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  **the Aurora**  
Vol. 39 No. 10 MARCH 12, 2018 NO CHARGE www.auroranewspaper.com



14 Wing's Food Services Personnel, cooking up their trade in a mobile food truck during Winter Carnival.

S. White

## From field to kitchen

### Military cooks make conditions taste great

**Sara White,**  
Managing editor

Adding food truck-style fun to 14 Wing Greenwood's

recent Winter Carnival is one thing, but working in 140-degree heat, with the swirling dust of Haiti blowing in under the tent flaps of the

field kitchen is another.

"I was 210 pounds and went down to 170 pounds in three-and-a-half months," says Sergeant Tony Edwards,

14 Wing's IC Kitchen; remembering his weight loss while working as a military cook on a Canadian Armed Forces' disaster relief mission.

Continued on page 2...

## Lessons to be learned with 'Respect in the CAF'

**Sergeant James Cowell**

First, it is important I state where I am coming from as I report on the March roll out of the new "Respect in the Canadian Armed Forces (RITCAF)" course.

I joined the military in 1977 as an infantry soldier, serving with the Princess Patricia's Canadian Light Infantry and Airborne Regiment, in what was a harder and meaner military at the time. Over these past 41 years, I have witnessed many cultural changes, both inside and outside the CAF. When Operation Honour started two years ago, many personnel, like myself, initially had our "backs up" - not denying the operation's targeted misconduct within the forces, but reacting to the perception Op Honour was aimed at "alpha males;" that we were to blame for all that is wrong in the military by our actions and language. A natural response for many

was to defend ourselves; this was further aggravated with the introduction of bystander training, known amongst some of us as "back stabber" training - completely against the long-standing grain of an effective fighting force: one does not "rat out" a brother-or sister-in-arms. Having said all of this, Op Honour was the order of the day and, as highly trained personnel, we would obey.

February 27, I did not go into the classroom at the 14 Wing Greenwood Fitness & Sports Centre to attend the first session of RITCAF with a "warm and fuzzy" feeling. I volunteered for this assignment for many reasons; I am very glad I did.

This new course is offered in collaboration with Op Honour and the Personnel Support Programs (PSP) Health Promotion staff. I sat in the class as a student and reporter, this being known to the HP instructor Lisa White, as well

Continued on page 2...

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January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Jeremy Adenstedt, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Captain Christopher Appleby, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Matthew Brown, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Nicholas Chalton, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Masert Corporal Hugo Couet, centre, was presented the General Service Medal- Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Captain Nicolas Fortin, centre, was presented the general Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Sergeant Daniel Gould, centre, was presented with the Royal Canadian Air Force 1,000 hours certificate by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Joel Gravel, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal James Greenland-Perry, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Master Corporal Tyler Hatfield, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Justin Holmes, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Martin Joannis, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Jesse Nagel, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Master Corporal Harry Perera, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Cory Prosper, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Jonathan Provost, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick




January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Corporal Bruce Ramsay, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



January 25, during a 405 (Long Range Patrol) Squadron honours and awards ceremony, Aviator Michael Shain, centre, was presented the General Service Medal – Expedition by Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Craig Chislett.

Master Corporal Conrick



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Whose total gross income from all sources for the year 2017, excluding any allowance paid pursuant to the War Veterans Allowance Act (Canada) or pension paid pursuant to the Pension Act (Canada), but **including** the income of all members of the same family residing in the same household, is less than **\$35,000** gross income, and;

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~ *Obituary* ~

**MAHAR, Earle Harris,**  
Greenwood, NS

MAHAR, Earle Harris - age 74 of Greenwood Square, passed away Tuesday, February 27, 2018 in Soldiers Memorial Hospital, Middleton. Born in Kentville, Earle was the son of Bernice (Webber) Mahar, Grand View Manor, Berwick and the late Henry Mahar. Earle was a Veteran of the Canadian Armed Forces retiring as a Warrant Officer after 33 years of service. He enjoyed golfing, fishing, and gardening in his retirement. He loved his dogs Jocko and Molly. Besides his mother, Earle will be sadly missed by his loving wife of 53 years, Linda Marie (Hiltz); son Scott (Karen) Mahar and their children, Cody (CJ) and Jessie of Clearbrook, BC; daughter Michelle (Jason) Finch of Telkwa, BC and their children, Kyle (Vanessa) of Summerside PEI and Nicole (Steve) of Terrace BC; sisters Sandra Graves of Berwick and Judy(Tim) Fredericks of Middle Sackville. He is also survived by many nieces and nephews. In keeping with Earle’s wishes, cremation has taken place and there be no visitation or service. The family wishes to thank the Kingston Legion, the VON, and Palliative Care for all their support during this trying time. A special thanks to our friends for their support. Donations in memory may be made to the Canadian Cancer Society or to Soldiers Memorial Hospital. Arrangements have been entrusted to Middleton Funeral Home 398 Main St. 902-825-3448. Online guestbook may be signed by visiting: [www.middletonfuneralhome.com](http://www.middletonfuneralhome.com)





# Flight open house shows off people, work, opportunity



Members of 143 Construction Engineering Flight opened their training facility's doors February 24 for a community open house, allowing visitors to meet the flight's people, and learn more about what they do

