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14 Wing's Food Services Personnel, cooking up their trade in a mobile food truck during Winter Carnival.

# From field to kitchen

# Military cooks make conditions taste great

Sara White, **Managing editor** 

Adding food truck-style fun to 14 Wing Greenwood's

recent Winter Carnival is field kitchen is another. one thing, but working in 140-degree heat, with the went down to 170 pounds swirling dust of Haiti blowing in three-and-a-half months,"

"I was 210 pounds and in under the tent flaps of the says Sergeant Tony Edwards,

14 Wing's IC Kitchen; remembering his weight loss while working as a military cook on a Canadian Armed Forces' disaster relief mission.

Continued on page 2...

# Lessons to be learned with 'Respect in the CAF'

**Sergeant James Cowell** 

First, it is important I state where I am coming from as I report on the March roll out of the new "Respect in the Canadian Armed Forces (RITCAF)" course.

I joined the military in 1977 as an infantry solider, serving with the Princess Patricia's Canadian Light Infantry and Airborne Regiment, in what was a harder and meaner military at the time. Over these past 41 years, I have witnessed many cultural changthe CAF. When Operation Honour started two years ago, many personnel, like myself, initially had our "backs up" - not denying the operation's targeted misconduct within the forces, but reacting to the perception Op Honour was aimed at "alpha males;" that we were to blame for all that is wrong in the military by our actions and language. A natural response for many

was to defend ourselves; this was further aggravated with the introduction of bystander training, known amongst some of us as "back stabber" training - completely against the long-standing grain of an effective fighting force: one does not "rat out" a brotheror sister-in-arms. Having said all of this, Op Honour was the order of the day and, as highly trained personnel, we would obey.

February 27, I did not go into the classroom at the 14 Wing Greenwood Fitness & es, both inside and outside Sports Centre to attend the first session of RITCAF with a "warm and fuzzy" feeling. I volunteered for this assignment for many reasons; I am very glad I did.

> This new course is offered in collaboration with Op Honour and the Personnel Support Programs (PSP) Health Promotion staff. I sat in the class as a student and reporter, this being known to the HP instructor Lisa White, as well

> > Continued on page 2...

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is all accounted for when day." military cooks move from few appliances welded to it. Edwards was keen to include kitchen - he's never been on a "In a field kitchen, though, also using it as training.

go. We're planning a few up and feed 70 people at this The kitchen is the morale in the field." trainings in the next while: time."

canopies to knowing how to box lunches for flight crews

14 Wing's kitchen crew in ship, but he has more time in you can do anything, too," Winter Carnival events this the field than almost anyone I Edwards says, describing year, adding to the fun - but know." Edwards says. "That's baked goods, pizza, noodle what keeps a lot of people dishes and fully baked ham "It's not common we get interested in the occupation: it or turkey dinners. out in the field kitchens in could change any day, that the "And coffee and soup in the Greenwood, and I'd like more next moment you're mount-field is a must - people come training in case there is an ing up a truck and being told in, they hang around, tell war emergency and we need to to drive it somewhere, set it stories, talk about their day.

thread the propane and clean heading out on trainings or Weather and working with the equipment. It's the stuff search and rescue calls, or limited equipment and space vou'd be working with every personnel spending the day on the ranges. During the Military cooks come from summer, they'll often prep their cafeteria surroundings all branches – army, navy, "hay boxes" for Cadets in for on military bases and ships air force - and can be found summer camp - insulated to a basic metal trailer with a in any military environment. plastic boxes that'll keep a hot "I have a Navy guy in the meal hot for hours.

boost and, 99 per cent of the



That doesn't come without

to be well thought out.

how to properly set up the 14 Wing's kitchens run the time, people will tell you they a lot of planning and work. cooks' experience to make to open field; "that's what kitchen and maintain it, right Annapolis Mess' cafeteria, love the food – it's fresh, it's Field cooking means menus – the meal their own," Edwards we do," Edwards says. "We from cleaning and folding the but also handle daily calls for hot and it's there with them and all the ingredients - have says, adding, because of that, adapt."

cooks often put in long days.

"We'll be the first up and the last to bed, all the time, depending on if you have recce crews or roving patrols coming in and out."

The experience and training of military cooks stands them in good stead.

"I know a lot of restaurants would love to hire a military cook: they have good work habits and training, they get shift work and the turnover vou often find in kitchens because of their own postings."

While it would be a transition all in itself for a military cook to make the move into a private sector restaurant kitchen after a career from "And then we rely on our ship to shore, from Mess

# 'Respect in the CAF'...

as fellow students.

other student to find out who course's material. There was The outcome was the most comrade - it is "weeding out" I believe it does so - and very what it is all about.

