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  the **Aurora**

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Wing team takes care of fuel spill in nearby brook

Sara White,
Managing editor

An upside down bucket truck leaking diesel fuel into Zeke's Brook was the last thing 14 Wing Greenwood environment personnel wanted to hear about first thing in the morning.

While the January 18 incident put an Eastlink vehicle in the waterway just off Highway 201, and beyond Department of National Defence property; this brook is one keenly watched by Wing Environment for its wood turtle habitat. Plus, a baseline station just metres away from the truck provides clean brook water comparison samples Wing Environment counts on for long-term monitoring of a decades' old PFOS contaminants issue on base land downstream.

"Even though it wasn't our call, we went," says Steve Sauveur, Wing Environment manager.

Alan Ng from Wing Environment, along with Sergeant Lincoln Allen, the Water, Fuels

and Environment supervisor, and Warrant Officer Orlando Lewis, 141 Construction Engineering Flight; joined a Military Police member, local RCMP and Kingston firefighters on the scene. The vehicle had been abandoned: Eastlink says the technician had left to be treated for minor injuries. Wing Environment reported the spill to both Environment Canada and the provincial Department of Environment.

"But we weren't going to leave it – we did due diligence," Ng says. "We did some quick checking and new the fuel capacity of the truck was between 100 and 130 litres – from an environmental perspective for spills, you assume the worst."

The wing's damage control team, led by Allen and Lewis and with members of both 146 and 141 CE Flight; and Ng gathered up spill response gear: absorbent pads and booms, hazardous materials disposal bags and reaching poles.

"We don't deploy this kind of equipment on base very



14 Wing Greenwood's damage control team and Wing Environment section cleaned up a non-base related fuel spill January 18, after an Eastlink truck ended up upside down in Zeke's Brook. The brook crosses onto 14 Wing property just metres away from this Highway 201 location, and the base keeps a close eye on any potential contamination and impact on the brook's wood turtle habitat.

Submitted

often – there could be the odd, once or twice a year spill while refuelling, or an aircraft leaks.

"This, we could see floating fuel on the east side of the brook by the truck, going under the road culvert toward

the base and accumulating a few metres further on against a pile of floating ice."

The base team set out two floating absorbent booms to contain the fuel coming from the truck, both on the other side of the culvert and road,

on 14 Wing property. They used extension poles to reach from the banks to "pad" other spots of accumulating fuel. All told, the initial effort took close to three hours.

They left fresh booms and pads in place overnight, re-

turning Friday to clear out the contaminated equipment. They left some in place over the weekend, removing it all January 24. All told, four or five large garbage bags of contaminated materials were collected. The fuel-soaked

Continued on page 2...

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Comprendre, accepter, parler

Participez à la conversation sur la santé mentale durant la Journée Bell Cause pour la cause

pads will be handled through the wing's hazmat disposal process.

“It was cold, it was wet – but everyone on the team said it was good practice we don’t do very often – and we did the right thing,” Ng says. Allen agreed. “Some of my people – this was their first real fuel spill to respond to, so it was a good training scenario. We can’t create this kind of scenario.”

Eastlink had the truck removed by a local towing company, and a spokeswoman said January 24 the company does have a hazardous materials spill protocol, which involves working with the local responders at the site when notified of an issue by emergency personnel. The provincial Environment Department confirms it was notified by 14 Wing representatives January 18, and an inspector visited the scene. “Preliminary findings indicate 14 Wing followed all the proper procedures, and the investigation with Eastlink is ongoing,” a department spokeswoman said January 25.

Durant la Journée Bell Cause pour la cause, le 31 janvier, la 14e Escadre Greenwoodse joindra à la conversation sur la santé mentale. Envoyez des messages textes, appelez et joignez-vous à la discussion sur Twitter, Instagram, Facebook et Snapchat. #BellCauseet #FACCause.

De nombreuses personnes qui vivent avec une maladie mentale déclarent queles stéréotypes négatifs concernant la maladie mentale, et le potentiel de discrimination qui en résulte, leur causent plus de souffrance que la maladie elle-même. Par conséquent, les deux tiers des personnes qui ont une maladie mentale ont trop peur de demander l'aide dont elles ont besoin.

La maladie mentale affecte des personnes de tous les âges et de tous les horizons. Elle peut prendre de nombreuses formes, notamment la dépression, l'anxiété et la schizophrénie. La plupart des personnes trouvent des moyens de vivre avec leurs

maladies, mais le comportement des autres à leur endroit constitue davantage un défi que la maladie elle-même.

Des préjugés étaient associés à bien des maladies dans le passé, mais des efforts concertés pour confronter ces attitudes ont amélioré les choses, y compris un meilleur traitement, plus de fonds pour la recherche ainsi qu'une meilleure compréhension de la part de la famille, des amis et des collègues. Le but consiste à obtenir le même niveau d'acceptation et de compréhension pour la maladie mentale.

Nous pouvons travailler ensemble pour éliminer les préjugés. Renseignez-vous et connaissez les faits et les mythes au sujet de la maladie mentale.

La gentillesse à elle seule peut faire toute la différence. Qu'il s'agisse de sourire ou d'écouter attentivement, vous pouvez entamer la conversation et faire savoir à une personne que vous êtes là pour elle grâce à ces simples

gestes de bonté. Des expressions telles que « vous allez vous en remettre » et « ne t'en fais pas » peuvent minimiser les sentiments d'une personne. Offrez plutôt votre soutien et dites « je suis désolé que tu ne te sentes pas bien ». Demandez ce que vous pouvez faire pour aider. Voici quelques exemples de choses à dire : « je suis désolé que tu ne te sentes pas bien », « j'ai remarqué que tu sembles déprimé dernièrement », ou « est-ce que tout va bien? ».

La façon simple et définitive de mettre fin aux préjugés est d'en parler! Brisez le silence. Parlez des façons dont les maladies mentales nous touchent tous d'une façon ou d'une autre, directement ou par l'intermédiaire d'un ami, d'un parent ou d'un collègue des FAC. La plupart des personnes qui ont des problèmes de santé mentale peuvent, et réussissent à, se rétablir.

