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the Aurora

Vol. 39 No. 32

AUGUST 27, 2018 NO CHARGE

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Woods hike not the ideal SAR

Sara White,
Managing editor

"If it's got to be done, it's got to be done," says Master Corporal Dylan Weller.

Weller and Sergeant Andre Hotton, both search and rescue technicians with 413 (Transport and Rescue) Squadron, 14 Wing Greenwood; were hoping the crackling conversation overheard on a firefighter's radio, including the words "no" and "chopper" might have dropped a full sen-



Master Corporal Dylan Weller (left) and Sergeant Andre Hotton, search and rescue technicians with 413 (Transport and Rescue) Squadron worked into the night August 19 with a half-dozen other agency responders to carry a patient through a wooded trail for hours, heading for help. Weller is currently the newest SAR-Tech in the trade within the Royal Canadian Armed Forces, with just two years operational; Hotton is the most senior, at 28-plus years.

tence – perhaps, "No problem, we'll send a chopper."

The men were deep in the woods of Fundy National Park in New Brunswick August 19, having been lowered around 6 p.m. by a Cormorant helicopter to assist an injured hiker. A paramedic was on the scene, responding after the injured man's girlfriend

had hiked out to find cell service and call for help. The SAR-Techs carried their medical equipment and a Stokes litter – anticipating an extraction hoist back up to the helicopter – from a sandbar about 600 metres away.

"We got there, the trail was rocks, overgrown roots and narrow – the helicopter was 100 per

cent needed," Weller says.

In just a few minutes, the SAR-Techs and the paramedic had the man, who had fallen around 3 p.m. and apparently broken his leg, packed snugly into the Stokes litter. A couple Parks Canada staffers also hiked in by this time, along with a few volunteer firefighters.

Continued on page 2...

Outdoor activities keep responders busy

August 17, a 14 Wing Greenwood Cormorant was tasked while airborne to Alma, Nova Scotia; it was stood down shortly after arriving on scene.

August 19, a Cormorant was tasked to search just after 5 p.m. for a sounding EPIRB near Ingonish, undetermined whether it was on or offshore; but was retasked from that mission around 7:30 p.m. to help in the rescue of an injured hiker in Fundy National Park, New Brunswick.

August 20, a Cormorant left Greenwood just before 7 p.m., headed to the nearby Crystal Falls, just south of the base; to assist in a medevac of an individual with an upper leg injury after a 20 foot fall or jump. The individual was retrieved and transported to Camp Aldershot, for handover to provincial Emergency Health Services. The Cormorant returned to Greenwood just after 8 p.m.

August 21, just after 10 a.m., a 14 Wing Hercules was tasked to provide top cover near the Hibernia oil field, 315 kilometres east of St. John. The aircraft was later stood down, returning to 14 Wing around 5 p.m.

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Woods hike...

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“The helicopter crew had a malfunction - they had to leave. We thought, ‘they’ll land, they’ll fix it, they’ll come back – we’ll just wait.’ Or, another helicopter will get here – it’s not far from Greenwood.”

With no cell service, the helicopter crew couldn’t reach the responders on the ground to pass on news of a delay: up to six hours. After a 45-minute wait, and the unreliable firefighters’ crackling radios, Hutton hiked out along the trail to call in for an update.

“We knew then we had no option but to carry this guy out,” Weller says. “He was good, he was warm, but he was in pain.”

Now about 8:30 p.m. and getting dark, the half-dozen responders prepared for the carry. The SAR-Techs cached their extra gear for Parks Canada staff to retrieve later, dividing up their medical equipment between them. The Stokes litter is the heaviest, sturdiest option used for a patient, but it turned out to be the best for this carry.

“We had to hold him still,

semi-sitting,” Weller says. “It was a narrow trail and, for the first 10 minutes, we could only get a four-man carry. That was pretty tough. Pretty heavy. After that, we were able to get six hands on the stretcher at a time, walk and carry, keep going and trade off. We could put him down, and he’d be secure. A regular army-style stretcher would have been hard on him, setting down on every rock and root.”

