.m. evening slot on Tuesday the 9th or Wednesday the 10th. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph.

The Health Promotion team recognizes that quitting may require many attempts and entering the “March 1st, I Quit!” Challenge provides tobacco users another opportunity to succeed.

Attention all military and civilian personnel! If you prepare and/or present oral presentations this 3-day course is for you. Participants of this course will learn to plan and deliver effective presentations.

Participants will develop a presentation outline, learn to use a variety of visual aids and present 2 oral briefings to other participants. Each briefing will be videotaped and critiqued by an outside expert.

In case of typographical error, the liability of “The Aurora Newspaper” is limited to a refund of the space charged for the erroneous item. In case of advertisements accepted by telephone, “The Aurora” accepts no liability for error whatsoever. Errors must be brought to the attention of editor within three (3) days after publication.

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For more information contact 14 Wing Health Promotion office at 765-1494 ext 5388.

The kick-off for the 2010 Challenge was January 20, 2010. All military tobacco users and non-users, their immediate family members, DND public, non-public fund and MERC employees are invited to take the “March 1st, I Quit! Challenge” and stay tobacco free for at least one month, from March 1 to April 1, 2010. Tobacco users and non-users may take part in the Challenge. Non-users may register as supporters of members trying to quit.

Participating is easy. Tobacco users must stop using by March 1, and remain tobacco free until at least April 1. They must register at a Strengthening the Forces Health promotion office (on bases/wings across Canada) or on this web site from January 20 to midnight February 28, 2010. Website (DN): http://hr.ottawa-hull.mil.ca/health-literacy/smokefree/

The challenge, supporters and participants are eligible to win prizes provided by CANEX and SISIP Financial Services (SISIP FS), partners of the “March 1st, I Quit!” Challenge. Health Promotion teams on every base/wing will provide support for tobacco users who decide to take this important step in the quitting process by organizing regular activities and providing information kits to everyone registered.

The goal of the program is to prevent tobacco use-related diseases among CF members. The Health Promotion team recognizes that quitting may require many attempts and entering the “March 1st, I Quit!” Challenge provides tobacco users another opportunity to succeed.

Anyone who has quit smoking after Sept 1, 2009 is eligible to enter the contest. The Health Promotion team recognizes that quitting may require many attempts and entering the “March 1st, I Quit!” Challenge provides tobacco users another opportunity to succeed.

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Dear Editor,

I was on a trip to Vimy Ridge many years ago and it was just the same as it was in 1916 after the battle. Now there has been much work done on it and the battle scars are gone, as it’s more of a park now. A friend of mine who was at Vimy during the attack heard about my plans to make the trip, so he got in touch with me and talked about “the pimple”. He said it’s a slight rise in the Ridge about ten or twelve feet long where bodies were piled up and blood ran in small streams. I walked along the Ridge and came to it. It was partly grassed over and no sign of what took place there when the battle was fought. I walked along the Ridge and came to it. It was a three master was murdered off the coast of South America.

Shortly before that, her husband who was Captain of the Aurora Newspaper, 14 Wing Greenwood, NS

I got down in the old German trench now partly filled in and grassed over. The story goes that the mud was several feet deep there, and many soldiers just disappeared and were never identified. We passed through Verdun, a nice town now but it was completely destroyed during the first World War. Oren Foster B.E.M.

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Fax: 902-765-6311
c21acclaim@ns.sympatico.ca

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**Greenwood Players**

The Greenwood Players will be holding auditions for their Spring Production of "Murdered to Death", a comedy whodunit. The cast will be made up of 5 males and 5 females. Age group from 20 to 70, no previous experience is necessary and no audition pieces will be required. Auditions will be held at the AVM Morfee Centre on the following dates:
- Thursday: February 11th 7:00 to 9:00 p.m.
- Saturday: February 13th 2:00 to 5:00 p.m.
- Sunday: February 14th 2:00 to 5:00 p.m.
Anyone interested in other aspects of production are welcome.

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**Aylesford District Lions Club Hosts Community Supper to Support PRMS and St. Mary’s Elementary**

Members of the Aylesford District Lions Club will join with the Home and School Associations of Pine Ridge Middle School and St. Mary’s Elementary School to offer a delicious supper to community members on Thursday, January 28, 2010. The supper will take place at the Aylesford District Lions Club located at 2160 Hwy #1 in Auburn. The menu will feature scalloped potatoes, baked beans, dinner rolls, and ham as the main meal. Beverages will include coffee, tea, and juice. The meal will be followed by the Lions’ own famous apple crisp for dessert.

Meals will be served from 4:15 to 6:30 p.m. Freewill donations will be accepted at the door. All funds donated by community members will be used by the Home and School Associations to help fund such projects as playground equipment.

Both of the Home and School Associations would like to thank the Aylesford Lions Club for their strong commitment to community service and for being the backbone of this event. It would be impossible to do without their support. Please join us on Thursday, January 28, 2010, for this wonderful supper.

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**National Literacy Day at Your GMFRC**

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The Greenwood Military Family Resource Centre (GMFRC) would like to invite Military Families to join us for story time on Wednesday January 27, 2010 from 9:30 - 10:30 a.m. as we celebrate National Literacy Day. We will have free parenting information packages on literacy activities for families, and a free story book for the first 30 families who join us. We hope you can join us for cake and refreshments as we have a morning of stories and songs together at your Greenwood Military Family Resource Centre on this very special day.

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**The Village of Kingston Notice**

CHANGE IN MEETING DATES

Effective its February 2010 meeting, the regular meeting of the Kingston Village Commission will occur on the second Thursday of every month.