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

**Honorary Colonel  
Dan Hennessey,  
14 Construction  
Engineering Squadron**

To say 143 Construction Engineering Flight is a hidden gem in Lunenburg County would be an understatement: February 24, that may have changed a little. 143 CEF has been operating in Lunenburg County since 1994 as a Reserve unit, part of 14 Construction Engineering Squadron. The unit operates out of its facility at 391 Harold Whynot Road, close to the Osprey Ridge Golf Course. The flight has created a great reputation for itself, participating in operations in Canada and around

the world; and members of the flight have worked on numerous projects for local not-for-profit organizations, building stairs for the Legion, renovating community halls, building walking trails and bridges and more – all to keep their skills at the ready for possible deployments. The mantra of the unit is “Recruit, Train and Deploy.” The main goal for the open house was to familiarize the public with the many aspects of the flight and its work. The unit wants to promote the opportunities currently available, which range from construction and mechanical trades to office administrators, heavy equipment operators and supply technicians.

The Reserves is vastly different than the Regular force: you are hired, trained and then have the opportunity to continue to work, right here in Lunenburg County. The event was the first occasion at which the public was invited to visit the actual flight building. Members of 143 CEF have been actively taking their message out to community organizations, schools and highly visible public events, but this event gave members the opportunity to give visitors a hands-on display, showcasing much of what had been unknown.

Flight Commander Captain Ray Doiron spoke of the three major measures of success, in his mind, this event was being evaluated by, including clearing up misconceptions, and speaking with people who were unaware of the opportunities the flight provides (jobs, training, and education) as well as what was expected of those who joined.

“Visitors were pleasantly surprised to hear that training is free, you receive a competitive salary, you have a flexible schedule and that there are many opportunities for advancement.

“It was great to have members of the community see what we do and meet the people that do it. Visitors were engaged and keen to learn about our history, the people we employ, where we go and how we serve our country.”

Doiron was also pleased to see his flight's members recognized by the community.

“With this event - and with each event we hold, it is good to see more and more people gain a better understanding and get to know the people that make up the unit. It is fostering a positive relationship, where we feel like the community is rallying for us and promoting us in a positive way. Even with the altruistic nature of the members, it is great to see them being appreciated.”

# Reno rejuvenates wing's Tow Bar

**Sara White,  
Managing editor**

14 Wing Greenwood personnel turned out February 23 to raise a glass to the future of a renewed Tow Bar.

The social club, tucked in the Annapolis Mess, has long been a meeting place, watering hole, entertainment space and “home” for members of the defence team here in Greenwood, and those visiting the base for training or exercises. Last year, then-Commander Colonel Pat Thauberger and Wing Chief Warrant Officer Luc Emond spearheaded renovation plans, aiming to put the wing and its

people into the bar.

Emond first visited Greenwood in 2009 as a career manager, and remembers his first impressions of the then Back Bar.

“There were a couple of beer signs, white walls, a few hockey jerseys – all of us were just stuck here, a few of us in the evenings after work, and there was no atmosphere, no nothing,” he said. “When I came back as the chief, I talked to Colonel Thauberger: we needed to change this.”

It started with a name change and, while Emond hoped for something more imaginative than “Back Bar,” “Tow Bar” was

the suggested entry that won.

“It's not as cool as ‘Wobbly Prop,’ (CFB Winnipeg's bar's name) sure – but it means we operate as one,” Emond acknowledged, with a nod to 14 Wing's motto. “We use a tow bar on the airfield, with our transport crews – all over the wing.”

A contributed tow bar now hangs in the bar, and 14 Wing Commander Colonel Mike Adamson was the first to “zap” it with a 14 Wing decal. It's hoped many more decals will plaster the tow bar.