Ensemble, les Forces armées canadiennes à la

14e Escadre peuvent aider à mettre fin aux préjugés concernant la maladie mentale. Les médecins militaires, les conseillers, les Centres de ressources pour les familles des militaires, le PAMFC, les aumôniers et d'autres personnes sont ici pour écouter.

Si vous avez besoin de parler à quelqu'un à la 14e Escadre Greenwood, communiquez avec :

- Promotion de la santé- 902-765-1494, poste 5389
- Services de santé mentale (militaires seulement) - 902-765-1494, poste 5215
- CRFM - 902-765-5611
- Services de prévention, soutien et intervention du CRFM (familles des militaires seulement) - 902-765-1494, poste 1811
- Coordonnateur de la liaison avec les familles du CRFM - 902-765-1494, poste 5675
- Ligne d'information pour les familles (24 heures sur 24/7 jours sur 7) - 1-800-866-4546
- PAMFC (24 heures) - 1-800-

- 268-7708
- Programme d'aide aux employés (PAE, fonction publique) - 902-765-1494, poste 3340 ou 1-800-268-7708
- Programme d'aide aux employés (PAE, FNP) - 1-800-387-4765
- Aumônier de l'escadre - 902-765-1494, poste 5883
- Aumônier de service (urgences) - 902-765-1494, poste 5457
- 26e Centre des Services de santé des Forces canadiennes - 902-765-1494, poste 5046
- Infirmier en soins primaires - 902-765-1494, poste 5055
- Centre intégré de soutien du personnel (UISP/CISP) - 902-765-1494, poste 5702
- Soutien social – Blessures de stress opérationnel (SSBSO) - Tim.Elliott@osiss.ca ou 902-840-1643
- Ressources Jeunesse, J'écoute – https://jeunessejecoute.ca/fr/survey-or-form-page/commander-du-materiel-jeunesse
- cause.bell.ca/fr/



Understand, accept, talk

Share in the conversation around mental health on Bell Let’s Talk Day

On Bell Let’s Talk Day, January 31, 14 Wing Greenwood will join the conversation around mental health. Text, call and join in on Twitter, Instagram, Facebook and Snapchat. #Bell-LetsTalk and #CAFletsTalk. Many people living with a mental illness report negative stereotypes about mental illness, and the resulting potential for discrimination, causes them more suffering than the illness itself. As a result, two-thirds of those suffering from mental illness are too afraid to seek the help they need.

Mental illness affects people of all ages and from all walks of life. It can take many forms, including depression, anxiety and schizophrenia. Most individuals find ways to live with their illnesses, but how they are treated by others often proves to be more of a challenge than the illness itself.

Stigma surrounded many diseases in the past, but concerted efforts to confront these attitudes resulted in change for the better,

including better treatment, more funding for research, and greater understanding from family, friends and colleagues. The goal is to achieve the same level of acceptance and understanding regarding mental illness.

We can work together to end stigma. Educate yourself, and know the facts and myths about mental illness. Simple kindness can make the world of difference. Whether it's a smile or being a good listener, these simple acts of kindness can help open up the conversation and let someone know you are there for them.

Expressions like “You’ll get over it” and “Just relax” can minimize how a person is feeling. Instead offer your support and say “I’m sorry you aren’t feeling well.” Ask what you can do to help. Here are a few examples of what to ask: “I’m sorry you aren’t feeling well,” “I’ve noticed you’ve seemed down lately,” or “Is everything OK?”

The final, simple way to end stigma is talk about

it! Break the silence. Talk about how mental illness touches us all in some way, directly or through a friend, family member or fellow CAF member. Most people with mental health issues can and do recover. Together, the Canadian Armed Forces at 14 Wing can help end the stigma around mental illness. Medical officers, counsellors, Military Family Resource Centres, CF MAP, padres and more are here to listen.

If you find yourself needing someone to talk to at 14 Wing Greenwood, contact:

- Health Promotion – 902-765-1494 local 5389
- Mental Health Services (military members only) - 902-765-1494 local 5215
- MFRC - 902-765-5611
- MFRC prevention, support and intervention (military families only) - 902-765-1494 local 1811
- MFRC family liaison coordinator - 902-765-1494 local 5675
- Family Information Line (24/7) – 1-800-866-4546
- CFMAP (24 hours) -

Ending stigma with information, resources and a concerted effort to talk about mental health is the goal. 14 Wing Greenwood’s Health promotion team, Lisa White and Edith Tremblay, lower front; are starting the Bell Let’s Talk conversation January 31 with representatives from across the base, including Corporal Crystal Roche (404 Squadron), Warrant Officer Paul Mooney (14 AMS), Deputy Wing Command Lieutenant-Colonel Bruno Baker, Warrant Officer Chris Hebert (Wing Telecommunications Flight) and Master Corporal Elton De Genova (405 Squadron).

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14 Wing Imaging unless otherwise indicated.



January 12, Master Corporal Shawn Jordan (second from left) was named Buffalo of the Quarter, in recognition of his contributions to anti-icing training for 14 Wing technicians, as well as his leadership with the Combined Charities Campaign; by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Ray Townsend (left), 404 Squadron Honorary Colonel Eric Wood, second from right, and Chief Warrant Officer Jean-Pierre Lesperance.