All Commission meetings are at 7:00 pm at the Kingston Village office - 671 Main Street, Kingston, NS.

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**Next Greenwood Course**

Feb 20, 21 & 27, 28

Call 1-888-397-5520

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Annapolis Valley Health continues to encourage every person to receive the H1N1 vaccination.

The vaccine is a safe and effective way to protect yourself from H1N1.

By getting vaccinated, you can protect you and your loved ones
Children’s Deployment Support Group

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The GMFRC is excited to offer a new Children’s Deployment Program to Deployed Families of 14 Wing Greenwood. Our program is facilitated by trained GMFRC dedicated volunteers who have experience working with children of military families. Our program consists of three age groups – 3 – 5 years, 6 – 8 years and 9 – 12 years. Our goal is to work with parents and caregivers who have a loved one deployed to help build resilience, minimize stress, and keep attitudes positive for their children who are facing a military parent’s absence. Children attending our monthly workshop will have opportunities to meet other children their age who are coping with a parent being away, enjoy fun activities that involve the deployed parent, and learn ways to positively focus their energies throughout the deployment. Our next meeting will be on Sunday, February 7th, 2010 from 1:00 – 2:30 p.m. at the GMFRC. If you would like to register your child/youth for our group, please stop by the GMFRC or call us at 765-1494 local 5611. If you have questions about our program please contact Kim.

Respite Childcare at the GMFRC

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The Greenwood Military Family Resource Centre (GMFRC) offers Respite Childcare Services that will assist CF families during a deployment as well as for the challenges this unique lifestyle may bring. The GMFRC understands that finding short term childcare in our area can be difficult; therefore we are pleased to offer this service to all CF Families who would like to take some time for themselves without having the stress of trying to find a babysitter for a few hours. Maybe you want to have a lunch date with your spouse, do some grocery shopping, or simply take time just for you. Due to the number of families registering for our Saturday Respite Childcare, the GMFRC is pleased to offer deployed families with the choice of 1 of the 2 monthly Saturday Respite dates. Families are now able to choose which of the two Saturday Respite Childcare Days will work best for their family that month. Families wanting to take advantage of this service can do so by coming into the GMFRC and registering with our receptionist. Space is limited due to the age and number of children in care.

Subway Swimmers of the Week

Abby McIntyre
Nova Tech 1
9 years old, 1st year with GDSC
Favourite Stroke: Breaststroke
Other Interests: Drama & Art

Savanah LeBlanc
Age Group 1
9 years old, 3rd year with GDSC
Favourite Stroke: Freestyle and Breaststroke
Other Interest: Gymnastics, dance and horseback riding

Sarah O’Reilly
Age Group 2
14 years old, 6th year with GDSC
Favourite Stroke: Breaststroke
Other Interests: Aikido and Volleyball

Morgan Cummings
Novice
10 years old, 1st year with GDSC
Favourite Stroke: Frontcrawal
Other Interests: playing with friends

Dooly’s
Good times, good friends
Greenwood only

Free Pool
From open to close!

Mondays to Thursdays
963 Central Ave, In the Zellers Plaza
Holocaust Survivor Will Share His Life Story at 14 Wing

Submitted by: Eric MacKenzie, Community Recreation Coordinator

It was nearly ten years ago when I first heard Mr. Philip Riteman share his remarkable story, at our local High School, and his moving message remains one that I will never forget. His powerful message to the next generation has always been to think for yourselves, respect others, love rather than hate, and to stand up against evil.

On November 1st 2005, the United Nations designated January 27th as the International Holocaust Remembrance Day. In 1945, this Wednesday marked the liberation of Auschwitz-Birkenau, the most notorious Nazi death camp, where over one million Jews were murdered.

Mr. Philip Riteman was a prisoner at Auschwitz-Birkenau and still lives with the constant reminders of the camp by having the number 98,706 tattooed on his left arm. Although the gray numbers have faded, the nightmares and horrific memories of the Holocaust have not.

As a result of his painful past, he was reluctant to speak of the atrocities he witnessed for over 40 years. During this time, he even remained silent about his haunting past to some of his closest friends. However, he broke his silence in 1989 when he spoke about his experiences for a documentary titled “Voices of Survival”.

Since then, Mr. Riteman has dedicated the last twenty years to speaking to the next generation so they can learn what happened in hopes that this type of evil does not occur again. His courageous and admirable message of hope, heard by thousands of students and many government officials, has been a voice for those who did not survive the Holocaust. This includes speaking for, and bearing witness to, the 30 members of his immediate family, all victims of the Holocaust, who can not speak.

As a result of his tremendous work, Mr. Riteman has received honorary degrees from Memorial University and St. Thomas University. Plus, he recently received the Order of Nova Scotia for educating the next generation and keeping the memories of the over six million Jews who died during the Holocaust, including over one million individuals under the age of sixteen, alive.

Mr. Riteman, who was born in Poland and now resides in Bedford Nova Scotia, will share his enlightening and incredibly powerful message to members of 14 Wing and our community on Tuesday February 23rd 2010. Mr. Riteman’s presentation, titled the Power of Memories, will be held in the Birchall Theatre between 10:00 a.m. and 12:00 p.m.

A poster for this event will be provided in the coming weeks. This event is open to the general community but priority will be given to 14 Wing Military and Defence Team members. To register, please contact the Learning Career Centre at 765-1494 ext. 5226 or to learn more please contact Eric MacKenzie at 765-1494 ext. 5357.