There are three aspects of each other to the class with line between acceptable and lead; but their culture has to and CAF as a whole. We were paired with an- with one another through the ourselves in.

they are, where they had heard no finger pointing or blame, important: this old solider destructive behaviour. The re- well. I was concerned about

the course: the nature and that information and, then, set non-acceptable behaviour. I change so they are able to put This nationally-driven, CAF- forward for the betterment magnitude of sexual miscon- the day's "ground rules," pro- found the course relevant and themselves in the place of a wide workshop is designed of all. I highly recommend duct in the CAF, bystander in-viding a safe and confidential realistic to situations we, as victim, step in with the support to foster change in attitudes attending this workshop. Retervention and victim support, atmosphere to learn and share members of the CAF, may find they require and recognize ac- and behaviours and build a spect for one another in the tion is not "ratting out" one's respectful climate and culture. Canadian Armed Forces is

CFNA + AJFC
Canadaa Feren Newspaper Amediation

about the course and why they and many participants – in- learned something. We require sult: a more accepting, diverse where my beloved military were attending. We introduced cluding me – found a clearer alpha males and females to and effective unit, organization was heading. Thanks to this course. I know it is moving

# the Aurora

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Officers sign the 14 Operations Support Squadron change of command scrolls March 5, as Lieutenant-Colonel Illo Neri, seated left, turned command to Major Tania Maurice, seated right; under the eye of 14 Wing Greenwood Colonel Mike Adamson. Chief Warrant Officer Brad Sommerfeld, standing left, and Wing Chief Warrant Officer Luc Emond observe. Corporal D. Salisbury, 14 Wing Imaging



14 Wing Greenwood Colonel Mike Adamson marshalled 14 Operations Support Squadron Lieutenant-Colonel Illo Neri's arrival home from an exercise in Norway February 22, marking his last flight on the aircraft. Neri left 14 OSS command and effectively retired from his Royal Canadian Air Force career March 5.

# Command, career changes at 14 OSS

**Managing editor** 

In an "out of step" change of command ceremony March 6 at 14 Wing Greenwood, one man took two.

Lieutenant-Colonel Illo Neri turned over command of 14 Operations Support Squadron to Major Tania Maurice, and effectively retired after 28 years as a Royal Canadian Air Force pilot.

The change of command ceremony would naturally have taken place later this wife who, with their two after his last flight at 14 young children, is now tak- Wing Greenwood. Neri ing this next step – a job pilot with Air Canada. change and family move -

members of 14 OSS," Neri the years. of you has my personal friend," with his calm de- and into the summer." thanks: you taught me with your professionalism. Be proud of what vou've accomplished. My goal was to make this a proud squadron, and to meet 14 Wing's mission: flying our squadrons on task, on time, every time. Each and every member of 14 OSS has taken that on."

14 Wing Greenwood Commander Colonel Mike Master Corporal P. Evans, 14 Wing Imaging Adamson thanked Neri for

meanour, always a smile and a kind word - no. that's not him!" Adamson joked. going on to say Neri's "passion for work and his drive to do the right thing is the hallmark of an RCAF officer.

Page 3

"Thank you for your service. Fair winds and clear skies."

Adamson officiated as command was ceded to Maurice, who has served as 14 OSS's deputy commanding officer since July.

"Operations is key to air Lieutenant-Colonel Illo power: we have a plan and Neri caps off his Royal the people to execute that Canadian Air Force career year with planned command postings. Neri thanked his bottle of sparkling wine we will continue to do that."

Maurice agreed 14 OSS's goal would be just that.

will continue flying as a "The members of 14 OSS continue to do amazino Master Corporal P. Evans, 14 Wing Imaging work, and surpass all ex-"Last June, with the stand his service as 14 OSS's first pectations. I have been surup of 14 OSS, I also expand- commanding officer, and rounded by exceptional peoed my family to bring in the also as a career partner over ple, and there is no doubt that work will continue said. "Each and every one "He was my 'phone-a- through a very busy spring

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honours and awards ceremony, Corporal Jeremy Adenstedt, honours and awards ceremony, Captain Christopher Appleby, honours and awards ceremony, Corporal Matthew Brown, centre, was presented the General Service Medal – Expedition centre, was presented the General Service Medal – Expedition centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude by Commanding Officer Lieutenant-Colonel Marie-Claude by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



honours and awards ceremony, Nicholas Chalton, centre, honours and awards ceremony, Masert Corporal Hugo Couet, honours and awards ceremony, Captain Nicolas Fortin, was presented the General Service Medal - Expedition centre, was presented the General Service Medal - Expedition centre, was presented the General Service Medal - Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude by Commanding Officer Lieutenant-Colonel Marie-Claude by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



Marie-Claude Osmond, left, and Chief Warrant Officer Craig Osmond, left, and Chief Warrant Officer Craig Chislett. Chislett.



Warrant Officer Craig Chislett.



January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick

Master Corporal Conrick



Osmond, left, and Chief Warrant Officer Craig Chislett.



and awards ceremony, Master Corporal Tyler Hatfield, centre, was and awards ceremony, Corporal Justin Holmes, centre, was and awards ceremony, Corporal Martin Joanisse, centre, was presented the General Service Medal – Expedition by Commanding presented the General Service Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Osmond, left, and Chie Master Corporal Conrick Warrant Officer Craig Chislett.



Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Cornoral Conrick



January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron Osmond, left, and Chief Warrant Officer Craig Chislett.



January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Sergeant Daniel Gould, honours and awards ceremony, Corporal Joel Gravel, centre, honours and awards ceremony, Corporal James Greenlandcentre, was presented with the Royal Canadian Air Force 1,000 was presented the General Service Medal – Expedition Perry, centre, was presented the General Service Medal hours certificate by Commanding Officer Lieutenant-Colonel by Commanding Officer Lieutenant-Colonel Marie-Claude – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig



January 25, during a 405 (Long Range Patrol) Squadron honours January 25, during a 405 (Long Range Patrol) Squadron honours Master Corporal Conrick Warrant Officer Craig Chislett.



honours and awards ceremony, Corporal Jesse Nagel, honours and awards ceremony, Master Corporal Harry Perera, and awards ceremony, Corporal Cory Prosper, centre, was centre, was presented the General Service Medal - Expedition centre, was presented the General Service Medal - Expedition presented the General Service Medal - Expedition by Commanding by Commanding Officer Lieutenant-Colonel Marie-Claude by Commanding Officer Lieutenant-Colonel Marie-Claude Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



Januarv 25. during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron and awards ceremony, Aviator Michael Shain, centre, was Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron January 25, during a 405 (Long Range Patrol) Squadron honours Osmond, left, and Chief Warrant Officer Craig Chislett. Warrant Officer Craig Chislett.