Corporal C. Roche, 404 Squadron, Courseware Development



January 18, during a 405 (Long Range Patrol) Squadron honours and awards presentation, Master Corporal Stephane Fiola, centre, was named both 405 Squadron's 4th Quarter Eagle of the Quarter and Eagle of the Year for 2017; he was also presented the Second Commanding Officer's Coin. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Corporal Justin Tompkins, centre, received the General Service Medal - Expedition Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Corporal Stephen Halleran, centre, received the Air Task Force - Iraq Commander's Commendation. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Master Corporal Sebastien Dussault, centre, received the General Service Medal - Expedition. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Master Corporal Edward Meaney, centre, received the Canadian Forces Decoration 1. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Aviator Trained Cory Robbins, centre, was promoted to corporal. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Corporal Kerrie Burrows, centre, received the General Service Medal - Expedition. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



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January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Master Corporal Helene Frechette, centre, received the Canadian Forces Decoration. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Sergeant Mycal McGraw, centre, received the General Service Medal - Expedition. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Corporal Christopher Kloosterman, centre, received the General Service Medal - Expedition, General Campaign Star - Expedition and his CP-140M 1,000 hours certificate and pin. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron



January 18, during a 405 (Long Range Patrol) Squadron honours and awards event, Corporal Justin McKinney, centre, received the SSM-Humanitas Bar for his work in Op Unison, a Hurricane Katrina Relief Mission. Making the presentation were Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal K. Conrick, Information Technology Assistant, 405 Squadron

POSSIBILITÉ D'EMPLOI

Centre de ressources pour les familles militaires de Greenwood (CRFMG)

GMFRC

Greenwood Military Family Resource Centre

CRFMG

Centre de ressources pour les familles militaires de Greenwood

Coordonnateur/coordonnatrice du programme pour les familles des vétérans

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La coordonnatrice ou le coordonnateur du Programme pour les familles des vétérans (PFV) appuie le PFV par le biais du Centre de ressources pour les familles militaires de Greenwood (CRFMG). Elle ou il s'emploie à appuyer les membres des Forces armées canadiennes (FAC) en cours de libération pour des raisons médicales, les vétérans des FAC libérés pour des raisons médicales ainsi que leur famille dans le cadre de leur transition vers la vie civile.

La coordonnatrice ou le coordonnateur du PFV relève de la directrice exécutive du CRFMG et assure la liaison avec le personnel du PFV et des Services aux familles des militaires (SFM). Il ou elle est responsable de l'élaboration, de la mise en œuvre et de l'évaluation de programmes et de services qui aident les membres et les vétérans des FAC ainsi que leurs familles pendant la période préalable et ultérieure à une libération pour des raisons médicales (motif 3B) et pendant la transition vers les ressources de soutien et les services civils.

La coordonnatrice ou le coordonnateur du Programme pour les familles des vétérans aide à déterminer les besoins des clients du PFV et agit comme lien entre les familles en transition et les services de soutien civils, du ministère de la Défense nationale et d'ACC de même qu'avec d'autres fournisseurs de service pertinents.

Période d'essai : 6 mois

Qualifications :

- Baccalauréat en services sociaux / développement communautaire
- Le candidat idéal est bilingue et familier avec le style de vie militaire. Bonne compréhension des enjeux du style de vie militaire des membres des FAC en cours de libération pour des raisons médicales et leurs familles, ainsi qu'une connaissance des agences et organismes avec les services de soutien pertinents.
- Cinq années d'expérience dans l'élaboration, de la gestion et de l'évaluation de programmes. Participe à l'élaboration de nouvelles idées et méthodes pour l'amélioration des programmes et a la capacité de s'adapter aux changements.
- Une bonne compréhension de la procédure de développement communautaire est essentielle et une sensibilisation aux problèmes de gestion des risques.
- Compétences de communication avancées, écrites et orales. Aptitude démontrée à animer des ateliers.
- Excellentes compétences informatiques, particulièrement en Microsoft Word et Excel

Heures de travail :

- 37.5 heures par semaine (le ou la titulaire est appelé à travailler le soir et la fin de semaine à l'occasion; il ou elle doit donc faire preuve de souplesse.)

La personne retenue devra être prête à entrer en poste le 1er mars 2018. La personne retenue doit passer les vérifications suivantes : registre des cas d'enfants maltraités, casier judiciaire et fiabilité approfondie. Les candidats admissibles doivent envoyer, par télécopieur, par la poste ou par courriel, une lettre de présentation et un curriculum vitae dans lesquels ils indiquent clairement en quoi ils satisfont à toutes les exigences du poste, et ce, **au plus tard à 16 h, le 14 février 2018**, à :

Margaret Reid, Directrice des programmes pour enfants
Centre de ressources pour les familles militaires de Greenwood
C.P. 582, Greenwood, N.-É. B0P 1N0
Courriel électronique : home@greenwoodmfr.ca
Objet : CV - VFPC
(en MS Word ou en PDF)
Télécopieur : 902-765-1747

Le CRFMG est situé dans le Centre AVM Morfee, School Road, à Greenwood.

Veillez prendre note que nous communiquerons uniquement avec les candidats retenus pour l'étape suivante du processus de sélection.

Le CRFM de Greenwood souscrit au principe d'équité en matière d'emploi. **Veillez visiter le site www.cafconnection.ca pour en apprendre davantage sur le CRFM Greenwood.**

EMPLOYMENT OPPORTUNITY

Greenwood Military Family Resource Centre (GMFRC)

GMFRC

Greenwood Military Family Resource Centre

CRFMG

Centre de ressources pour les familles militaires de Greenwood

Veteran Family Program Coordinator

FULL-TIME POSITION

The Veteran Family Program Coordinator supports the Veteran Family Program (VFP) through the Greenwood Military Family Resource Centre (GMFRC). The VFPC's primary role is to support medically releasing Canadian Armed Forces (CAF) members, medically released CAF Veterans and their families as they transition into civilian life.

Reporting to the Executive Director of the GMFRC and liaising with VFP and Military Family Services (MFS) staff, the Veteran Family Program Coordinator will be responsible for the development, implementation and evaluation of programs and services that will assist CAF members, veterans, and their families during the pre-release and post-release of a medical (3B) release, and the transition to civilian supports and services.

The Veteran Family Program Coordinator helps to determine the needs of the VFPC clients and acts as a bridge between the transitioning family, DND, VAC, civilian support services along with other relevant service providers.