Weller said the team of responders was the best he could have hoped for to work with. Halfway along the carry, one of the firefighters joked, pleased he’d been proven right a helicopter extraction was needed.

“And the patient was in the best spirits, he made it awesome for us,” Weller says. “He was doing our counts for us – ‘One, two and lift’ – every time we traded off. The agencies involved all came together, all with the same goal.”

Halfway along the trail, the group met a couple ground search and rescue volunteers, able to lend their hands to the effort. Weller next looked at his watch at

12:30 a.m.: in the back of an ambulance with the patient, heading to the hospital in Moncton.

“He was done by then, tired and in pain, but so grateful,” Weller said.

The ambulance delivered the patient to the hospital and then the SAR-Techs to the airport to join the Cormorant crew. A repair crew from Greenwood had been to the scene, fixed the problem and everyone was able to go home.

“I tried to look online for the trail and measure the distance we carried, but I know it was three-and-a-half hours’ walking. I’ve definitely not done this before, carrying someone this far. We always hoist, maybe having moved someone five or 10 minutes from the woods or a cabin.

“We were on the ground at 6 p.m., ready for the hoist at 6:30 p.m. – 20 minutes to hospital, 20 minutes to handover, 20 minutes flight back to Greenwood. I could have been home by 9 p.m., but it was 4:30 a.m. before I was in my house. This just proved to me how carrying a patient over the ground is NOT the way to do a rescue.”

Tying yellow ribbon to support, services

Sergeant James Cowell, 14 Wing Imaging

Support Our Troops has a communication and perception problem.

Managed and operated by Canadian Forces Morale and Welfare Services (CFMWS), Support our Troops serves military members and their families. The program meets the unique needs and challenges faced by members of the Canadian Armed Forces community as a result of military service, through supported sport, individual, family and youth program funding; community investment and more.

While CFMWS offers recognized and straightforward services through its CANEX and SISIP Financial operations, Support Our Troops depends on proceeds from donations and the sale and licensing of its intellectual property - the yellow ribbon. Sold by licensed vendors – including



Steve Fash from Support Our Troops speaks to Royal Canadian Air Force honorary colonels and guests during a recent tour of 14 Wing Greenwood.

Corporal K. Neate, 14 Wing Imaging

CANEX, or used at Support Our Troops fundraisers and awareness events, there is confusion about the yellow ribbon itself.

Some have mistaken the yellow ribbon for cancer awareness and funding, as this organization’s intellectual property is the yellow daffodil and survivors wear yellow T-shirts. The international military Invictus Games uses the colours yellow and black. Some organizations are unaware using the yellow ribbon requires permission from Support Our Troops, as with any intellectual property.

If you are a corporate sponsor, you want to know where your donations go, and what is the end result? This is

where Nancy Oakley, a professional fundraiser, and Steve Fash come into play. Under the banner, “Strong on all Fronts: Support Our Troops Philanthropic Fundraising Strategy,” the CFMWS is out to show Support Our Troops fundraising is of direct benefit to CAF members and their families. The strategy is to “Link Donors with Outcome:” corporate donors will see how their dollars have made a difference. Oakley and Fash have given themselves a year to connect with sponsors currently using Support Our Troops’ yellow ribbon to clear up any misunderstandings and provide legitimate satisfaction, seeing the positive outcome of their support.

14 Wing part of first RCAF Queen’s Guard

Warrant Officer Jeff Campbell, 14 Wing Greenwood bandmaster

14 Wing’s motto, “Operate as One,” was clearly evident, as a dozen personnel joined the Royal Canadian Air Force contingent marching through the gates of Buckingham Palace June 25.

This summer marked the first time in history the RCAF formed the Queen’s Guard, taking on the responsibility of guarding Her Majesty Queen Elizabeth II and her royal residences June 25 to July 15.