Greenwood Atom ‘A’ Bombers Players of the week

Player: Etienne Labarre
Position: Defence
Number: 2
Favourite Hockey Team: Montreal Canadiens
Favourite Hockey Player: Alex Kovalev
What he would like to be when he grows up: NHL Player

Player: Leah Aalders
Position: Defence
Number: 19
Favourite Hockey Team: Washington Capitals
Favourite Hockey Player: Alexander Ovechkin
What she would like to be when she grows up: Veterinarian

14 Wing Family Snowshoe and Sleigh Ride Day

2010 has arrived, and with it our community will see the return of the third annual 14 Wing Wellness Campaign. The ongoing campaign is based on the idea that a healthy community is a happy community, and a happy community is a supportive community for our troops.

The 14 Wing Community Centre and GMFRC will once again be partnering to offer a day of outdoor fun on this Friday January 29th, at the 14 Wing Greenwood Golf Course. This day, which features snowshoeing and sleigh rides, is an event to challenge to all Military and Defence Team members to get active, and enjoy the afternoon with their families. The event is offered from 3:30pm-5:30pm and is designed for all families to attend (including non-military).

This event, just one week away, is also a “Take the Roof off Winter” celebration. According to Recreation Nova Scotia, “Take the Roof off Winter” is a physically activity campaign designed to help Nova Scotians of all ages improve their health and quality of life by getting outdoors and being more active this winter. To learn more about this winter campaign, please visit www.taketheroofoffwinter.ca

Additional prizes will be handed out back in the clubhouse. Plus, prizes can be won along the course and additional prizes will be handed out back in the clubhouse.

It is that time of year again!

14 Wing Greenwood Information Booklet 2010

We are getting ready to put together the 14 Wing Greenwood Information Booklet 2010. This full colour publication provides information on all activities, squadrons and units on the Wing and is distributed to all new arrivals.

Here is your chance to have your business featured in this booklet that will be a great reference for military households for an entire year!

Advertising sizes and rates:
1/4 page $400 plus tax
1/2 page $700 plus tax
Full page $1200 plus tax

Call Anne at 765-1494 ext. 5833 or E-mail: aurora@auroranewspaper.com
Visit our website to view last year’s guide at www.auroranewspaper.com

14 Wing Greenwood Information Booklet 2010

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Advertising sizes and rates:
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1/2 page $700 plus tax
Full page $1200 plus tax

Call Anne at 765-1494 ext. 5833 or E-mail: aurora@auroranewspaper.com
Visit our website to view last year’s guide at www.auroranewspaper.com
Laser Light Dance
Saturday 6 February
at 2100 hrs

Winter Carnival Key Chains

Key chains are now available for $10.00 at the following locations:
- Annapolis Mess (2nd floor);
- 2 Hgr - W Sup Customer Service entrance;
- 4 Hgr - WTIS Service Desk;
- Fitness and Sports Center, front counter;
- Community Center, admin office;
- 10 Hgr Supply Section; and
- 11 Hgr Supply Section.

Key chains allow the holder entry into all Winter Carnival events, Pancake Breakfast, Family Movie, Family Skate and mess entertainment.

This year’s three main prizes are:
- 10 HP Snow Blower,
- 42 inch Large Screen TV and $500 CANEX gift certificate.

Schedule of Events Winter Carnival 2010

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Mon 1 Feb</td>
<td>1100 - 1200</td>
<td>Hockey - JR Mess vs O Mess</td>
<td>Greenwood Gardens</td>
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<td></td>
<td>1215 - 1315</td>
<td>Hockey - WOSM vs Civilian</td>
<td>Greenwood Gardens</td>
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<td>Tue 2 Feb</td>
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<td>Hockey - JR Mess vs Civilian</td>
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<td>Hockey - O Mess vs Civilian</td>
<td>Greenwood Gardens</td>
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<td>1945 - 2045</td>
<td>Hockey - WOSM vs JR Mess</td>
<td>Greenwood Gardens</td>
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<tr>
<td>Wed 3 Feb</td>
<td>1100 - 1200</td>
<td>Hockey - Semi Final 1</td>
<td>Greenwood Gardens</td>
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<td>1215 - 1315</td>
<td>Hockey - Semi Final 2</td>
<td>Greenwood Gardens</td>
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<tr>
<td>Thu 4 Feb</td>
<td>0800 - 1200</td>
<td>Ice Painting</td>
<td>Greenwood Gardens</td>
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<td></td>
<td>1300</td>
<td>WComd Revenge</td>
<td>F&amp;S Centre - Pool</td>
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<td></td>
<td>1330</td>
<td>Pool Relay Race</td>
<td>F&amp;S Centre - Pool</td>
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<td>1830</td>
<td>Ice Painting Judged</td>
<td>Greenwood Gardens</td>
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<td>1900</td>
<td>Beard Growing Contest Judged</td>
<td>Greenwood Gardens</td>
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<td></td>
<td>Opening Ceremonies</td>
<td>Greenwood Gardens</td>
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<td>Hockey - Finals</td>
<td>Greenwood Gardens</td>
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<td>Fri 5 Feb</td>
<td>0900</td>
<td>Olympic Sled Pull</td>
<td>Ball Diamond</td>
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<td>0930</td>
<td>Egg Toss</td>
<td>Ball Diamond</td>
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<td>1000</td>
<td>Blow Ball - Back Bar/WOSM Games</td>
<td>Annapolis Mess</td>
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<td>Euchre - Argus Lounge</td>
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<td>Cribbage - Argus Lounge</td>
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<td>Crud - O Mess Games</td>
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<td>Darts - Jr Ranks Games</td>
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<td>Blind Volleyball</td>
<td>F&amp;S Centre - Gym</td>
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<td>Bowling</td>
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<td>Curling</td>
<td>Curling Club</td>
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<td>2000</td>
<td>Lip Sync</td>
<td>Annapolis Mess</td>
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<td>2130</td>
<td>Mess Entertainment - Band</td>
<td>Annapolis Mess</td>
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<td>Sat 6 Feb</td>
<td>0800 - 1100</td>
<td>Pancake Breakfast</td>
<td>Annapolis Mess</td>
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<td>1000 - 1130</td>
<td>Family Games</td>
<td>Community Center</td>
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<td>1130</td>
<td>Escapades</td>
<td>Greenwood Gardens</td>
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<td>Closing Ceremonies</td>
<td>Greenwood Gardens</td>
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<td>Family Movie</td>
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<td>1500 - 1700</td>
<td>Family Skate</td>
<td>Greenwood Gardens</td>
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<td>2100</td>
<td>Mess Entertainment</td>
<td>Annapolis Mess</td>
</tr>
</tbody>
</table>