Probationary Period: 6 months

Qualifications:

- Undergraduate degree in the Social Sciences/Community Development field
- Ideal candidate is bilingual and familiar with the military lifestyle. Understand the unique military lifestyle issues facing medically releasing Veterans and their families and knowledge of agencies and organizations with applicable support services.
- Five years experience in program development, management, and evaluation. Participates in the developing of new ideas and methods for program enhancement and the ability to adjust and adapt to changes.
- Clear understanding of the community development process is essential and awareness of risk management issues
- Advanced communication skills, both written and oral. Demonstrated ability in facilitating workshops
- Possess strong computer skills, specifically in Microsoft Word and Excel.

Hours:

- 37.5 hours per week (evening & weekend hours are required. Flexibility is a must.)

The successful candidate will be prepared to commence employment by 1 March 2018. Must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check. Eligible candidates should submit by fax, mail, or email a cover letter and resume clearly outlining their ability to fulfill all position requirements, **on or before 4pm on 14 February 2018** to:

Margaret Reid, Executive Director
Greenwood Military Family Resource Centre
P.O. Box 582, Greenwood, NS B0P 1N0
email: home@greenwoodmfr.ca
Subject Line: resumé-VFPC
(MS Word or PDF format)
Fax: (902)765-1747

The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Please note: Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity. **Please visit cafconnection.ca to learn more about the Greenwood MFRC.**

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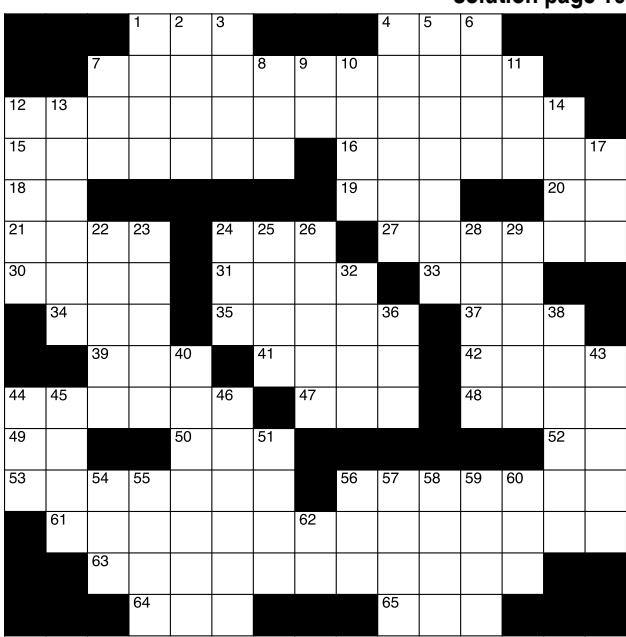
as you surf the books, DVDs, magazines and more at the **14 Wing Greenwood Library.** No code or password needed to access a world of information: just use the **“Library Guest”** setting to access your free connection.



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword



- ACROSS**
1. Measurement (abbr.).
4. Returned material authorization (abbr.).
7. Sorting.
12. Attribute.
15. Poked holes in.
16. Angers.
18. Doc.
19. MLB journeyman pitcher Dillon.
20. Not don't.
21. Snubs someone.
24. Where kids bathe.
27. One might be in distress.
30. Chair.
31. Music industry honors (abbr.).
33. Dash.
34. Owed.
35. Caucasian language.
37. One thousand (Span.).
39. Musical style drum and bass.
41. Evergreen trees native to warm climates.
42. Begin ___: start fresh.
44. Marshy outlets.
47. A chicken lays one.
48. Yemen's largest city.
49. Conversion rate.
50. Single Lens Reflex.
52. Atlanta rapper.
53. Reduce the importance of.
56. Faces of buildings.
61. Something achieved.
63. Distribute again.
64. Tooth caregiver.
65. 0070s creator.
DOWN
1. Skater Lipinski.
2. Data.
3. Single step.
4. Destroyed financially.
5. Fail to interpret correctly.
6. Fava d'_: tree found in Brazil.
7. Vehicle.
8. Limited.
9. Old English.
10. Aussie golfer Norman.
11. Job.
12. Loose-fitting undergarments.
13. Protected by balancing.
14. Give up.
17. Fifth note of a major scale.
22. Extravagantly bright.
23. Takes dictation.
24. 19th letter of Greek alphabet.
25. Rounded knob (biology).
26. French philosopher Pierre.
28. Mothers.
29. Dardic ethnic group.
32. Supports the rudder.
36. An ugly evil-looking old woman.
38. Of a fasting time.
40. Filled with passengers.
43. Below the ribs and above the hips.
45. 51 is a famous one.
46. Goes into a funk.
51. Chief O'Hara actor.
54. Videocassette recorder.
55. Scored perfectly.
56. Type of tree.
57. ___ Spumante (Italian wine).
58. Popular commercial "pet".
59. Supreme god of Ancient Egyptians.
60. Room in a home.
62. ___ and behold.

crossword brought to you compliments of

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2018 Camry

Seniors' club
The Kingston Area Seniors' Association meets the second Wednesday of each month at 10 a.m. Fun days (cards and games) are every second and fourth Friday, 1 p.m. to 3 p.m.. All at the Kingston Branch 98 Royal Canadian Legion. For info, contact secretary Marlene, 902-765-0088.

Darts
January 29, 7 p.m., the Berwick Legion hosts mixed doubles darts. Draw for partner, round robin format. \$3 to play, cash prize to winners and high score.
Exercise class
January 29, 11 a.m. to noon, free community low impact exercise program at the Wilmot Baptist Church Christian Fellowship Centre (208 Dodge Road, Wilmot). Geared for seniors, but open to everyone. wendynoble135@gmail.com or 902-765-0135.

Bridge
January 29, 1 p.m., the Macdonald Museum Bridge Group meets at St. John's United Church in Middleton, weather permitting.
Church program
January 30, an Alpha course is underway at the Wilmot Baptist Christian Fellowship Centre (208 Dodge Road, Wilmot). 12 sessions, beginning at 6 p.m. with a potluck meal. Explore the basics of the Christian faith in an

open and informal environment. Bring your questions, join the discussion. Everyone welcome. No cost or obligation. Register at 902-765-2386 or pastorjdhoward@gmail.com.