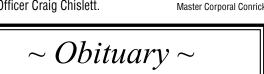


honours and awards ceremony, Corporal Jonathan Provost, honours and awards ceremony, Corporal Bruce Ramsay, presented the General Service Medal – Expedition by Commanding centre, was presented the General Service Medal – Expedition centre, was presented the General Service Medal – Expedition Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief by Commanding Officer Lieutenant-Colonel Marie-Claude by Commanding Officer Lieutenant-Colonel Marie-Claude Warrant Officer Craig Chislett. Osmond, left, and Chief Warrant Officer Craig Chislett.

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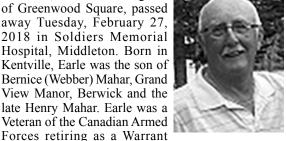
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January 25, during a 405 (Long Range Patrol) Squadron honour

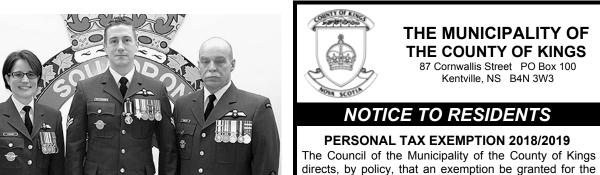
MAHAR, Earle Harris,

MAHAR, Earle Harris - age 74 of Greenwood Square, passed away Tuesday, February 27, 2018 in Soldiers Memorial Hospital, Middleton. Born in Kentville, Earle was the son of Bernice (Webber) Mahar, Grand View Manor, Berwick and the late Henry Mahar. Earle was a Veteran of the Canadian Armed



Master Corporal Conrick

Officer after 33 years of service. He enjoyed golfing, fishing, and gardening in his retirement. He loved his dogs Jocko and Molly. Besides his mother, Earle will be sadly missed by his loving wife of 53 years, Linda Marie (Hiltz); son Scott (Karen) Mahar and their children, Cody (CJ) and Jessie of Clearbrook, BC; daughter Michelle (Jason) Finch of Telkwa, BC and their children, Kyle (Vanessa) of Summerside PEI and Nicole (Steve) of Terrace BC; sisters Sandra Graves of Berwick and Judy(Tim) Fredericks of Middle Sackville. He is also survived by many nieces and nephews. In keeping with Earle's wishes, cremation has taken place and there be no visitation or service. The family wishes to thank the Kingston Legion, the VON, and Palliative Care for all their support during this trying time. A special thanks to our friends for their support. Donations in memory may be made to the Canadian Cancer Society or to Soldiers Memorial Hospital. Arrangements have been entrusted to Middleton Funeral Home 398 Main St. 902-825-3448. Online guestbook may be signed by visiting: www. middletonfuneralhome.com

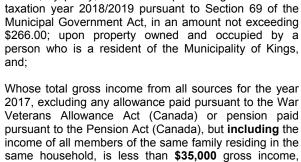


January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Master Corporal Anthony Spittachine, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett. Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Sarah Landry, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

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# Flight open house shows off people, work, opportunity



Members of 143 Construction Engineering Flight opened their training facility's doors February 24 for a community open house, allowing visitors to meet the flight's people, and learn more about what they do

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron tions in Canada and around ators and supply technicians. in his mind, this event was

**Honorary Colonel** Dan Hennessev. 14 Construction Engineering Squadron

gem in Lunenburg County bridges and more – all to keep occasion at which the public changed a little.

143 CEF has been oper- Train and Deploy." ating in Lunenburg County close to the Osprey Ridge available, which range from what had been unknown. Golf Course. The flight has construction and mechanical Flight Commander Captain created a great reputation for trades to office administra- Ray Doiron spoke of the three itself, participating in opera- tors, heavy equipment oper- major measures of success,

the world; and members of The Reserves is vastly differthe flight have worked on ent than the Regular force: numerous projects for local you are hired, trained and not-for-profit organizations, then have the opportunity to building stairs for the Legion, continue to work, right here To say 143 Construction renovating community halls, in Lunenburg County. Engineering Flight is a hidden building walking trails and The event was the first

the Aurora | 14 Wing Greenwood, NS

would be an understatement: their skills at the ready for was invited to visit the actual February 24, that may have possible deployments. The flight building. Members of mantra of the unit is "Recruit, 143 CEF have been actively taking their message out to The main goal for the open community organizations, since 1994 as a Reserve house was to familiarize the schools and highly visible unit, part of 14 Construction public with the many aspects public events, but this event Engineering Squadron. The of the flight and its work. gave members the opportuniunit operates out of its facility The unit wants to promote ty to give visitors a hands-on at 391 Harold Whynot Road, the opportunities currently display, showcasing much of

being evaluated by, including clearing up misconceptions, and speaking with people who were unaware of the opportunities the flight provides (jobs, training, and education) as well as what was expected of those who ioined.