The RCAF contingent was made up of over 120 members from across Canada, including Corporal Sabrena MacKinnon, Corporal Stephane Paquette, Corporal David Wallace, Master Corporal Jennifer Poirier and Warrant Officer Paul Mooney, 14 Air Maintenance Squadron; Corporal Dustin Bennett, 413 Squadron; Corporal Richard Russell, 405 Squadron; Avia-

tor Eric Moreau, 14 Operations Support Squadron; Master Corporal Noella Kennedy and Warrant Officer Alison Montreuil from 14 Mission Support Squadron; Sergeant Alex Vizino, former wing chief’s assistant; and myself. We assembled in Winnipeg in early May to fine tune our drill and learn all of the movements required for ceremonies in the United Kingdom. The guard logged hundreds of hours on 17 Wing’s parade square in preparation for Public Duties.

Captain Clark, Director of Music for the RCAF Band, put together an outstanding group of musicians to support the contingent, the core of which was the RCAF Band from Winnipeg, augmented by several Reserve Force musicians from across Canada and bandmasters from Cold Lake and Greenwood. During Changing of the Guard Ceremonies, the band alternated playing music with the UK bands. The musicians enjoyed this: a battle of the bands in the forecourt of

Buckingham Palace!

Before marching on Buckingham Palace for the first time, the RCAF contingent had to complete a rigorous “fit-for-role” inspection June 21 at the Wellington Barracks in London, conducted by the United Kingdom Household Division. Brigade Major Lieutenant-Colonel Guy Stone was extremely impressed by the RCAF contingent’s turnout and drill movements. He declared us fit to conduct Public Duties.

We completed our first Guard Mount June 25, taking over duties from the British Grenadiers. The RCAF contingent guarded Buckingham Palace, St. James Palace, Windsor Castle and the Tower of London, where the Crown Jewels are located.

At the Tower of London, RCAF members participated in a 700-year-old tradition, the Ceremony of the Keys, whereby the main gates are locked up for the night. Our buglers received many accolades for their performances of “Last

Post” at the conclusion of these ceremonies.

In addition to guarding the royal residences, the RCAF contingent participated in a Freedom of the City Parade in Folkestone, a community with special ties to Canada dating back to the First World War. In 1915, an estimated 40,000 Canadians came to this area before embarking for France.

The RCAF Band also had the privilege of performing a concert at the Horse Guards Palace, as part of the Royal Air Force 100th anniversary celebrations July 10. Members were greeted by Her Royal Highness Princess Alexandra after the concert.

Being a part of the RCAF Public Duties team was a tremendous honour, and likely a once-in-a-lifetime opportunity. I felt an enormous sense of pride as we marched down the Mall in London between Buckingham Palace and St. James Palace, with the route lined by hundreds of enthusiastic spectators.



Flanked by the Union Jack and Royal Air Force flags June 27, the Royal Canadian Air Force Band leads a portion of the RCAF Public Duties contingent down The Mall, from Buckingham Palace to St. James’s Palace, where the contingent mounted guard for 24 hours, part of their task to provide Public Duties for Her Majesty Queen Elizabeth II and help celebrate the 100th anniversary of the Royal Air Force.

Corporal F. Charest

Employment Opportunity

Competition number: # GRD-18-023 File Number: 6004-8 (34)
This Category I position is open to all interested parties.

Administrative Clerk

Non-Public Funds, Aurora Newspaper, 14 Wing Greenwood

Part time Position

Who We Are: Our organization is committed to enhancing the morale and welfare of the military community, ultimately contributing to the operational readiness and effectiveness of the Canadian Armed Forces (CAF). We pride ourselves on being part of the Defence Team. For more information on who we are, please visit us at www.cfmws.com.

Job Summary: Under the supervision of the Managing Editor, the Administrative Clerk calculates, prepares and issues documents related to accounts such as invoices, account statements and other financial statements using computerized and manual systems. He/she prepares and tracks accounts receivable and payable, including advertising revenues, deposits, cheque requisitions, transfers and payments. He/she processes, distributes, and sends incoming or outgoing regular/electronic mail and other material and organizes the flow of information internally and with other departments and organizations. The incumbent answers telephone enquiries/calls and relays messages as well as sets up and/or maintains manual and computerized information filing systems.