Crib
January 30, 7 p.m., the Berwick Legion hosts team play crib. \$10 per player, includes high hand, 50/ 50, 1st, 2nd and 3rd place cash prizes and an ongoing cookie jar.

Luncheon
January 30, 11 a.m. to 1 p.m., the Middleton & Area Fireflies luncheon will be held at the Middleton fire hall. Yummy turkey burgers (\$10), hamburger soup (\$9) and corn chowder (\$9), along with your choice of blueberry crisp or gingerbread. Attend in person or place orders for free home or business deliveries in Middleton with Bonnie Johnson at 902-825-3062 by January 29.

Exercise class
January 31, 11 a.m. to noon, free community low impact exercise program at the Wilmot Baptist Church Christian Fellowship Centre (208 Dodge Road, Wilmot). Geared for seniors, but open to everyone. wendynoble135@gmail.com or 902-765-0135.

Pool
January 31, 7 p.m., the Berwick Legion hosts round robin format

pool. \$3 to play, cash prize to winner and an ongoing cookie jar.
Chase the Ace and supper
February 2, 5 p.m., the Berwick Legion hosts its weekly Chase the Ace and supper. Raffle tickets three for \$5. Supper \$8, dessert \$2.

Exercise class
February 2, 11 a.m. to noon, free community low impact exercise program at the Wilmot Baptist Church Christian Fellowship Centre (208 Dodge Road, Wilmot). Geared for seniors, but open to everyone. wendynoble135@gmail.com or 902-765-0135.

Snowshoe hike
February 3, Hike Nova Scotia, the County of Annapolis and the Town of Annapolis Royal present a moonlight guided snowshoe hike on the French Basin Trail in Annapolis Royal, 6 p.m. You must pre-register at annapoliscounty.ca. Qualify to win a trail prize. See hikenovascotia.ca for details.

Chase the ace and supper
February 2, 5 p.m., the Berwick Legion hosts its weekly Chase the Ace draw and supper. Raffle tickets three for \$5. Supper \$8, dessert \$2.

Tremont Board Game Café
February 2, 7 p.m. to 9:30 p.m., the free Tremont Board Game Café is "open" every first and third Friday at the Tremont Hall, 738

Tremont Mountain Road. Many of the newest and coolest games, in a friendly and relaxed environment. 902-765-4326.

Darts
February 5, 7 p.m., the Berwick Legion hosts mixed doubles darts. Draw for partner, round robin format. \$3 to play, cash prize to winners and high score.
Exercise class
February 5, 11 a.m. to noon, free community low impact exercise program at the Wilmot Baptist Church Christian Fellowship Centre (208 Dodge Road, Wilmot). Geared for seniors, but open to everyone. wendynoble135@gmail.com or 902-765-0135.

Supper
February 6, 4:30 p.m. to 6:30 p.m., there will be a ham and scalloped potato supper at the Aylesford and District Lions Hall. Apple pie for dessert. Freewill donations accepted at the door; take-out is available. All proceeds support school projects at Pine Ridge Middle School and St. Mary's Elementary School. This is a Scotiabank matched funds event.

Church program
February 6, an Alpha course is underway at the Wilmot Baptist Christian Fellowship Centre (208 Dodge Road, Wilmot). 12 sessions, beginning at 6 p.m. with a potluck meal. Explore the basics

of the Christian faith in an open and informal environment. Bring your questions, join the discussion. Everyone welcome. No cost or obligation. Register at 902-765-2386 or pastorjdhoward@gmail.com.

Choir openings
February 6, 7 p.m., the Greenwood Canadian Military Wives Choir is having an information night. Do you have a passion for music? No experience necessary, no audition required! Drop in to St. Marks Chapel, Church Street, Greenwood. For more information, visit our facebook page.

Crib
February 6, 7 p.m., the Berwick Legion hosts team play crib. \$10 per player, includes high hand, 50/ 50, 1st, 2nd and 3rd place cash prizes and an ongoing cookie jar.

Wildlife meeting
February 7, 7 p.m., the Kings

County Wildlife Association hosts its annual wild game pot luck meeting at the Millet Centre, New Minas. Speaker is Glen Parsons, Department of Natural Resources. The public is invited, and you do not have to be a member to attend. No charge.

Pool
February 7, 7 p.m., the Berwick Legion hosts round robin format pool. \$3 to play, cash prize to winner and an ongoing cookie jar.
Exercise class
February 7, 11 a.m. to noon, free community low impact exercise program at the Wilmot Baptist Church Christian Fellowship Centre (208 Dodge Road, Wilmot). Geared for seniors, but open to everyone. wendynoble135@gmail.com or 902-765-0135.

Celtic workshop
February 9, the Kingston United Church, 733 Main Street, hosts

a free Celtic workshop in honour of St. Bridget, the Celtic patron saint of mothers and motherhood. Workshop will be led by Rev. Ivan Gregan. Schedule: 9:30 a.m. meet and greet, 10 a.m. to noon workshop on women's issues and sexuality in the Celtic church, as

distinct from Roman practice; noon to 1 p.m. potluck lunch, 1:30 p.m. to 3:30 p.m. workshop on sainthood, sexuality and worship materials relevant to the 21st century, 4 p.m. worship. Please join us for a smorgasbord of ideas and discussion. For details, call

Homer Noble, 902 765-4572.
Exercise class
February 9, 11 a.m. to noon, free community low impact exercise program at the Wilmot Baptist Church Christian Fellowship Centre (208 Dodge Road, Wilmot). Geared for seniors, but open

to everyone. wendynoble135@gmail.com or 902-765-0135.
Chase the ace and supper
February 9, 5 p.m., the Berwick Legion hosts its weekly Chase the Ace draw and supper. Raffle tickets three for \$5. Supper \$8, dessert \$2.