Winter Carnival & the Annapolis Mess
Presents “Skully”
Friday 5 February at 2130 hrs
Main Lounge
Admission: Winter Carnival Key Chain or $10.00 at the Door

Courtesy vehicle sponsored by AA Munro Insurance
Un geste d'amour

Pour la Saint-Valentin, offrez le cadeau parfait!

Délicieux biscuits en forme de cœur délicatement enveloppés et décorés (3 biscuits / 3,00 $)

Three delicious cookies in the shape of heart elegantly wrapped and decorated (3 cookies / 3.00 $)

Vous pouvez venir chercher les biscuits directement au GMFRC.

Vous pouvez venir chercher les biscuits directement au CRFMG.

Collecte de fonds pour les programmes du CRFMG.

Collecte de fonds pour les programmes du GMFRC.

A Gesture of Love

A Gesture of Love

OP HESTIA

Submitted by: Ann Gaudet, GMFRC Coordinator of Deployment Services, to Ann.Gaudet@forces.gc.ca or 765-1494 local 5583.

Duez to the short notice of the deployment to Haiti (OP HESTIA), some deploying members have not had the opportunity to come into the Greenwood Military Family Resource Centre to fill out the Deployment Screening Form. If you are a family member of a deployed member, you are entitled to the full services of your Greenwood Military Family Resource Centre has to offer. If your deployed loved one has not had the opportunity to complete the family information form, you can still access the Deployment Services. There is no wait time to access any of the services offered at the GMFRC. If you are a family member separated from your loved one due to Deployment, IR, Tasking, or Course you are able to access resources, support and programs specially designed to assist you and your family through these separations. All that you need to do is contact Ann Gaudet or stop in to the Greenwood Military Family Resource Centre.

THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 10-01

Municipal Complex HVAC Upgrades

The Municipality of the County of Kings, Department of Engineering & Public Works invites tenders for Municipal Complex improvements to the existing HVAC system. These changes include converting the existing pneumatic control system to a DDC system.

Specifications and tender forms may be viewed and picked up upon receipt of a non-refundable deposit of $50.00 at the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm.

Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S. and the offices of Dillon Consulting Limited, located at 137 Chain Lake Dr, Suite 100, Halifax NS.

There is a mandatory pre-tender meeting at 10 am local time on January 29, 2010 at the Municipal office.

Specific inquiries pertaining to this tender may be directed to Chris Shortall P. Eng., Dillon Consulting Limited, phone (902) 450-4000 during regular business hours.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM Thursday, February 4, 2010

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formally, informally or technically in any tender.

THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 10-00

Canning STP Sludge Removal

The Municipality of the County of Kings, Department of Engineering & Public Works invites tenders for removal and disposal of excess sewage sludge from the wastewater treatment lagoons located at the Canning STP. The Municipality is requesting the submission of proposals and quotations for sludge removal and disposal.

Specifications and tender forms may be viewed and picked up at the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm.

Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S.

There is a pre-tender meeting at 10 am local time on January 26, 2010 at the project site.

Specific inquiries pertaining to this tender may be directed to Bob Blackmore, rblackmore@county.kings.ns.ca or phone (902) 690-2454 during regular business hours.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM Thursday, February 4, 2010

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formally, informally or technically in any tender.

Ann Gaudet or stop in to the Greenwood Military Family Resource Centre.

Le Service du génie et des travaux publics de la Municipalité du Comté de Kings sollicite des soumissions pour les améliorations au système de chauffage, de ventilation et de climatisation (CVCA) du Complexe municipal. Ces améliorations comprennent la transformation du système de commande pneumatique actuel en un système de commande numérique directe.

Veuillez consulter ou vous procurer le cahier des charges et les formulaires de soumission, du lundi au vendredi de 8 h 30 à 16 h 30, dès réception d’un dépôt non remboursable de 50 $ par le service du génie et des travaux publics situé dans le Complexe municipal, 87, rue Cornwallis, à Kentville.


La mise en concurrence aura lieu le 29 janvier 2010 au bureau municipal.

Les demandes de renseignements particulières liées à cette soumission peuvent être acheminées à Chris Shortall, ing. Dillon Consulting Limited, par téléphone au 902-450-4000 pendant les heures normales d’ouverture.

LES SOUMISIONS SCELLÉES SERONT ACCEPTÉES JUSQU’À 14 H, le jeudi 4 février 2010.