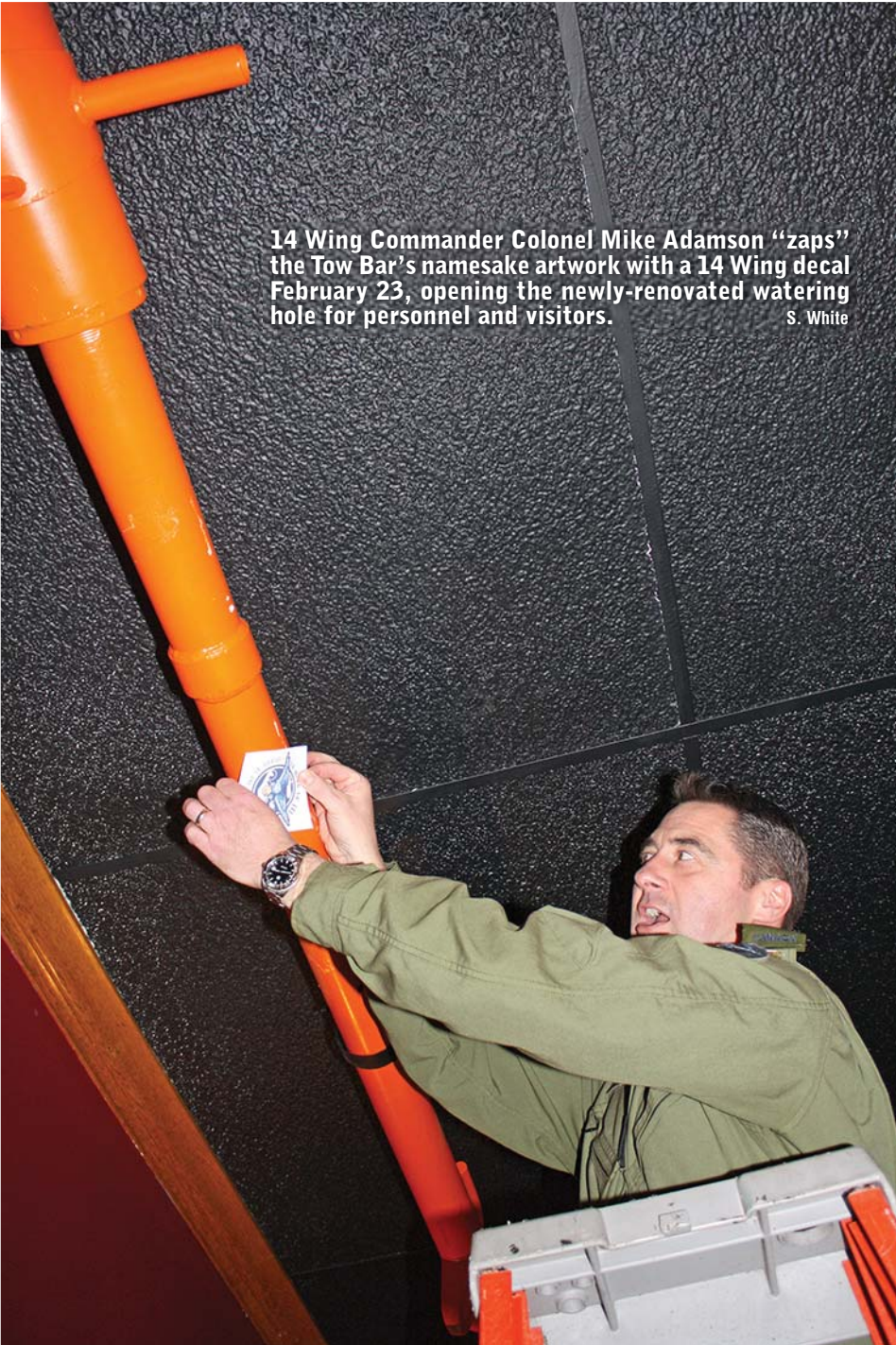
New paint, flooring, brickwork and furniture; plus a new wall mural, painted by Master Corporal Pam and Sergeant Aaron Evans depicting the wing's past and present, will complete the renovation by the end of March; the opening February 23 was an opportunity to have personnel in during the annual Winter Carnival, and tee up a carnival beer tasting to determine by vote what local ale will be on tap.

Emond thanked a long list of people on the wing who helped get the renovation from the ideas stage to actuality, from planning and contracting to finance and administration to trades work and design.



Wing Chief Warrant Officer and Colonel Mike Adamson raise a glass to mark the renovation of the wing's Tow Bar. Adamson's predecessor, Colonel Pat Thauberger, and Emond drove the project, wanting to see the wing's past, present – and people – an integral part of the social space.

S. White



14 Wing Commander Colonel Mike Adamson “zaps” the Tow Bar's namesake artwork with a 14 Wing decal February 23, opening the newly-renovated watering hole for personnel and visitors.

S. White

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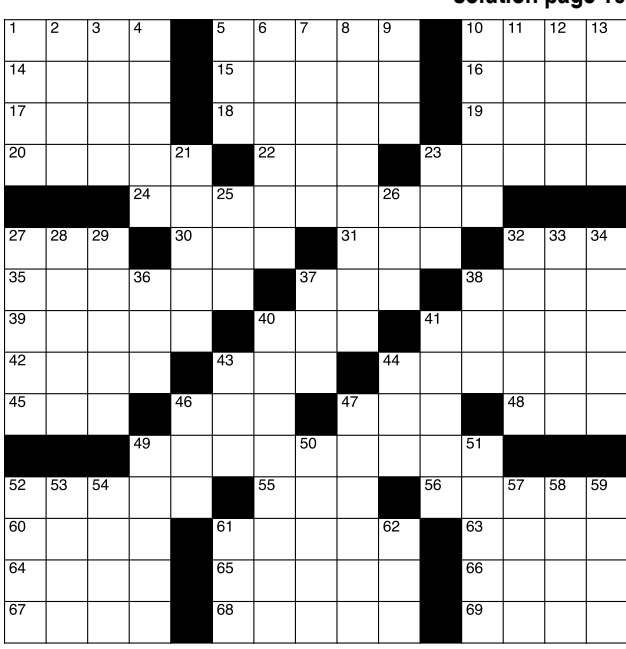
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The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.alianztinc.ca](mailto:auroraeditor@ns.alianztinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