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2. Fax: 902-765-1717
3. Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline:
Noon, February 1, 2018

Full name	Phone number
Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood . Coupon valid for 30 days.	
1. What is being blitzed? _____	
2. Who is on stage February 2? _____	
3. Where will you find fun for kids March 12 to 16? _____	
4. How old is the Apple Blossom Festival? _____	
5. Where can you find a romantic Valentine evening? _____	
Congratulations to last week's winner: SARAH WOODROW	



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Greenwood
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902-765-2232

sudoku

solution page 10

1		9	2		8	4		
		6	9	3		1		5
	7			4			6	2
7	6	3	4					1
				2		8	3	
					3	6		4
4	9		3	1		2	5	8
6		2	8			7		

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

solution page 10

WEDDED BLISS WORD SEARCH

T Y R X E W D W E D D I N G E S T B P H
N M K A T A Y N K T U T U N N C P M K Y
V D X V E V G U R E Y A L E G K P W C L
Y B X F U B B A N D F A G F A G M G P M
L R S P Q Y I G E S D A L U G L C T C L
T I G G U N K N G I I O T V E Y B O A P
H D N N O F I A S R R D U T M E F Q T L
M E I B B S R C R I K B N C E R L V E A
X S R E U T J A S V B E B N E I H R N
D M E O E O M T O V K N M L T I A Y E N
O A M R C L T D L A T S D U A N T M R E
U I O K I S E L C E X N W S U N K N N R
L D E E A X K N R E V I V H S O C D A E
L Y V O U O P S P L O C E H T O A M L
I D T T R E I U P I W E L R E U C N S S
V T U L G E O W C S N X J L R O P C M I
H S I I C P S E C T W F S R G B J I O K
N I F E S S N T N A I C I F F O A N O K
U T S H R S S T G O W N D D Y L S G R H
S M U D E S B Y D N O O M Y E N O H G I

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CAKE	FLORIST	LICENSE	SPOUSE
			TIERS
			TOAST
			TRAIN
			TUXEDO
			USHER
			VEIL
			VOWS
			WEDDING

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horoscopes

January 28 - February 3

ARIES - Mar 21/Apr 20
Plans to get together with friends this week could be delayed by other responsibilities. Aries. Do not feel the need to cancel; just reschedule your plans.
TAURUS - Apr 21/May 21
Taurus, financial issues may force you to work a little harder right now to make some extra money. Make a concerted effort to save more and take care of your financial obligations.
GEMINI - May 22/Jun 21
Gemini, you may need to wait a little longer to receive some news you have been anticipating. Don't let this get you down. Change is on the way and will come soon enough.
CANCER - Jun 22/Jul 22
Cancer, treat yourself to a brief respite from the daily grind. Spend time with the family and enjoy some well-deserved rest and relaxation in the days ahead.
LEO - Jul 23/Aug 23
Leo, make a concerted effort to open a line of communication with someone who means a lot to you. He or she may need a helping hand, and you are just the person to provide that assistance.
VIRGO - Aug 24/Sept 22
Treat yourself to a present this week, Virgo. A nice dinner, an unexpected luxury or even a spa treatment is the kind of pampering that can go a long way.

LIBRA - Sept 23/Oct 23
Libra, make an effort to lift the spirits of a loved one this week. Responsibilities may be weighing on them, and you can lighten their mood just by being there for them.
SCORPIO - Oct 24/Nov 22
Scorpio, sometimes you may feel as if you are the only person getting things done. Just keep up your hard work and the rewards will come. Others are taking notice.
SAGITTARIUS - Nov 23/Dec 21
Sagittarius, if your patience is wearing thin, try to embrace distractions that can help you pass the time. This can make things less stressful.
CAPRICORN - Dec 22/Jan 20
Capricorn, you have been doing well financially, but you still hope to do better. Speak with a planner or a knowledgeable relative on how to make your money work harder.
AQUARIUS - Jan 21/Feb 18
Engage in activities that make you feel good and boost your self-confidence this week, Aquarius. This may be as simple as hitting the gym for a workout.
PISCES - Feb 19/Mar 20
Phone a friend and set up a time to get together, Pisces. Reconnecting and sharing a laugh or two will be a boon to both of you and raise your spirits.

FEBRUARY/FÉVRIER

<http://greenwood.mil.ca/cms/Community/AnnapolisMess/AnnapolisMessHome.aspx>

The Annapolis Mess
14 Wing Greenwood

2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
INFO Internet/wireless available in TV Lounge/Mess	INFO TOW BAR Daily newspaper for your enjoyment	TOW BAR Non-alcoholic beverages available		14 AMS MESS DINNER LOGISTICS BIRTHDAY	1 WOSM HOSTS TGIF - FISH N CHIPS 2 AFRICAN HERITAGE CELEBRATION MEET & GREET TOW BAR ENTERTAINMENT MIDNIGHT GENNY	3
4	5	6	7	8 405 SON MESS DINNER	9 OM HOSTS MEGA TGIF - SUBWAY WINTER CARNIVAL PEP RALLY TOW BAR ENTERTAINMENT KARAOKE W/ MIKE COOK	10 BRAVO ZULU OP IMPACT EVENT BAND: MERIMAC
11	12	13	14 LADIES BRIDGE	15 LOGISTICS 50th ANNIVERSARY MESS DINNER	16 FAMILY TGIF - JR RK HOSTS - PIZZA TOW BAR ENTERTAINMENT KARAOKE W/ DANIELLE	17 VALLEY CREDIT UNION GALA
18	19	20	21 TRIVIA NIGHT	22 WOSM HOSTS MONSTER TGIF - PIZZA & SUBWAY ENTERTAINMENT - WINTER CARNIVAL BAND: DONAIR SUPPLY	23	24
25	26	27	28 14 AMS HONOURS & AWARDS LADIES BRIDGE			

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classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included. Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