La Municipalité se réserve le droit de rejeter toutes les soumissions ou d’accepter toute soumission de sa convenance. Elle n’est pas tenue d’accepter la soumission la plus basse. La Municipalité se réserve la faculté de réaffecter à la formule, au seul de son accord, tout ou partie de la procédure dans toute soumission présente.
LOYALTY REWARDS EVENT

GET UP TO AN EXTRA $1000* OFF IF YOU CURRENTLY OWN A CHRYSLER, JEEP®, DODGE OR RAM VEHICLE.

2010 JEEP PATRIOT NORTH EDITION 4X2

PURCHASE FOR $19,499

PLUS GET 0% APR PURCHASE FINANCING FOR 36 MONTHS

NOW WITH CANADA’S MOST COMPETITIVE COMBINATION OF OFFERS:

UP TO $2,000 CONSUMER CASH† + CHOOSE 0%† PURCHASE FINANCING (FOR 36 MONTHS)

2010 JEEP WRANGLER UNLIMITED

$500* LOYALTY BONUS CASH

PLUS GET 0% APR PURCHASE FINANCING FOR 36 MONTHS

2010 JEEP LIBERTY SPORT

$2,000* CONSUMER CASH

PLUS GET 0% APR PURCHASE FINANCING FOR 36 MONTHS

2010 JEEP COMPASS NORTH EDITION 4X2

PURCHASE FOR $20,499

PLUS GET 0%† PURCHASE FINANCING FOR 36 MONTHS

i live, i ride, i am.

VISIT YOUR ATLANTIC CHRYSLER, JEEP®, DODGE RETAILER OR DODGE.CA/OFFERS

* Loyalty Rewards Event offers apply to retail deliveries of selected new and unused models purchased between January 25, 2010 and March 31, 2010. Retail deliveries must be completed by April 30, 2010. Offers subject to change without notice. See participating retailer for complete details and conditions.

†0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Canada Trust and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, excluding the 2010 Jeep Patriot North Edition (26E). On the 2010 Jeep Patriot North Edition 4x2 (26E) with a Purchase Price of $19,499/$20,499 financed at 0% for 36 months equals monthly payments of $541.64/$569.42; cost of borrowing of $0 and a total obligation of $19,499/$20,499. Price excludes freight ($1,400), taxes, registration, any retailer administration fees and other applicable fees and applicable taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Loyalty Bonus Cash is available to customers who currently own and trade in a Chrysler, Dodge or Ram vehicle and who purchase an eligible new 2010 Chrysler 300C, 200, Sebring, Pacifica, Town & Country, Aspen, Durango, Nitro, Jeep Compass, Patriot, Wrangler, Liberty or Dodge Charger, Challenger, Caliber, Durango, Journey, Ram 1500 or 2500. Loyalty Bonus Cash varies from $500-$1,000 depending on vehicle purchased/leased. Some conditions apply. Bonus Cash is a manufacturer to retailer incentive which will be deducted from the negotiated price before taxes. See your retailer for complete details.

‡ Consumer Cash Discount is offered on most new 2010 vehicles and is deducted from the negotiated price before taxes. Some conditions apply. See your retailer for complete details.
The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfc.ca or call 765-5611. To register, drop in at the Centre located at the AVM Morrice Centre on School Road (Greenwood).

**Greenwood Military Family Resource Centre Offerings**

**Greenwood Military Family Resource Centre**

**Offerings**

in at the Centre located at and services, please visit

**Employment and Education Services**

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@gfrc.gc.ca

**Upcoming Workshop Selling Your Home Info Session**

Wednesday, February 17th, 2010

6:30 p.m. – 8:30 p.m.

GMFRC Classroom #1

Cost – FREE

Registration Deadline: Friday, February 12, 2010

**Intro to Cooking Class - Mexican Meal Ideas**

Thursday, February 25, 2010

6:00 p.m. – 8:00 p.m.

GMFRC Classroom #1

Cost – $15.00 / person

Registration Deadline: Friday, February 19, 2010

**Family Violence Prevention Week**

February 15-19, 2010 is Family Violence Prevention Week and the GMFRC will be hosting an event to generate awareness and focus on prevention. Stay tuned for further details.

**Ongoing Programs**

- **Fun and Frolic**
  - Registration Deadline: Friday, May 7, 2021
  - GMFRC Registration Deadline: February 10, 2010

- **GMFRC Virtual Welcome**
  - Email nicole.godin@forces.gc.ca

- **Congruence**
  - Email Jennifer.Hill2@forces.gc.ca

**Special Events and Promotions**

- **Children's Deployment Program**
  - Registration Deadline: Saturday, January 30, 2010

- **Valentine Cookie Grams**
  - Registration Deadline: Saturday, January 30, 2010

**Outreach and Community Information Services**

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

**Ongoing Services**

- **GMFRC Website**

- **GMFRC Welcome**

- **GMFRC Virtual Welcome**

- **GMFRC Website**

- **GMFRC Welcome Calls**

- **GMFRC Email Information**

- **GMFRC Website**

- **Community Information Database**

- **Outreach to Reserve Units**

**Deployment Services**

Coordinator: Ann Gaudet at 764-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

**Upcoming programs or services**

**Let’s Do Brunch**

Saturday, January 30, 2010

11:00 a.m.

GMFRC

Registration Deadline: Tuesday, January 26, 2010

**Brown-Bag Lunch**

Family Violence Prevention Week

February 15-19, 2010

GMFRC

Registration deadline: Tuesday, February 2, 2010

**Annual Valentine’s Luncheon**

Saturday, February 13, 2010

1:00 p.m.

GMFRC

Registration Deadline: Friday, February 5, 2010

**Is your military member away?**

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & on such deployments you haven’t heard from the GMFRC, please give us a call & we’ll set you up with any of our programs/services/activities that may interest you. We do not know you’re out there unless you let us know.