# metro crossword



- ACROSS**
- 1. Unpleasant substance
  - 5. Oil group
  - 10. One-time Yankee rookie sensation
  - 14. Ireland
  - 15. Less easily found
  - 16. Southeast Nigeria people
  - 17. Bridgeline Digital stock designation
  - 18. Play loudly
  - 19. Elegantly fashionable
  - 20. Open sore
  - 22. Frozen water
  - 23. Sacred Islamic site
  - 24. Kokomo rockers
  - 27. Follows sigma
  - 30. Cease to exist
  - 31. Cool
  - 32. Doctors' group
  - 35. Less attractive
  - 37. Swiss river
  - 38. Greek sophist
  - 39. Grandmothers
  - 40. Afflict
  - 41. Russian pancake of buckwheat flour and yeast
  - 42. Actress - Rachel Wood
  - 43. Not bright
  - 44. Western Asia peninsula
  - 45. Baseball speedster Gordon
  - 46. Golf score
  - 47. Transmits genetic information from DNA to the cytoplasm
  - 48. Diego, Francisco, Anselmo
  - 49. Songs to one's lover
  - 52. Cattle's mammary gland
  - 55. Having ten
  - 56. Fencing sword
  - 60. Scarlett's home
  - 61. Hold valuables
  - 63. Italian Seaport
  - 64. Cain and
  - 65. Bad places to live
  - 66. Large, wading bird
  - 67. Witches
  - 68. Cover with drops
  - 69. Props up the head
- DOWN**
- 1. Philippine province
  - 2. Shallow channel
  - 3. Type of acid
  - 4. Cygnus' brightest star
  - 5. One who buys and sells securities (abbr.)
  - 6. Ill will
  - 7. Plant of the goosefoot family
  - 8. Intellectual
  - 9. Mineral
  - 10. Shiny silicate minerals
  - 11. Ottoman civilian title
  - 12. What you wear when eating BBQ (2 words)
  - 13. Soul and calypso song
  - 21. Advises
  - 23. The Spanish Tragedy' playwright
  - 25. Surrounds the earth
  - 26. Paddle
  - 27. Adjusted
  - 28. Succulent plant
  - 29. Forearm bones
  - 32. Belonging to Egyptian ascetic
  - 33. Apollo's colleague
  - 34. Type of mental illness
  - 35. One from Asia
  - 36. 007's creator
  - 37. Direct toward
  - 38. Pie - mode
  - 40. Large ferrier
  - 41. Hillsides
  - 43. Patriotic women (abbr.)
  - 44. Connects words
  - 46. For each
  - 47. Flower cluster
  - 49. Closes a deal
  - 50. Arabian desert
  - 51. Vaccine against poliomyelitis
  - 52. American state
  - 53. Religion practiced in China
  - 54. Type of sediment
  - 57. Hall of Farmer Ruth
  - 58. Layla' singer Clapton
  - 59. Gamble
  - 61. Sino-Soviet block (abbr.)
  - 62. Midway between south and southwest

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**Chase the Ace**  
March 12, 6 p.m. to 7:30 p.m., come Chase the Ace at Paddy's Pub (second floor), Kentville, Monday evenings. Ticket cost: three for \$5, 12 for \$10 and 30 for \$20. Hosted by Valley Cheer Athletics. Facebook: Chase the Ace Valley Cheer Athletics.

**Scottish Country Dance classes**  
March 12, 7 p.m. to 9 p.m., and continuing for eight weeks: Scottish Country Dance classes at the Wilmot Community Centre. Scottish Country is a social dance form, so no experience, partner or special attire is required. Suitable for any adult from 16 to 96. Learn how to reel and wheel, pousette and allemande. Instructor: Susan Van Horne. There is \$5 nightly fee to cover the cost of the hall. Information: 902-765-0906 or 902-825-4600.

**Bridge**  
March 12, 1 p.m., the Macdonald Museum Bridge Group meets at St. John's United Church in Middleton, weather permitting.

**Bridgetown Ukulele Group**  
March 12, 7 p.m. to 8:30 p.m., the Bridgetown Ukulele Group meets at the Bridgetown library the second Monday of the month. No experience necessary. No uke? No problem! We've got extras. This free program is open to anyone aged 16 and over. [valleyukulele@gmail.com](mailto:valleyukulele@gmail.com).

**Exercise class**  
March 12, 11 a.m. to noon, low impact exercise class every Monday, Wednesday and Friday at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road. Call Wendy at 902-765-0135 for info.

**March break day camp**  
March 12 and 13, 9:30 a.m. to noon, there will be a March break program offered at Middleton Baptist Church. Children ages four to 11 are invited to attend this free science-themed camp.

Registration: [middletonbaptist.com](http://middletonbaptist.com) or 902-825-3537.

**Social group**  
March 12: the Rays of Sunshine Social group meets the second and fourth Monday of each month for a lunch and social time at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Lunch begins at noon, followed by a social until 2 p.m. Guest speakers, craft displays, games - something different each week. Open to men and women of all ages. Call Nancy at 902-765-4124 for info.

**Teen yoga**  
March 13, 12:30 p.m. to 1:30 p.m., the Bridgetown & Area Library invites youth ages 13 to 17 to unplug during a one-hour class with yoga instructor Amy MacDonald. Learn the basics of vinyasa flow yoga: move the body, calm the mind breathe, move, & stretch deeply mats provided - dress comfortably and bring a water bottle.