"Visitors were pleasantly surprised to hear that training is free, you receive a competitive salary, you have a flexible schedule and that there are many opportunities for advancement.

"It was great to have members of the community see what we do and meet the people that do it. Visitors were engaged and keen to learn about our history, the people we employ, where we go and how we serve our country."

Doiron was also pleased to see his flight's members recognized by the community.

"With this event - and with each event we hold, it is good to see more and more people gain a better understanding and get to know the people that make up the unit. It is fostering a positive relationship, where we feel like the community is rallying for us and promoting us in a positive way. Even with the altruistic nature of the members, it is great to see them being appreciated."

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# Reno rejuvenates wing's Tow Bar

**Managing editor** 

nel turned out February 23 to first impressions of the then we operate as one," Emond raise a glass to the future of a Back Bar. renewed Tow Bar.

then-Commander Colonel Pat to change this." Thauberger and Wing Chief

Fmond first visited Green-14 Wing Greenwood person- manager, and remembers his name) sure - but it means

been a meeting place, watering stuck here, a few of us in the the wing. hole, entertainment space and evenings after work, and there "home" for members of the de- was no atmosphere, no noth- hangs in the bar, and 14 Wing fence team here in Greenwood, ing," he said. "When I came Commander Colonel Mike Adand those visiting the base for back as the chief, I talked to amson was the first to "zap" it training or exercises. Last year, Colonel Thauberger: we needed with a 14 Wing decal. It's hoped

It started with a name change the tow bar. Warrant Officer Luc Emond and, while Emond hoped for

Emond thanked a long list of people on the wing who helped Wing Chief Warrant Officer and Colonel Mike Ad- get the renovation from the ideas stage to actuality, from planning and contracting to finance and administration to s. white trades work and design.

74 Commercial Street

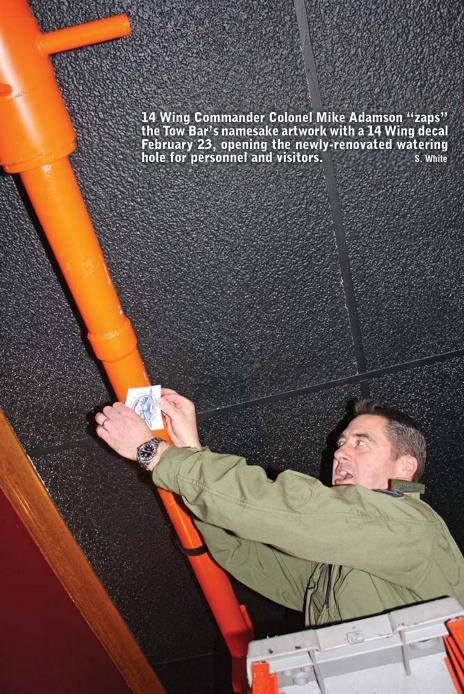
the suggested entry that won. "It's not as cool as 'Wobbly

wood in 2009 as a career Prop,' (CFB Winnipeg's bar's acknowledged, with a nod to "There were a couple of beer 14 Wing's motto, "We use a The social club, tucked in signs, white walls, a few hockey tow bar on the airfield, with the Annapolis Mess, has long jerseys - all of us were just our transport crews - all over

A contributed tow bar now many more decals will plaster

New paint, flooring, brickspearheaded renovation plans, something more imaginative work and furniture; plus a new aiming to put the wing and its than "Back Bar," "Tow Bar" was wall mural, painted by Master Corporal Pam and Sergeant Aaron Evans depicting the wing's past and present, will complete the renovation by the end of March: the opening February 23 was an opportunity to have personnel in during the annual Winter Carnival, and tee up a carnival beer tasting to determine by vote what local ale will be on tap.

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amson raise a glass to mark the renovation of the

wing's Tow Bar. Adamson's predecessor, Colonel Pat

Thauberger, and Emond drove the project, wanting to

see the wing's past, present – and people – an integral

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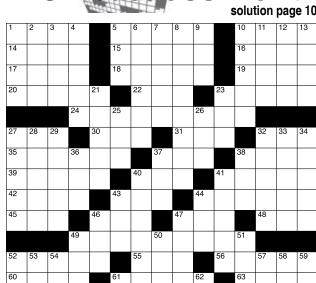
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peuvent être soumis à nos bureaux. au 61, School Road, (annexe Morfee), du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet publication, à moins d'avis contraire.



47 Transmits genetic information

48. Diego, Francisco, Anselmo

?. Cattle's mammary gland

5. Having ten

0. Scarlett's home

Hold valuables

3 Italian Seanort

65. Bad places to liv

68. Cover with drops

69. Props up the head

3. Type of acid

. Philippine province

4. Cvanus' brightest star

6. Large, wading bird

34. Cain and

from DNÅ to the cytoplasm

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- One-time Yankees rookie 14. Ireland
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- 18. Play loudly Elegantly fashionable
- 22. Frozen water Sacred Islamic site 4. 'Kokomo' rockers
- 7. Follows sigma 30. Cease to exist
- 35. Less attractive 38. Greek sophist
- 39. Grandmothers
- flour and veast
- 42. Actress Rachel Wood 44. Western Asia peninsula
- 41. Russian pancake of buckwheat
- 9. Mineral toman civilian title
- 10. Shiny silicate minerals (2 words) 13. Soul and calypso song
- '. Plant of the goosefoot family

5. One who buys and sells 50 Arabian deser securities (abbr.)

Religion practiced in China
Type of sediment 7. Hall of Famer Ruth 8. 'Layla' singer Clapton

11. Uttoman civilian title 59. Gamble 12. What you wear when eating BBQ 61. Sino-Soviet block (abbr.)

crossword brought to you compliments of



### Chase the Ace

March 12, 6 p.m. to 7:30 p.m., come Chase the Ace at Paddy's **Social group** Pub (second floor), Kentville, se limiter à environ 25 mots. Les avis Athletics. Facebook: Chase the at the Wilmot Baptist Christian 3044. Ace Valley Cheer Athletics.