**Ongoing services available to ALL families**

- **Family Violence Prevention Week**
  - GMFRC

- **Children’s Deployment Program**
  - GMFRC

- **GMFRC Virtual Welcome**

- **GMFRC Website**

- **GMFRC Welcome Calls**

- **GMFRC Email Information**

- **GMFRC Website**

- **Community Information Database**

- **Outreach to Reserve Units**

**Pre-paid Admission Cards**

Regular eight card for $40

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at 14 Wing Community Centre

**GMFRC Website**

GMFRC www.zedex.ca

Zedex Theatre with cash or at

**Pre-paid Admission Cards**

Regular eight card for $40

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at 14 Wing Community Centre

**GMFRC Website**

GMFRC www.zedex.ca

Zedex Theatre with cash or at

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Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at 14 Wing Community Centre

**GMFRC Website**

GMFRC www.zedex.ca

Zedex Theatre with cash or at
### Learning and Career Centre

“People working together to foster a learning culture – within the Defence Team – many places, many ways.”

### LCC Upcoming Workshops

**January 2010**
- 25-26 Understanding My Leadership Style - 2 days
- 26 Power Point Level 2 - 1 day
- 27 Coaching Practices for Managers - 1 day
- 29 Skills for Filling Vacancies - 1 day
- 28-29 Building Excellence in Teams - 2 days
- 29 Excel Level 2 - 1 day

**February 2010**
- 1 Excel – Database Functions, ½ Day, morning - ½ day
- 2 Visio Level 1 - 1 day
- 9 Effective Presentations - 3 days
- 9 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day
- 10 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
- 10 Front Page Level 1 - 1 day
- 16 Publisher – Creating Flyers & Newsletters - 1 day
- 17 Word – Mail Merge and Large Documents, ½ day, morning - ½ day
- 18 Civilian Performance Planning & Review CPPR - ½ day
- 18 Personal Learning Plans (PLP) - ½ day
- 19 Intro to Windows XP - 1 day
- 20 Front Page Level 2 - 1 day
- 20 Intro to Internet and Email - 1 day
- 21 Excel Level 2 - 1 day

**March 2010**
- 1-5 Instructional Techniques - 5 days
- 2 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day
- 3 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
- 4 Access Level 1 - 1 day
- 5 Word Level 1 - 1 day
- 10 Outlook Contacts & Calendar, ½ day, morning - ½ day
- 11 Excel Level 2 - 1 day
- 11 Access Level 2 - 1 day
- 24 Word – Creating Brochures, ½ day, morning - ½ day
- 25 Excel Level 3 - 1 day

### 2010 Promotional and Recruitment Campaign for the Civilian Personnel Education Support Program (CPESP)

I am pleased to announce the launch of the 2010 Civilian Personnel Education Support Program (CPESP) promotional and recruitment campaign. Currently in its 11th year, the CPESP continues to offer DND indeterminate civilian employees the opportunity to acquire degree, diploma, certificate, or an attestation through full-time studies at a recognized Canadian educational institution for a maximum of twelve consecutive months. To date, the Program has awarded 141 civilian employees the opportunity to become full-time students while still maintaining their salary as well as retaining their position upon program completion.

This year, an important change to one of the eligibility criteria was made with the new directive DAOD 5031-53 Civilian Personnel Education Support Program, published in September 2009. The directive states that only civilian personnel with a validated minimum of two years of service, as full-time indeterminate employees in DND, at the application closing date will be able to apply to the Program. These criteria are in effect starting this 2010/2011 campaign.

Throughout the years, the CPESP has made it possible for employees to improve their qualifications, which in turn will help them achieve career aspirations and increase their employability. While offering a number of advantages for our civil servants, the Program also offers an additional incentive for managers since they retain the participant’s Salary and Wage Envelope (SWE) allocation to hire a temporary replacement.

In the currently challenging financial context, continuous learning has never been more important than ever since it is critical to high-performance organizations. The CPESP is a true example of our commitment to employee development and represents a tremendous opportunity for our workforce. The program is designed to provide continuous learning funds for at least one employee in each of the five employment categories: Administrative, Scientific and Professional, Administrative and Foreign Service, Technical, and Operational. Financial support may also be provided to an individual in each of the important employment equity groups: Aboriginal peoples, persons with disabilities, and visible minorities. All candidates must meet the established eligibility criteria and choose one employment category in which they wish to be considered.

The application deadline is 16 March 2010. The results of the selection process will be announced in early June 2010. For more detailed information, please go to the intranet site at http://www.oahu-hull.mil/ccp/cp.esp/CPESP.HTML.

Employees are also invited to consult this site for more information on the eligibility criteria as well as the application package and the available assistance in this process. Several regional information sessions will also be held in coming weeks and the dates will be posted on this same site.

Should you require additional information about the CPESP, please contact Sylvain Chrétien, Civilian Personnel Education Support Program Coordinator, DLDPDS, at 819-994-1075 or via email at: dnd-CPESP-Program@adm(HR-Civ) DLDPDS@Ottawa-Hull

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### Find Help at DivorceCare

DivorceCare is a special weekly seminar and support group for people who are separated or divorced. It’s a place where you can be around people who understand what you are feeling. It’s a place where you can hear valuable information about ways to heal from the hurt of divorce.

DivorceCare group meets every Wednesday night from 7:00 – 9:00 p.m. at St. Mark’s Chapel. Call 765-1949 ext 5883 for more info.

Please register to ensure we have enough materials.