**Church program**  
March 13, 6 p.m., Alpha course at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Begins with a potluck meal. Explore the basics of the Christian faith in an informal environment. Everyone welcome. No cost or obligation. Call 902-765-2386.

**LEGO building challenge night**  
March 13, 6:30 p.m. to 7:30 p.m., the Rosa M. Harvey Middleton & Area Library invites children of all ages (under five with an adult) to test your skills with our LEGO games and building challenges! Registration is required.

**Make your own LED greeting card**  
March 13, 3 p.m. to 4 p.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library invites teens ages 13 to 17 to unplug for a one-hour class with yoga instructor Amy MacDonald. Learn the basics of vinyasa flow yoga : move the

body, calm the mind, breathe, move and stretch deeply. Mats provided - dress comfortably and bring a water bottle.

**Digital art**  
March 14, 1 p.m. to 2 p.m., the Berwick and District Library invites youth ages 13 to 18 to explore some on-line tools that can be used to make your own digital art. We'll also be using some drawing tablets to help us out.

**Whimsical Wednesday**  
March 14, 10 a.m. to 5 p.m., the Berwick and District Library invites kids ages five to 10 to drop in for crafts, activities and stories.

**Exercise class**  
March 14, 11 a.m. to noon, low impact exercise class every Monday, Wednesday and Friday at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road. Call Wendy at 902-765-0135 for info.

**Spring social**  
March 14, 10:30 a.m. to 11:30 a.m., the Rosa M. Harvey Middleton & Area Library invites you to join us to welcome spring! Light refreshments and hot beverages will be provided. Registration required.

**Income tax clinic for teens**  
March 14, 5:30 p.m. to 7 p.m., the Annapolis Royal Library invites teens in for some tax help. Did you work during 2017? Have you received a T4 slip from the government and are not quite sure what to do with it? Bring your paperwork to the library and get free help filing your income tax online. Returns prepared by an approved Revenue Canada volunteer.

**Music madness**  
March 15, 10 a.m. to noon, the Kingston Library invites youth ages seven to 10 to build your own musical instrument from scratch, then use it to make

your own music! With Mindy from Kindermusik. Registration required

**Glorious mud**  
March 15, 10:30 a.m. to 11:30 a.m., the Bridgetown & Area Library is brining the outside in. Come dressed to make to a mess! Enjoy story time and some "mud" activities. Ages five to 10. Register in advance.

**Be Fit Kit 2.0 Launch**  
March 15, 11 a.m. to noon, drop in to the Annapolis East Elementary School, 325 Marshall Street, as the Annapolis Middleton library shows off its new Be Fit Kits. Throw, run, dance, play with parachutes and try yoga. All ages welcome.

**Exercise class**  
March 16, 11 a.m. to noon, low impact exercise class every Monday, Wednesday and Friday at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road. Call Wendy at 902-765-0135 for info.

**Spring social**  
March 14, 10:30 a.m. to 11:30 a.m., the Rosa M. Harvey Middleton & Area Library invites you to join us to welcome spring! Light refreshments and hot beverages will be provided. Registration required.

**Income tax clinic for teens**  
March 14, 5:30 p.m. to 7 p.m., the Annapolis Royal Library invites teens in for some tax help. Did you work during 2017? Have you received a T4 slip from the government and are not quite sure what to do with it? Bring your paperwork to the library and get free help filing your income tax online. Returns prepared by an approved Revenue Canada volunteer.

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March 15, 10:30 a.m. to 11:30 a.m., the Bridgetown & Area Library is brining the outside in. Come dressed to make to a mess! Enjoy story time and some "mud" activities. Ages five to 10. Register in advance.

**Be Fit Kit 2.0 Launch**  
March 15, 11 a.m. to noon, drop in to the Annapolis East Elementary School, 325 Marshall Street, as the Annapolis Middleton library shows off its new Be Fit Kits. Throw, run, dance, play with parachutes and try yoga. All ages welcome.

**Exercise class**  
March 16, 11 a.m. to noon, low impact exercise class every Monday, Wednesday and Friday at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road. Call Wendy at 902-765-0135 for info.

**Spring social**  
March 14, 10:30 a.m. to 11:30 a.m., the Rosa M. Harvey Middleton & Area Library invites you to join us to welcome spring! Light refreshments and hot beverages will be provided. Registration required.

**Income tax clinic for teens**  
March 14, 5:30 p.m. to 7 p.m., the Annapolis Royal Library invites teens in for some tax help. Did you work during 2017? Have you received a T4 slip from the government and are not quite sure what to do with it? Bring your paperwork to the library and get free help filing your income tax online. Returns prepared by an approved Revenue Canada volunteer.

**Music madness**  
March 15, 10 a.m. to noon, the Kingston Library invites youth ages seven to 10 to build your own musical instrument from scratch, then use it to make



**sudoku**

solution page 10

9	4				7		1	8
1	2		9		8	7		6
						2		
		2		3			8	
	9		1	8		3		5
	3	6		7			2	4
					1	5	4	2
2			7		3			
7	5		8	2		6	9	

Level: Beginner

**Fun By The Numbers**  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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snacks and fun, fun, fun! Register early.