March 12, 2018

at the Wilmot Community Centre. different each week. Open to music. For ages three to six. Whimsical Wednesday Scottish Country is a social dance men and women of all ages. Call Registration required. Suitable for any adult from 16 March 13, 12:30 p.m. to 1:30 Kingston Lions host their month- drop in for crafts, activities and to 96. Learn how to reel and p.m., the Bridgetown & Area ly community luncheon. Hot stories. wheel, pousette and allemande. Library invites youth ages 13 to turkey dinner \$9 per plate, with **Exercise class** Instructor: Susan Van Horne. 17 to unplug during a one-hour dessert. Deliveries \$9.50 per March 14, 11 a.m. to noon, There is \$5 nightly fee to cover class with yoga instructor Amy plate, Kingston/ Greenwood area low impact exercise class every the cost of the hall. Information: MacDonald. Learn the basics only. For take outs or delivery, Monday, Wednesday and Friday

March 12, 1 p.m., the Macdonald move, & stretch deeply mats Lions' work in the community. Museum Bridge Group meets provided - dress comfortably Be Fit Kit 2.0 Launch at St. John's United Church in and bring a water bottle. Middleton, weather permitting.

### Bridgetown Ukulele Group

to anyone aged 16 and over. Call 902-765-2386. valleyukulele@gmail.com.

### Exercise class

Fellowship Centre, 208 Dodge with our LEGO games and build-required. Road. Call Wendy at 902-765- ing challenges! Registration is **Teen yoga** 0135 for info.

# March break day camp

. 'The Spanish Tragedy' playwright

25. Surrounds the earth

32. Belonging to Egyptian ascetic

Apollo's colleague

3. Patriotic women (abbr.)

. Vaccine against poliomyelit

33. Type of mental illness

36. 007's creator

7. Direct toward

40. Large terrier 41. Hillsides

46. For each

44. Connects words

Flower cluster

. American state

49. Closes a deal

28. Succulent plant

26 Paddle

March 12 and 13, 9:30 a.m. to greeting card

Three easy ways to enter

2. Fax: 902-765-1717

# com or 902-825-3537.

Fellowship Centre, 208 Dodge Music madness

### Church program

March 13, 6 p.m., Alpha course is showing off its new Be Fit a.m., the Rosa M. Harvey Middle-March 12, 7 p.m. to 8:30 p.m., at the Wilmot Baptist Christian Kits - stop by and try them out! ton & Area Library invites you to the Bridgetown Ukulele Group Fellowship Centre, 208 Dodge Throw, run, dance, play with join us to welcome spring! Light meets at the Bridgetown library Road, Wilmot. Begins with a parachutes, try yoga. Held in the refreshments and hot beverages the second Monday of the month. potluck meal. Explore the ba- gym, 236 Commercial Street. All will be provided. Registration No experience necessary. No sics of the Christian faith in an ages welcome. uke? No problem! We've got informal environment. Everyone Library escape room

# Make your own LED

required.

noon, there will be a March break March 13, 3 p.m. to 4 p.m., the brary invites teens ages 13 to March 15, 10 a.m. to noon, the program offered at Middleton Lawrencetown - Dr. Frank W. 17 to unplug for a one-hour Kingston Library invites youth Baptist Church. Children ages Morse Memorial Library invites class with yoga instructor Amy ages seven to 10 to build your four to 11 are invited to attend youth ages eight and older to MacDonald. Learn the basics of own musical instrument from this free science-themed camp. light up that special someone's vinyasa flow yoga: move the scratch, then use it to make

### made yourself. We'll be using move and stretch deeply. Mats LED lights, copper tape and provided - dress comfortably and March 12: the Rays of Sunshine coin batteries as well as other bring a water bottle. Monday evenings. Ticket cost: Social group meets the second supplies to make these special Digital art three for \$5, 12 for \$10 and 30 and fourth Monday of each cards that light up. All materials March 14, 1 p.m. to 2 p.m., the

March 13, 2 p.m. to 3 p.m., the **Spring social** 

p.m., the Lawrencetown - Dr. volunteer. Frank W. Morse Memorial Li- Music madness

Registration: middletonbaptist. life with a greeting card you body, calm the mind, breathe

the Aurora | 14 Wing Greenwood, NS

organizations. Submissions are limited to but non lucratif. Ces avis doivent for \$20. Hosted by Valley Cheer month for a lunch and social time supplied. Register at 902-584- Berwick and District Library invites youth ages 13 to 18 to explore some on-line tools that Scottish Country Dance classes Road, Wilmot. Lunch begins March 13, 10 a.m. to noon, join can be used to make your own March 12, 7 p.m. to 9 p.m., at noon, followed by a social Mindy from Kindermusik at the digital art. We'll also be using ns.aliantzinc.ca. Dated announcements auroraeditor@ns.aliantzinc.ca. Les annonces and continuing for eight weeks: until 2 p.m. Guest speakers, craft Kingston library. Make a crazy some drawing tablets to help

March 14, 10 a.m. to 5 p.m. the Berwick and District Library March 13, noon to 1 p.m., the invites kids ages five to 10 to

902-765-0906 or 902-825-4600. of vinyasa flow yoga: move the call 902-765-2128 by 10:30 a.m. at the Wilmot Baptist Christian body, calm the mind breathe, to order. All proceeds support Fellowship Centre, 208 Dodge Road. Call Wendy at 902-765-

Berwick and District Library March 14, 10:30 a.m. to 11:30 required.