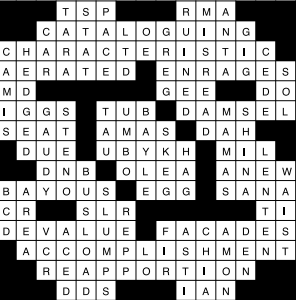
To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

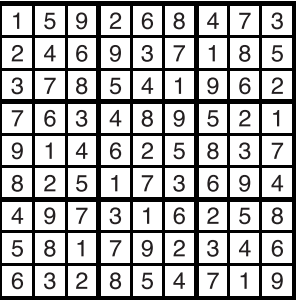
Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

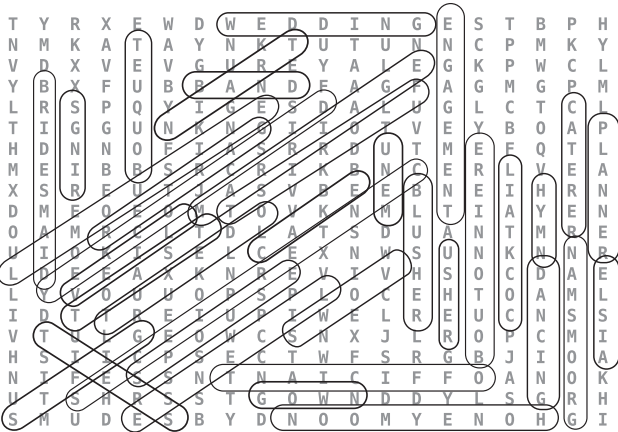
crossword solution



sudoku solution



patrick's puzzle



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retail/ warehouse building. 418 Markland Rd., Kingston, NS. Please contact Greg 902-824-1450 or Joan 902-847-1365. (3842-ufn)

SALE

SELLING – Selling miscellaneous household and personal items at 1936, HWY 1, Auburn on February 12, 2018 at 8 a.m. for Leanne Forsythe. (3903-2tp)

SERVICE

SERVICE – CHILDCARE – I am looking to watch children in my home on in-service and snow days. I have 15 years experience working with children. Call Nancy for more information at 902-242-2622. (3846-9tpb)

CHURCH SERVICE – “The Peoples 25:40 Church” There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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- Letter H - 80/20
- Triple Jackpot - R-W-B
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
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From left, Petty Officer First Class Jay Logan, Joint Task Force North Detachment Nunavut; Captain Joseph MacKinnon, 405 Squadron; Corporal Kayla Wentzell, 405 Squadron, 14 Wing Greenwood; and Captain Colin Clansey, 405 Squadron; show off what else traveled north from the Annapolis Valley in 405's home province, Nova Scotia, to Iqaluit. Valley apples were added to the Joamie School's daily breakfast program after a crew visit during an assembly.

Major J. Robert, Detachment Commander, Joint Task Force North Detachment Nunavut

Apples, north!

Corporal Kayla Wentzell, 405 (Long Range Patrol) Squadron

In October, Crew 3 from 405 (Long Range Patrol) Squadron set out on a northern fisheries patrol. This mission took the crew and its CP140 Aurora aircraft far into Northern Canada to Iqaluit, Nunavut.

Working out of a place such as Iqaluit presents many challenges, but also offers up many rewarding experiences. Among these was the opportunity to take something very common here in the Annapolis Valley – apples - to the children of the community's Joamie School.

On a day off, Captain Joe MacKinnon, Captain Colin Clansey and Corporal Kayla Wentzell, all of 405 Squadron; accompanied by Major Jeff Robert and Petty Officer First Class Jay Logan from Joint Task Force North Detachment Nunavut, attended a morning assembly at Joamie School. Everyone gathered in the gymnasium for the national anthem, along with some school announcements for the week. Of course, with three strangers dressed in green military garb standing at the side of the room, there were lots of excited whispers and little eyes watching closely. MacKinnon was then

given the microphone to address the students. He told them about the CP140 Aurora aircraft, and the reason for it and the crew's presence in the North. He also talked about life in the Annapolis Valley - and about the apples brought north aboard the plane. The children asked questions: so many little hands flew up, and it was wonderful to see so much excitement. A favourite question was how old MacKinnon was! This led to all the members telling their ages and how long each has been in service with the Canadian Armed Forces. Later, the flight crew was able to talk more with a

class of Grade 5 students, sharing photographs of the CP140 Aurora and taking a group photo.

The students all took turns trying to lift the huge bags of apples, and then they helped Wentzell take the apples to their kitchen to be part of the school's breakfast program. One little boy decided he was going to join the Air Force!

Another rewarding experience for the entire crew

was the mission to assist the Eastern Arctic division of the Department of Fisheries and Oceans in its search for wildlife migrations, as well as making the government's presence known: helping deter illegal hunting and poaching. After really coming together as a crew to persevere through the northern weather, the crew manned all windows in search of signs of walrus, polar bear

and narwhal migration.

Many of the missions the Royal Canadian Air Force does across the country are valuable; this was no exception. Upon completing this task, the crew was repaid with a beautiful view of the northern mountains and some icebergs. It is undertakings like these that make the long hours, time away from family and the demands of flying worthwhile.

Annapolis Valley Regional School Board

Working Together for Students



French Immersion

Information Sessions

Regional French Immersion Program information sessions take place in February at each school offering a program. For more information, contact one of the schools listed below.

Early Immersion

(Grade Primary Entry):

- Kingston and District School February 7, 2018, 6:15 pm
- New Minas Elementary School February 21, 2018, 7:00 pm
- Kings County Academy February 26, 2018, 6:30 pm

Late Immersion

(Grade Seven Entry):

- West Hants Middle School February 27, 2018, 6:30 pm

Pre-Primary Registration

Information on Pre-Primary registration for 2018-2019 will be available at a later date on www.avrsb.ca.