**Lacrosse registration**  
March 16, 6:30 p.m. to 8 p.m., Valley Thunder Lacrosse registration at the Berwick Apple Dome. Join the club's 10th season of youth (ages five to 18) lacrosse programming, based out of Kingston and Berwick rinks. The season will begin in mid-April, continuing through mid-June. Coaches and referees are always needed for teams, games and tournaments. Visit [www.valleylacrosse.ca](http://www.valleylacrosse.ca) or join our Facebook group.

**Kidz book club**  
March 16, 7 p.m. to 8 p.m., the Berwick and District Library youth book club (ages nine to 14) is reading "The Neverending Story," by Michael Ende. Pick up a copy at the library or read your copy from home. Come to the library for snacks, fun discussion and suggestions of what we should read next.

**Girl Power: Dreamin' of Summer**  
March 16, 6:30 p.m. to 8:30 p.m., the Rosa M. Harvey Middleton & Area Library hosts Girl Power. It may be a bit early to be dreamin' about warmer days, but we are so done with winter! Happiness is a Girl Power night with sunny activities, delicious



**patrick's puzzle**

solution page 10

**VOCAL ABILITY WORD SEARCH**

D T J N F H L S Y B G N I T L E B G O D  
E V W C A N D P S Y K O R A Y E O U L T T  
Q D H O R S T P R N M A Q D N S B A P  
V A I X T E A A R A E I N G B L O A R B  
K M J A O A S L L O H D G S A C B R B A  
J C H H P P C O A F J S E C O X C I I L  
C B W O O H M C N R S E O S S L U T V L  
A K C X N I R E A A P V C N K P O W A  
E C X H N A K A T T N E T T O B S N G D  
A K C T E X R E G R S C G V I I P E M D  
A I O O E S W P A M E J E G F O T T H  
R O R A M C T T O H J W I J I U N C E Q  
E L T A R P H O G S D V O X O O K A I Y  
V A U T P A A N A N J E D P H T D N K D  
E R G P E A K N I Q I A T P C H L S E O  
R Y S V J S C X I Q S S V C Q E E A T U  
B N X W M N L F C M U G A W U T L A T D  
U X X O K X Y A U E E V R O D G A D K  
U F W R R S U L F C D N S N H E D S C S  
M C I M P I T C H L N X T L L P D A E S

**WORDS**

ACCOMPANIMENT	BELTING	KARAOKE	POWER	SOLO
ADDUCTED	CHEST	LARYNX	PROJECTION	SOPRANO
ALTO	DIAPHRAGM	LEGATO	RANGE	STACCATO
ARIA	DICTION	NASAL	RESONANCE	TECHNIQUE
ARPEGGIO	FALSETTO	NOTES	REVERB	TEMPO
BALLAD	FLAT	PHRASING	SCALE	TENOR
BARITONE	HEAD	PITCH	SHARP	VIBRATO
				VOCALS

**Fun By The Numbers**  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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**Tremont Board Game Café**  
March 16, 7 p.m. to 9:30 p.m., the free Tremont Board Game Café is "open" every first and third Friday at the Tremont Hall, 738 Tremont Mountain Road. Many of the newest and coolest games, in a friendly and relaxed environment. 902-765-4326.

**Breakfast**  
March 17, 8 a.m. to 11 a.m., there will be a breakfast at the Aylesford United Church. Free-will offering. Wheelchair accessible. Come and bring a friend. Sponsored by the Committee of Stewards for church expenses.

**Make your own... Celtic Art**  
March 17, 12:30 p.m. to 2 p.m., the Berwick and District Library invites kids ages five to 12 to make your own art work inspired by Celtic symbols. Dress to make a mess. Registration required.

**At the Evergreen**  
March 17, 8 p.m., the Evergreen Theatre, 1941 Stronach Mountain Road, Margaretsville;

presents Rose Cousins. Cousins is well known in the Maritimes and across Canada mostly for her music but she is also an accomplished visual artist. Tickets \$30 (students \$15), at 902-825-6834, [evergreentheatre@gmail.com](mailto:evergreentheatre@gmail.com) or cash payment at the door.

**LEGO Disaster Island**  
March 17, 10 a.m. to 11:30 a.m., the Berwick and District Library invites kids ages seven to 10 to build your very own LEGO island paradise: but just when you think everything is perfect, disaster strikes! Can you save your island and repair the damage?

**Chase the Ace**  
March 19, 6 p.m. to 7:30 p.m., come Chase the Ace at Paddy's Pub (second floor), Kentville, Monday evenings. Ticket cost: three for \$5, 12 for \$10 and 30 for \$20. Hosted by Valley Cheer Athletics. Facebook: Chase the Ace Valley Cheer Athletics.

**Library book club**  
March 20, 2 p.m. to 3 p.m., the

Bridgetown & Area Library adult book club meets (the third Tuesdays of every month) to share views and ideas about selected books, usually fiction. For info: 902-665-2758.