### Income tax clinic for teens

extras. This free program is open welcome. No cost or obligation. March 13, 2 p.m. to 3 p.m., the March 14, 5:30 p.m. to 7 p.m., Berwick and District Library the Annapolis Royal Library in-**LEGO building challenge night** invites youth ages nine to 12 to vites teens in for some tax help. March 13, 6:30 p.m. to 7:30 crack the code. Work together in Did you work during 2017? Have March 12, 11 a.m. to noon, p.m., the Rosa M. Harvey Mid- a team to "breakout" the clues you received a T4 slip from the low impact exercise class every dleton & Area Library invites and solve the mystery in just 45 government and are not quite Monday, Wednesday and Friday children of all ages (under five minutes. Bring a clever friend. sure what to do with it? Bring at the Wilmot Baptist Christian with an adult) to test your skills Snacks provided. Registration your paperwork to the library and get free help filing your income tax online. Returns prepared by March 14, 4:30 p.m. to 5:30 an approved Revenue Canada

# 

### Entry deadline: Noon, March 15, 2018

Through our website: www.auroranewspaper.com

3. Drop into our office located on 83A School Road (Morfee Annex)

Phone number Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood. Coupon valid for 30 days.

- 1. Who should you call for kilt making?
- 2. When can you meet Izzy, the beautiful green iguana?
- 3. What is happening March 26th? 4. Who is located at 811 Central Ave?
- 5. Where can you find the 2016 Corolla iM?
  - Congratulations to last week's winner: JENNIFER THIBODEAU

Mimie's PIZZA 683 Central Ave., Greenwood 902-765-6888

902-765-2232

### your own music! With Mindy Minute to Win it challenge from Kindermusik. Registration March 16, 3 p.m. to 4 pm., the ister early.

### required Glorious mud

March 15, 11 a.m. to noon, Fit Kits. Throw, run, dance, play required. with parachutes and try yoga. All **Girl Power: Dreamin' of** ages welcome.

### Exercise class

March 16, 11 a.m. to noon, 0135 for info.

2

9

3

5

**Fun By The Numbers** 

2

6

Rosa M. Harvey Middleton & Lacrosse registration Area Library hosts Minute to Win March 16, 6:30 p.m. to 8 p.m., Café is "open" every first and music but she is also an accom- views and ideas about selected March 15, 10:30 a.m. to 11:30 it challenges. Try your luck and Valley Thunder Lacrosse reg-third Friday at the Tremont Hall, plished visual artist. Tickets \$30 books, usually fiction. For info: a.m., the Bridgetown & Area have tons of silly fun! For chil- istration at the Berwick Apple 738 Tremont Mountain Road. (students \$15), at 902-825-6834, 902-665-2758. Library is brining the outside dren of all ages (under five with Dome. Join the club's 10th sea- Many of the newest and coolest evergreentheatre@gmail.com or Workshop on aging well in. Come dressed to make to an adult). Registration required. son of youth (ages five to 18) games, in a friendly and relaxed cash payment at the door. a mess! Enjoy story time and **Library escape room for teens** lacrosse programming, based environment, 902-765-4326. some "mud" activities. Ages March 16, 2 p.m. to 3 p.m., the out of Kingston and Berwick Breakfast five to 10. Register in advance. Berwick and District Library rinks. The season will begin in March 17, 8 a.m. to 11 a.m., the Berwick and District Library mental wellness during aging. invites youth ages 13 to 15 to mid-April, continuing through there will be a breakfast at the invites kids ages seven to 10 to Guest speaker: Marjorie Willison. crack the code. Work together mid-June. Coaches and referees Aylesford United Church. Free- build your very own LEGO island Find out about the importance of drop in to the Annapolis East in a team to "breakout" the clues are always needed for teams, will offering. Wheelchair acces- paradise: but just when you think social connections, nutrition and Elementary School, 325 Marshall and solve the mystery in just 45 games and tournaments. Visit sible. Come and bring a friend. everything is perfect, disaster exercise, dealing with caregiver Street, as the Annapolis Middle- minutes. Bring a clever friend. www.valleylacrosse.ca or join or Sponsored by the Committee of strikes! Can you save your island stress, dementia and strategies ton library shows off its new Be Snacks provided. Registration Facebook group.

8

5

3

8

2

Here's How It Works: Sudoku puzzles are formatted as a 9x9

grid, broken down into nine 3x3 boxes. To solve a sudoku, the

numbers 1 through 9 must fill each row, column and box. Each

number can appear only once in each row, column and box. You

using the numeric clues already provided in the boxes. The more

sudoku brought to you compliments of

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can figure out the order in which the numbers will appear by

numbers you name, the easier it gets to solve the puzzle!