DivorceCare STARTS Wednesday, 27 January 2010.
Winter Carnival Family Games

By Eric MacKenzie

Winter Carnival is three weeks away! Since Vancouver is about to welcome the world, we’re ready to once again offer you some fun indoor games for the entire family.

We will be offering a number of great family games, which will be taking place inside the gym of the 14 Wing Community Centre, for all to enjoy. This year’s Winter Olympic theme will be incorporated into our fun indoor games. There will include the famous candy hop station, as well as the always popular cookie decorating station. Once again, inside the gym, a large Bouncy Kingdom will be set up for the children. Plus, face painting and an Olympic winter games craft corner will also be available.

This event is free of charge so make sure you mark it on your calendar and remember to include us in your Winter Carnival weekend of fun!

If you have any questions about the Family Games please call Eric MacKenzie at 765-4648 or Guy Campbell, 825-6151. For more information, please visit our website at http://annapolis.freetoast.net.

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January 24 to January 30

LIBRA - Sept 23/Oct 22
You are extra efficient this week, Libra. This is a good time to de-clutter your home or office. Work projects will also come easy, so dive right in while the time is good.

SCORPIO - Oct 23/Nov 21
You are exploding with energy this week, Scorpio. You are extra interested in being the center of attention. Scorpio, this week you are quite content being right in the middle of social situations.

SAGITTARIUS - Nov 22/Dec 21
Don’t be surprised if someone expects you to return a favour. You need to set aside your wants for a few days and do something for someone first. Expect it to be busy.

CAPRICORN - Dec 22/Jan 19
Romance is looking to improve this week and for the next couple of days until Capricorn. You might want to invest in a mini-makeover so you’ll be ready for those nights with your special someone.

AQUARIUS - Jan 20/Feb 18
You look forward to a general good week, Aquarius, but there are one or two obstacles that may stand in the way of a perfect week. Don’t let them get to you.

PISCES - Feb 19/Mar 20
Expect to have a very relaxed state, Pisces. This week is going to be as smooth as silk and you’ll enjoy it.

FAMOUS BIRTHDAYS

JANUARY 24
Mary Lou Retton, Gymnast (42)

JANUARY 25
Alan Alda, Actor (81)

JANUARY 26
Eddie Van Halen, Guitarist (55)

JANUARY 27
Bridge Fonda, Actress (46)

JANUARY 28
Emily Blunt, Actress (32)

JANUARY 29
Sara Gilbert, Actress (35)

JANUARY 30
Brett Butler, Actress/Comic (52)
**Youth Happenings at 14 Wing Community Centre**

**By: Megan LeMoine**

Drop by the Centre today to pick-up your February calendar; there’s going to be a Basketball tournament. Family Trip to Ski Martock, Teen Games Night, and so many more things to check out! If you have any questions about any programs or events please call 765-8165. Here’s what’s happening this week.

**Boys Club**

Open Gym Monday Jan. 25 4:30-6:00 p.m. Boys (9-12) can have full range of the gym! We can play soccer, badminton, any activity you want! Come with your pre-teen membership or $1.00 drop-in fee! See you there!

**Teen Council**

Tuesday Jan. 26 3:00 - 4:00 p.m. We have cancelled the Teen Council meeting this week due to exams. We will resume the meetings Tuesday Feb. 2, 2010. Good luck on all your studies!

**Active Chicks**

Swimming

Wednesday Jan. 27 6:00 - 7:30 p.m. Girls, bring your flippers, we’re going swimming! Everyone meet at 14 Wing Community Centre to walk as a group to the Fitness and Sports Centre. There we will swim, dive and slide in the pool!! Girls can be picked-up at the Fitness and Sports centre at 7:30 p.m. Bring your swim-suit, towel and member-card.

It’s going to be a blast!

**Activity Swimming**

Thursday Jan. 28 6:00 - 7:30 p.m. Teens (13-18) we’re going swimming too! Everyone meet at the Community Centre, then as a group we’ll walk to the F&S Centre. Casual Swim is from 6:30-7:30 p.m. Teens, you can either get picked-up at the F&S centre or walk back to the C.C with me! Bring your swim-suite and towel!

**Winter White Dance**

Pre-teen: 6:00 - 8:00 p.m. $3.00 Teen: 8:30 - 11:30 p.m. $4.00 Exams are done! Come to the Community Centre for the End-of-Exam Dance! It’s time to forget about studying, tests and teachers! Blah! Dance the night away with your friends and forget about school! Only $3.00 for Pre-teens (9-12) and $4.00 for Teens (13-18). $1.00 off the entrance fee if you come dressed in white! Tell your friends, invite a date, or bring a buddy! See you there!

**Movie Night**

Saturday Jan. 30 Pre-teen: 6:00 - 8:00 p.m. To be announced!

Teen: 8:00 - 10:00 p.m. X-Files: I Want to Believe. Mulder and Scully are called back to duty by the FBI when a former priest claims to be receiving psychic visions pertaining to a kidnapped agent.

**Special Events**

**Family Trip**

Ski Martock Saturday Feb. 27, 2010 3:30-4:00 p.m. Ski or snowboard under the stars! $24 includes lesson, lift ticket and rental equipment. $14.00 includes: lesson and lift ticket. For those who enjoy cross country $12.00 includes: lesson and rental equipment and $7.00 for lesson. Bring extra money for snacks and supper! Children under 8 cannot go on this trip, if they wish to go a parent would contact Ski Martock to reserve a lesson with an instructor, however, they cannot take part in the group rate. Children 9-12 must be accompanied by an adult 19 and older at all times! Children 13-18 may have their parents/guardians fill out a permission form if they wish to go themselves. Drop-in to the 14 Wing Community Centre to fill out your permission form package, this is very important! Only Rec. card holders, military members and their families can sign-up for this trip. If you have any questions or concerns please call 765-8165.