**Workshop on aging well**  
March 20, 9 a.m. to 3 p.m., the Kings County Seniors' Safety Society hosts a workshop on mental wellness during aging. Guest speaker: Marjorie Willison. Find out about the importance of social connections, nutrition and exercise, dealing with caregiver stress, dementia and strategies for aging well. Free admission, lunch and snacks provided. Workshop will be held at the Wolfville Baptist Church, 487 Main Street. (Storm date March 27.) Register at 902-680-8903.

**Renew your curiosity: LEGOS**  
March 20, 3 p.m. to 4 p.m., the Rosa M. Harvey Middleton & Area Library invites youth (under five with an adult) to "Keep calm and build LEGO!" Registration required.



**horoscopes**

March 11 - March 17

**ARIES - Mar 21/Apr 20**  
A voice of reason may be telling you to slow down, Aries. Listen to this voice and take a breather. You will be glad you did when you get a chance to sit back and relax.

**TAURUS - Apr 21/May 21**  
Taurus, it can be challenging to measure progress right now, but rest assured you're on the right track. Trust your instincts and let the results speak for themselves.

**GEMINI - May 22/Jun 21**  
Gemini, communication is your strong suit this week. You may find yourself in a position to convey difficult directions to others or serve as the mouthpiece of the company.

**CANCER - Jun 22/Jul 22**  
Cancer, it may seem like people are judging you, even before they get to know you or your intentions. Be patient and give new relationships time to develop.

**LEO - Jul 23/Aug 23**  
Your friendly demeanor puts others at ease, Leo. However, they may be so enamored with your personality that they overlook your accomplishments this week.

**VIRGO - Aug 24/Sept 22**  
See if you can go unseen for the next few days, Virgo. Now is not your time to bask in the spotlight. You might get more done if you sit back and give others a chance to shine.

**LIBRA - Sept 23/Oct 23**  
Your relationships mean a lot to you, Libra. You want to do everything possible to solidify those close friendships. Be sure to network whenever possible.

**SCORPIO - Oct 24/Nov 22**  
Scorpio, you can use a little personal recognition this week, even if you have to encourage others to give you some words of praise. Use those positive words as inspiration.

**SAGITTARIUS - Nov 23/Dec 21**  
The ups and downs that have defined a romantic relationship are about to become a little more complex, Sagittarius. These plot twists can be exciting.

**CAPRICORN - Dec 22/Jan 20**  
You may want to lighten up your mood, Capricorn. Figure out how to express your fun-loving side. Take some cues from friends who can get you to relax.

**AQUARIUS - Jan 21/Feb 18**  
Aquarius, people want to share in your current success, but you don't share the same views - especially when you think your accomplishments aren't that big a deal.

**PISCES - Feb 19/Mar 20**  
Try to escape into a fantasy world for a little while, Pisces. You don't have to focus on serious tasks all of the time and will enjoy this respite.

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# classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included. Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

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### crossword solution

C	R	U	D		A	M	O	C	O		M	A	A	S
E	I	R	E		R	A	R	E		I	G	B	O	
B	L	I	N		B	L	A	R	E		C	H	I	C
V	L	C	E	R		I	C	E		K	A	A	B	A
					B	E	A	C	H	B	O	Y	S	
T	A	U		D	I	E		R	A	D		A	M	A
U	G	L	I	E		A	A	R		A	B	A	S	
N	A	N	A	S		A	I	L		B	L	I	N	I
E	V	A	N		D	I	M		A	R	A	B	I	A
D	E	E		P	A	R		R	N	A		S	A	N
					S	E	R	E	N	A	D	E	S	
U	D	D	E	R		D	E	C		S	A	B	E	R
T	A	R	A		S	A	F	E	S		B	A	R	I
A	B	E	L		S	L	U	M	S		I	B	I	S
H	A	G	S		B	E	D	E	W		N	E	C	K

### patrick's puzzle

D	T	J	N	F	H	L	S	S	Y	B	G	N	T	T	L	E	B	G	O	T	P
Q	V	A	I	X	T	E	A	R	N	M	A	A	Q	D	N	U	L	B	A	R	B
K	M	J	A	O	P	A	S	L	A	H	D	G	C	A	L	O	B	R	I	T	W
J	C	H	J	O	A	S	L	O	A	J	S	E	O	C	S	L	O	V	T	W	
C	B	W	O	D	H	N	C	N	C	S	E	O	C	S	L	O	V	T	W		
A	C	K	C	X	N	T	R	E	A	T	I	N	G	K	P	O	S	O	N	E	M
E	A	C	K	C	X	N	T	R	E	A	T	I	N	G	K	P	O	S	O	N	E
A	C	K	C	X	N	T	R	E	A	T	I	N	G	K	P	O	S	O	N	E	M
A	C	K	C	X	N	T	R	E	A	T	I	N	G	K	P	O	S	O	N	E	M
R	E	V	E	L	U	P	E	A	D	N	T	A	I	E	P	K	H	N	S	F	O
B	N	X	W	M	N	L	C	H	M	S	S	A	V	I	D	G	A	D	K	S	
U	F	X	X	O	K	X	Y	A	E	E	F	R	O	D	G	A	D	K	S		
U	F	W	R	R	S	U	L	P	C	D	N	S	N	E	D	G	A	D	K	S	
M	C	I	M	P	I	T	C	H	L	N	X	T	L	L	P	D	A	E	S		