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For a limited time. While supplies last. No substitutions.

with a sandwich and drink

Summer

solution page 10

8

2

9

3

4

6

### Kidz book club

at the Wilmot Baptist Christian be dreamin' about warmer days, your copy from home. Come At the Evergreen Road. Call Wendy at 902-765- Happiness is a Girl Power night discussion and suggestions of green Theatre, 1941 Stronach Library book club with sunny activities, delicious what we should read next.

### snacks and fun, fun, fun! Reg- Tremont Board Game Café

March 16, 7 p.m. to 9:30 p.m., is well known in the Maritimes book club meets (the third Tuesthe free Tremont Board Game and across Canada mostly for her days of every month) to share LEGO Disaster Island

March 17, 10 a.m. to 11:30 a.m., Society hosts a workshop on Stewards for church expenses. and repair the damage? Make your own... Celtic Art Chase the Ace

March 16, 6:30 p.m. to 8:30 youth book club (ages nine to invites kids ages five to 12 to Pub (second floor), Kentville, Main Street. (Storm date March p.m., the Rosa M. Harvey Mid- 14) is reading "The Neverending make your own art work inspired Monday evenings. Ticket cost: 27.) Register at 902-680-8903. low impact exercise class every dleton & Area Library hosts Girl Story," by Michael Ende. Pick by Celtic symbols. Dress to make three for \$5, 12 for \$10 and 30 Renew your curiosity: LEGOS Monday, Wednesday and Friday Power. It may be a bit early to up a copy at the library or read a mess. Registration required. for \$20. Hosted by Valley Cheer March 20, 3 p.m. to 4 p.m., the Fellowship Centre, 208 Dodge but we are so done with winter! to the library for snacks, fun March 17, 8 p.m., the Ever- Ace Valley Cheer Athletics.

Mountain Road, Margaretsville; March 20, 2 p.m. to 3 p.m., the build LEGO!" Registration required

presents Rose Cousins. Cousins Bridgetown & Area Library adult

for aging well. Free admission lunch and snacks provided March 16, 7 p.m. to 8 p.m., the March 17, 12:30 p.m. to 2 p.m., March 19, 6 p.m. to 7:30 p.m., Workshop will be held at the Berwick and District Library the Berwick and District Library come Chase the Ace at Paddy's Wolfville Baptist Church, 487

March 20, 9 a.m. to 3 p.m., the

Kings County Seniors' Safety

Athletics. Facebook: Chase the Rosa M. Harvey Middleton & Area Library invites youth (under five with an adult) to "Keep calm and

LIBRA - Sept 23/Oct 23

Scorpio, you can use a little personal

recognition this week, even if you

you some words of praise. Use

those positive words as inspiration.

The ups and downs that have

are about to become a little more

complex, Sagittarius. These plot

express your fun-loving side. Take

some cues from friends who can

in your current success, but you

accomplishments aren't that big

AQUARIUS - Jan 21/Feb 18

twists can be exciting

get you to relax.

SAGITTARIUS - Nov 23/Dec 21

# patrick's puzzle horoscopes March 11 - March 17 solution page 10

Q D H O R S T P R N M A A Q D N S B A P

V A I X T E A A R A E I N G B L O A R B

A K C X N I R E A A P V C N K P O O W A

E C X H N A K A T T N E T T O B S N G D

A K C T E X R E G R S C G V I I P E M D

R Y S V J S C X I Q S S V C Q E E A T U

WORDS

BELTING

CHEST

DTAPHRAGM

DICTION

FALSETT0

FLAT

HEAD

You got it.

ACCOMPANIMENT

ADDUCTED

ALT0

ARIA

ARPEGGIO

BARITONE

KARA0KE

LARYNX

I FGATO

NASAL

NOTES

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PROJECTION

RANGE

RESONANCE

REVERB

SCALE

SHARP

S0L0

SOPRANO .

STACCATO

TECHNIQUE

TEMP0

TENOR.

VIBRAT0

**VOCALS** 

Greenwood Mal

# ARIES - Mar 21/Apr 20

A voice of reason may be telling. Your relationships mean a log you to slow down, Ariés. Listen to to you, Libra. You want to do this voice and take a breather. You D T J N F H L S Y B G N I T L E B G O D E V W C A N D P S Y K O R Y E O U L T T will be glad you did when you get a those close friendships. Be sure to

### chance to sit back and relax. network whenever possible. SCORPIO - Oct 24/Nov 22

TAURUS - Apr 21/May 21 Taurus, it can be challenging to K M J A O A S L L O H D G S A C B R B A measure progress right now, but J C H H P P C O A F J S E C O X C I I L rest assured you're on the right have to encourage others to give C B W O O H M C N R S E O S S L U T V L track. Trust your instincts and let the results speak for themselves.

### GEMINI - May 22/Jun 21

Gemini, communication is your strong suit this week. You may O O E S W P A M E J E G F O T T T H find yourself in a position to convey R O R A M C T T O H J W I J I U N C E Q difficult directions to others or serve E L T A R P H O G S D V O X O O K A I Y as the mouthpiece of the company.

### V A U T P A A N A N J E D P H T D N K D CANCER - Jun 22/Jul 22 CAPRICORN - Dec 22/Jan 20 ERGPEAKNIQIATPKHLSEO Cancer, it may seem like people are You may want to lighten up your mood, Capricorn. Figure out how to

judging you, even before they get to know you or your intentions. Be B N X W M N L F C M U G A W U T L A T D patient and give new relationships UXXOKXYAUEEEVRODGADK time to develop.