Visit
www.avrsb.ca/our-schools
for school contact information

Kingston Legion Br 98 ~ February 2018

Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479
E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Branch 098

Find us on facebook

Sun	Mon	Tues	Wed	Thu	Fri	Sat
February 4: Super Bowl Potluck Dances: Route 12 on February 10 and Ruth Manning & the Prospectors February 24.				Chair Yoga 9 am CRIB 7 pm Seniors Fitness 10 am	MIXED DARTS	<i>Chase the Ace!</i>
BINGO 1:30				Chair Yoga 9 am CRIB 7 pm Seniors Fitness 10 am	K.A.S.A.	
Super Bowl Party 7 pm District D Mtg	EUCHRE			Chair Yoga 9 am CRIB 7 pm Seniors Fitness 10 am	MIXED DARTS	
BINGO 1:30	EUCHRE	12 Chair Yoga 9 am Seniors Fitness 10 am	13 Chair Yoga 9 am Seniors Fitness 10 am	14 Chair Yoga 9 am CRIB 7 pm Seniors Fitness 10 am	TGIF: Scallops 'n' Chips	<i>Chase the Ace!</i>
				Chair Yoga 9 am CRIB 7 pm Seniors Fitness 10 am	MIXED DARTS	
BINGO 1:30	18 Heritage Day EXEC. MTG. 7 pm	19 Chair Yoga 9 am BINGO 7:00	20 Chair Yoga 9 am BINGO 7:00	21 Chair Yoga 9 am CRIB 7 pm Seniors Fitness 10 am	K.A.S.A.	<i>Chase the Ace!</i>
				Chair Yoga 9 am BINGO 7:00 Seniors Fitness 10 am	MIXED DARTS	
BINGO 1:30	25 GENERAL MEETING 7 pm	26 Chair Yoga 9 am BINGO 7:00 Seniors Fitness 10 am	27 Chair Yoga 9 am BINGO 7:00 Seniors Fitness 10 am	28 EUCHRE	GENERAL MEETING MONDAY FEBRUARY 26, 7 pm Thursdays, 3 pm - Walk 'n' Roll	24 <i>Chase the Ace!</i> Fun Pool Tournament DANCE: Ruth Manning & the Prospectors Meat Draw
Legion Calendar Sponsored by	PHARMASAVE VALLEY DRUG MART			613 Main St. KINGSTON 902-765-2103	26 Commercial St. MIDDLETON 902-825-4822	



Watching eagles

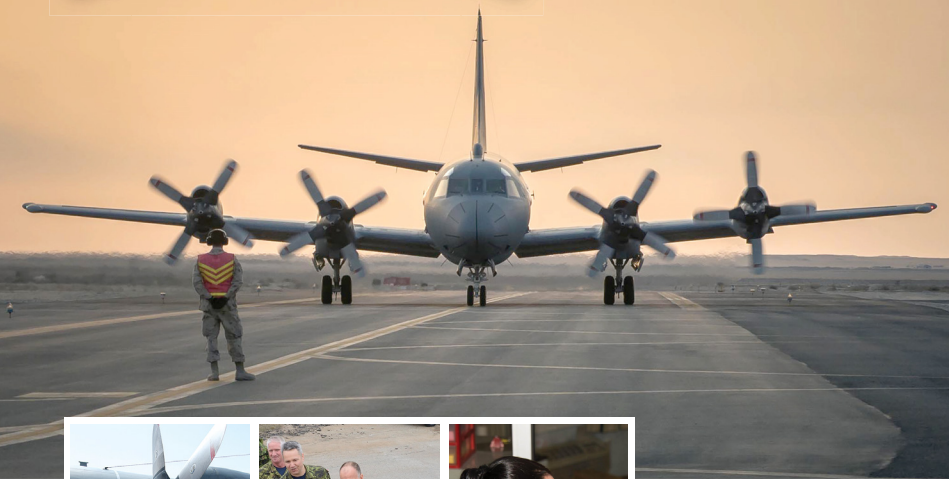
14 Wing Greenwood's deputy wing commander, Lieutenant-Colonel Bruno Baker, has a keen interest in photography. Go see what he captured in person, at the annual two-weekend Eagle Watch in Sheffield Mills, wrapping up February 3 and 4. Sheffield Mill's resident wild eagles are fed daily at 8:30 a.m. and 10:30 a.m. There are breakfasts at the hall, live music, a local art show and sale and crafts for children. Check out all the details at <http://www.sheffieldmills.org/eagle-watch-2018.html>.

Lieutenant-Colonel B. Baker



BZ 14 Wing OP IMPACT

Long Range Patrol Detachment
October 2014 – December 2017

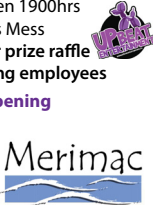


Family & 14 Wing Recognition Day

brought to you by 14 Wing Greenwood Wing Fund

February 10 | Annapolis Mess
11:30 a.m. – 1 a.m.

- Free family lunch**
1130-1300hrs
Annapolis Mess
- Family Fun**
1200-1400hrs
Annapolis Mess A/B Lounge
- Free Bowling**
1300-1600hrs
- Free Movie**
Paddington 2 | Rated G
1400-1545hrs
- Free Evening of great friendship & camaraderie**
Doors open 1900hrs
Annapolis Mess
- Free door prize raffle**
for 14 Wing employees
- Grand Opening**
2045hrs
Main Act



SAFE RIDE HOME IN PLACE

African Heritage Month Mois du patrimoine Africain

Celebration & Meet and Greet
Célébration et rencontre

Friday 2 February 2018 | Vendredi le 2 février 2018
1030 to 1200 hrs | De 10 h 30 à 12 h 00
Annapolis Mess Lounges | Salons du mess Annapolis

Guest Speaker: CWO (Ret) Kenneth Rerrie
Conférencier invité: Adjud (Retraité) Kenneth Rerrie



Samples of traditional Jamaican food & drink will be served!
Des échantillons de nourriture et de boissons traditionnelles jamaïcaines seront servis!



OPIs
Mrs. E. Robinson local 3072
Maj T. Gorman local 3508
BPR
Mme E. Robinson au poste : 3072
Maj T. Gorman au poste : 3508