**Youth Centre Drop in Hours**

Pre-Teen (ages 9 – 12) Teen (ages 13 – 18)

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**Canadiana Crossword**

**Fine Feathered Friends**

**Solution page 18**

**Weekly Crossword brought to you compliments of:**

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Lettre d’ appel : Campagne de promotion et de recrutement du Programme d’ appui à l’ éducation du personnel civil (PAEPC) 2010

Je suis heureuse de vous annoncer le lancement pour l’année 2010 de la campagne de promotion et de recrutement du Programme d’appui à l’éducation du personnel civil (PAEPC). Actuellement à sa onzième année, le PAEPC fournit aux employés civils du MDN, nommés pour une période indéterminée, un soutien financier en vue de l’obtention d’un grade, un diplôme, un certificat ou une attestation dans un programme d’études à temps plein dans un établissement d’enseignement canadien reconnu et ce, pour une période maximale de deux mois consécutifs. À ce jour, le programme a octroyé 141 bourses et a permis à des employés de faire des études à temps plein tout en touchant une rémunération et en conservant leur poste au moment de leur retour au travail.

Cette année, un changement important a été apporté à l’un des critères d’admissibilité du Programme avec la venue de la nouvelle directive DOAD 5031-53 Programme d’appui à l’éducation du personnel civil publiée au mois de septembre 2009. Cette nouvelle directive stipule que seulement les employés civils qui ont achevé, à la date limite de mise en candidature, le niveau de baccalauréat ou une équivalence à cet niveau, seront en mesure de bénéficier de l’aide financière du programme.

La date limite de mise en candidature cette année est le 16 mars 2010. Les résultats du comité de sélection seront annoncés au début de juin 2010. Pour de plus amples renseignements, prière de consulter le site intranet à l’adresse http://hr.ottawa-hull.mil.ca/CPESP-PAEPC.

Les employés sont invités à consulter ce site afin d’en connaître davantage sur les critères d’admissibilité et la demande de mise en candidature ainsi que l’assistance disponible dans le processus de mise en candidature. Des séances d’information régionales seront aussi à l’horaire dans les prochaines semaines et les dates seront affichées sur ce même site intranet.

Pour toute information additionnelle au sujet du PAEPC, prière de communiquer avec Sylvain Chétien, Coordonnateur, Programme d’appui à l’éducation du personnel civil, DPS/APP, au 819-994-1075, ou à l’adresse de courriel suivante : +DND CPESP Program@ADM(HR-Civ) DLDP@Ottawa-Hull.

Dessert Contest at Macdonald Museum’s Chocolate & Wine Festival

The Annapolis Valley Macdonald Museum will be holding a Chocolate & Wine Festival on Sunday, Feb. 7th from 12:00 to 4:00 pm. This is the third year the Museum has held a festival in February and once again a chocolate dessert contest will be part of the fun. The Museum does not charge admission to the event, which can be enjoyed by the whole family.

Once again, there will be gift baskets for both adults and children (no purchase necessary). A chocolate fountain, a chocolate maker, a wine tasting, a tarot card reader and more. A lasagne lunch, hot chocolate drinks and wine will be on sale in an Italian style café, as will the desserts that come in for the contest.

There is no charge to enter the dessert which can be dropped off at the Museum, 21 School Street in Middleton between 9:30 and 10:30 a.m. on Sunday, Feb. 7th. The dessert must contain at least some chocolate content. There will be a select panel of judges. Once the winners are chosen, all the desserts will be put out for sale at the festival.

The Museum welcomes everyone to attend this “sweet” event on February 7th and to enter the dessert contest. Those who would like to enter the contest should pre-register by calling 825-6166 and have a staff member register you.
Bombers Strike Gold

After getting through the Bridgetown Minor Hockey Pee Wee “B” Tournament undefeated, (two victories and two ties) the Greenwood Bombers took GOLD in the final and deciding game by overcoming the Clare Acadiens by a score of 4 to 1. It was a hard fought game where both sides gave their maximum. Congratulations to the players and the coaching staff.

(Image: Yvon La Croix)

Whip Cream Fun!

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The GMFRC Parent & Tot Program provides young children and their parents/caregivers with a professionally developed program that is geared to meet the developmental needs of young children. Pictured are Noah and his mom enjoying a morning of fun together finger painting with whip cream. Our program is available free of charge to families of 14 Wing who would like to spend a morning playing, doing crafts and meeting new friends at the GMFRC. There is no need to pre-register just come on out and join us! This is a great way for both parents and children to make connections with other military families in a very relaxed and fun atmosphere. Stop by the GMFRC and pick up your copy of our monthly newsletter and calendar of activities that we will be doing in Parent & Tot and make plans to join us for some fun with your child today!

(Image: Kim Dixon)

Come Learn With Us

At the Morfee Annex Nursery School registration is now underway for the September 2010/2011 program. Although it seems far too early to be thinking about next fall, spaces for all of our programs are filling fast.

Our school offers both English and French Immersion programs for Nursery School and Preschool aged children. For more information on any of our classes you can contact the schools director Maurina Duret at 765-1494 local 5301, or pick up one of the school’s brochures at the 14 Wing Community Centre.

All of the staff at the Morfee Annex Nursery School would like to thank our wonderful parents and children for their support in making our school an amazing place to work, learn and play.

(Submitted by: Kelly Clancey)

Kingston Legion • 6 Feb 2010

Doors open at 7:00 p.m. • Show starts at 8:00 p.m.

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