## U F W R R S U L F C D N S N H E D S C S LEO-Jul 23/Aug 23

M C I M P I T C H L N X T L L P D A E S Your friendly demeanor puts Aquarius, people want to share others at ease, Leo. However, they may be so enamored with your don't share the same views personality that they overlook your especially when you think you accomplishments this week.

### VIRGO - Aug 24/Sept 22 See if you can go unseen for the PISCES - Feb 19/Mar 20

next few days, Virgo. Now is not Try to escape into a fantasy world

your time to bask in the spotlight. for a little while. Pisces. You don't You might get more done if you have to focus on serious tasks all o sit back and give others a chance the time and will enjoy this respite

horoscopes brought to you compliments of

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To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

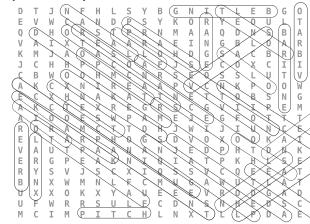
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Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

## crossword solution sudoku solution



# patrick's puzzle



# business booster

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847-1365. (3842-ufnb)

### FOR SALE

FOR SALE - Selling misc. household and personal items at 1936 Auburn on March 14, 2018 at 8 a.m. for Jennifer Riley and Thomas Kawetzki. (3909-2tp)

### SERVICE

CHURCH SERVICE - "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)



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March 6, 14 Wing Greenwood Hercules and Cormorant crews assisted in a medivac, after a call came in from a ship about 250 nautical miles south of Nova Scotia. The weather and sea state at the time was challenging, as a 56-year-old man with appendicitis was picked up and transported to hospital.

EMPLOYMENT Annapolis Valley Exhibition

and services which take place also fall under the purview of the general manager.

those that apply, we will contact those who move on to interview stage.

The Annapolis Valley Exhibition, in Lawrencetown, Anna Co, presents and manages two major events at present

Redneck Rodeo and the Exhibition itself. Many more events make annual use of the venue, and most of the buildings

are used for winter storage. While a great deal of focus is directed towards the actual exhibition, the many other events

The general manager reports directly to the Board of Directors and is responsible for all financial and accounting

controls, securing grant funding, marketing and advertising, sponsor relations, coordination of all aspects of events,

The successful candidate will be proficient with computers, have a keen business sense, and have above average com

munication and presentation skills. The position is seasonal to a minimum of 6 months per year. Salary is negotiable

Please respond with your resume to ANNAPOLIS VALLEY EXHIBITION C/O Dave Logie, President, P.O. Box 100,

Lawrencetown, N.S. BOS 1M0 post marked by March 21, 2018, or by email jampearle67@gmail.com. We thank all of

volunteer committees, entertainment bookings, and hiring and supervision of all office and grounds personnel.

# **SAR** responds in medical emergencies

February 24, the Halifax The aircraft left 14 Wing ed medivac, after a call The Cormorant left Greenport and Rescue) Squadron 2 a.m. February 25.

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NOVA SCOTIA

the Aurora | 14 Wing Greenwood, NS

Joint Rescue Coordination Greenwood about 11:30 came in from a bulk carrier wood about 2:30 a.m., Centre tasked a 413 (Trans- p.m., and returned close to about 250 nautical miles followed by the Hercules south of Nova Scotia. The at 3:30 a.m. A 56-year-old Cormorant helicopter to March 6, both a Hercules weather and sea state at the man with appendicitis was locate and assist an in- and Cormorant crew were time was playing a role in being readied for the mejured snowmobiler near put on standby around 6:30 the call out; around 1 a.m., divac at first light, around Renous, New Brunswick. p.m. to assist in an expect- the official tasking came in. 7 a.m.

GENERAL MANAGER Full time/part time

2018-19 Primary Registration

their Primary Registration on March 26th for all students starting school in September 2018. Registration is by appointment only;

if you have a child eligible to start school in September and have not yet received an appointment time, please call the school at 902-765-7510.

For information on the DRES catchment area, please visit www.avrsb.ca or www.dres.ednet.ns.ca

To be eligible to start school in September 2018, students **must** have reached their 5th birthday on or before December 31, 2018.



# **Seniors' Pharmacare Enrolment**





**Family Pharmacare Enrolment** 





# Sharing experience, opportunity

The recruiting team for 143 Construction Engineering Flight made a stop at Forest Heights Community School in Chester Basin March 7, a great opportunity to not only meet students at the display in the lobby but speak with students in the Skills Trades program. Lots of interested young people! With the students were Aviator Corey Lucas and Corporal Courtney Zwicker.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

# Pick up a glove and help with minor ball

nor Ball is looking for volunteers to join its executive committee.

The club will hold its annual meeting March 22 at 6:30 p.m. in the 14 Wing Greenwood Community Centre to discuss plans, and preparing for ap- 5331 for information.

Kingston/ Greenwood Mi- proximately 150 players. Executive members are needed. Positions for military members include president, vice-president and treasurer; secretary, equipment manager and coach positions are open to all.

Contact 902-765-1494 local

# Lunch and a little chakradance

break at the 14 Wing Greenwood Learning and Career Centre.

p.m., join Leslie Milne, own-

Take a lunch-time learning er, Coyote Moon Healing and Creative Arts; for a chakradance information session.

To register, call learning March 15, noon to 12:45 assistant Kim Smith, Kimberly, 902-765-1494 local 5226.

### Colin Fraser

**Member of Parliament - West Nova** Député - Nova-Ouest

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