Qualifications: College diploma or certificate in Office Administration, Business Administration, Accounting or related field AND some years experience in Office Administration or in a related field High school diploma AND some years of experience in office administration or a related field

OR

A demonstrated equivalent combination of education, training and/or experience. This includes but is not limited to demonstrated military education, training or experience

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- In maintaining electronic and manual filing systems
- In data entry, data manipulation, record-keeping and retrieval techniques
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- In using software for word processing, spreadsheets, presentations, databases, e-mail, and Internet browsing

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Security: Reliability

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NPF is committed to employment equity. Our goal is a diverse, inclusive workforce that reflects the communities we serve. We strongly encourage applications from all of the designated group members. Individuals needing employment accommodation in the hiring process or job postings in an alternative format may contact the NPF Human Resources Manager.

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Submit resume to NPF HR Office quoting competition # GRD-18-023.

Email: nphrgreenwood@cfmws.com or online: www.cfmws.com.

We thank all applicants in advance for their interest in this position, however, only those selected for an interview will be contacted.



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The Aurora News

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www.rcaf-arc.forces.gc.ca

CAF Connection Site
Site du portail communautaire des Forces canadiennes
www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

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Centre des ressources pour les familles des militaires
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bravo zulu | promotions & presentations



Master Corporal Sommerfeld, centre, 14 Wing Met; was recently promoted to current rank by Major Tania Maurice, 14 Operations Support Squadron commanding officer, left; and Master Warrant Officer Boothby. Submitted



Sergeant Dan Lewis, left, was recently presented his 1,000 hours on the Aurora certificate, presented by 415 (Long Range Patrol Force Development) Squadron Lieutenant-Colonel Bernie Thorne. Submitted



July 27, Warrant Officer Francois Leveille, centre, was promoted to current rank by 404 (Long Range Patrol and Training) Squadron Major Gignac, left, and Master Warrant Officer Perreault. Corporal D. Salisbury, Courseware Development



Corporal Richard Rogers, right, recently received his promotion to master corporal from Lieutenant Shaun Noel, acting officer in command of 14 Wing Replenishment Flight.



July 23, Sgt Alex Vizino, right, was presented the 1 Canadian Air Division Chief Warrant Officer Assistant Certificate of Appreciation for valued service, loyalty and dedication to 14 Wing's dress, deportment, morale and welfare during his time in the position, May 2015 to April 2018; by 14 Wing Chief Warrant Officer Luc Emond. Sergeant P. Nicholson, 14 Wing photojournalist



Master Corporal Chad Vatcher, centre, was presented July 27 with the Canadian Forces Decoration by 404 (Long Range Patrol and YTraining) Squadron Major Gignac, left, and Master Warrant Officer Perreault. Corporal D. Salisbury, Courseware Development



July 27, Master Corporal Adam Ropson, centre, was promoted to current rank by 404 (Long Range Patrol and Training) Squadron Major Gignac, left, and Master Warrant Officer Perreault. Corporal D. Salisbury, Courseware Development



Corporal Yves Cinq-Mars, right, recently received his promotion to master corporal from Lieutenant Shaun Noel, acting officer in command of 14 Wing Replenishment Flight.

14 Wing Imaging unless otherwise indicated.



July 25, Sergeant Trevor Sharpe, centre, was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, and Chief Warrant Officer Dean Parsons. Master Corporal K. Conrick, 405 Squadron



July 25, Master Warrant Officer Chris Dempsey, centre, was named Tusker of the Quarter for displaying the highest levels of leadership and professionalism at 413 (Transport and Rescue) Squadron. The certificate was presented by 413 Squadron Lieutenant-Colonel Jean-Francois Gauvin, left, and Chief Warrant Officer Kevin Robarts. Corporal C. Roche, 14 Wing Imaging



July 27, Master Warrant Officer Herbert Howitt, centre, was promoted to current rank by 404 (Long Range Patrol and Training) Squadron Major Gignac, left, and Master Warrant Officer Perreault. Corporal D. Salisbury, Courseware Development