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**M&M Firewood**  
\$225 a cord. Cut, split and delivered on two cord and over orders. Seasoned hardwood.  
**Milton: 902-825-8440**

FOR RENT – Two bedroom apartment, 175 Commercial Street, Middleton, \$650 per month, tenant to pay power, quiet, non-smoking building, washer/dryer hookup, available now. Please call 902-824-1112

**DAN'S FIREWOOD**  
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Softwood, \$200 a cord  
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**Ph: 902-825-6424**

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FOR RENT – Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

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**mercial retail/ warehouse building. 418 Markland Rd., Kingston, NS. Willing to sub-divide building if necessary. Please contact Greg 902-824-1450 or Joan 902-847-1365. (3842-ufnb)**

### FOR SALE

FOR SALE – Selling misc. household and personal items at 1936 Auburn on March 14, 2018 at 8 a.m. for Jennifer Riley and Thomas Kawetzki. (3909-2tp)

### SERVICE

CHURCH SERVICE – "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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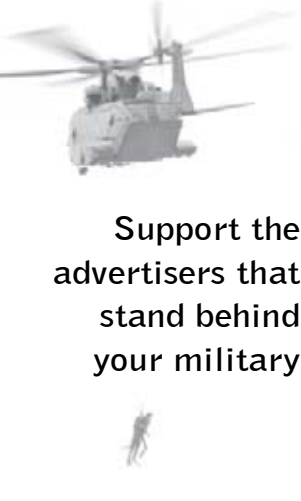


**March 6, 14 Wing Greenwood Hercules and Cormorant crews assisted in a medivac, after a call came in from a ship about 250 nautical miles south of Nova Scotia. The weather and sea state at the time was challenging, as a 56-year-old man with appendicitis was picked up and transported to hospital.**

Submitted

## SAR responds in medical emergencies

February 24, the Halifax Joint Rescue Coordination Centre tasked a 413 (Transport and Rescue) Squadron Cormorant helicopter to locate and assist an injured snowmobiler near Renous, New Brunswick.



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NOVA SCOTIA

## ZX Multisport Club meets March 21

Do you enjoy swimming, biking or running?

The 14 Wing ZX Multisport Club is kicking off a solid year of training and events and extends an invitation to all those interested to attend an introductory meeting March 21, 4 p.m., in the 14 Wing Greenwood Fitness and

Sports Centre classroom.

The club will share information on upcoming events, and take your ideas and thoughts to schedule and tailor activities for members.

For further information, contact Second Lieutenant Carmen Kiltz (Carmen.Kiltz@forces.gc.ca).

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**2018-19 Primary Registration**  
**Dwight Ross Elementary School**  
**Monday March 26, 2018**  
Dwight Ross Elementary School will be holding their Primary Registration on March 26th for all students starting school in September 2018. **Registration is by appointment only;** if you have a child eligible to start school in September and have not yet received an appointment time, please call the school at 902-765-7510.  
For information on the DRES catchment area, please visit [www.avrsb.ca](http://www.avrsb.ca) or [www.dres.ednet.ns.ca](http://www.dres.ednet.ns.ca)  
To be eligible to start school in September 2018, students **must** have reached their 5th birthday on or before December 31, 2018.  
  
**Phone 902-765-7510**

## Seniors' Pharmacare Enrolment

*Time to Renew*

The program year begins April 1st. Look for the renewal package in your mailbox soon.

To learn more about the Seniors' Pharmacare program, or to update your information:  
Call: 1-800-544-6191  
Visit: nspharmacare.ca

NOVA SCOTIA





# Sharing experience, opportunity

The recruiting team for 143 Construction Engineering Flight made a stop at Forest Heights Community School in Chester Basin March 7, a great opportunity to not only meet students at the display in the lobby but speak with students in the Skills Trades program. Lots of interested young people! With the students were Aviator Corey Lucas and Corporal Courtney Zwicker.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron



# Pick up a glove and help with minor ball

Kingston/ Greenwood Minor Ball is looking for volunteers to join its executive committee. The club will hold its annual meeting March 22 at 6:30 p.m. in the 14 Wing Greenwood Community Centre to discuss plans, and preparing for ap-

proximately 150 players. Executive members are needed. Positions for military members include president, vice-president and treasurer; secretary, equipment manager and coach positions are open to all. Contact 902-765-1494 local 5331 for information.

# Lunch and a little chakradance

Take a lunch-time learning break at the 14 Wing Greenwood Learning and Career Centre. March 15, noon to 12:45 p.m., join Leslie Milne, own-

er, Coyote Moon Healing and Creative Arts; for a chakradance information session. To register, call learning assistant Kim Smith, Kimberly, 902-765-1494 local 5226.

## Colin Fraser

Member of Parliament - West Nova  
Député - Nova-Ouest

Colin.Fraser@parl.gc.ca  
1-866-280-5302

2 George Street, P.O. Box 865,  
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