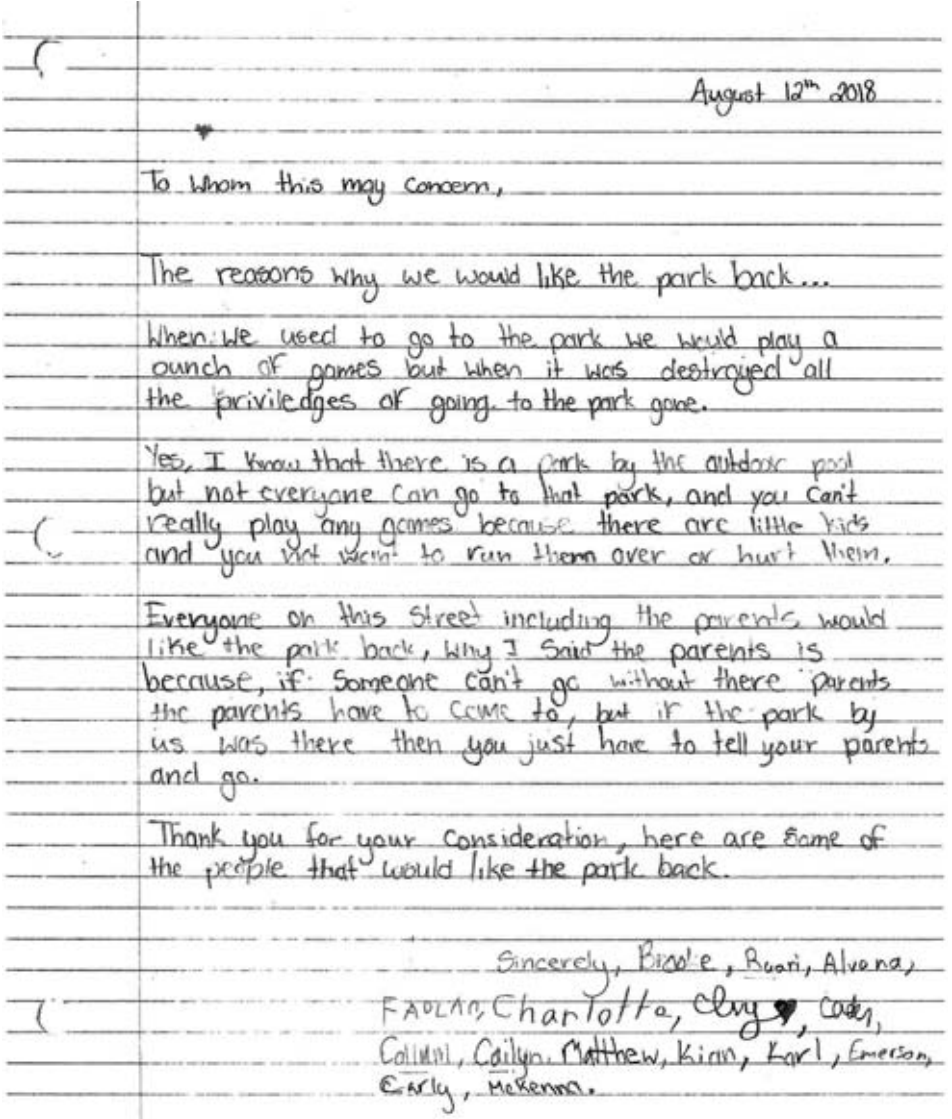


June 19, Master Corporal Terry Hann, centre, was promoted to sergeant by Major Corey Taylor, 405 (Long Range Patrol) Squadron, left; and Chief Warrant Officer Dean Parsons. Leading Seaman L-P Dubé, 14 Wing Imaging

Correspondence could spur playground progress

14 Wing Greenwood Commander Colonel Mike Adamson received a piece of correspondence last week from a group of youth concerned about the removal of a playground in their patch of the base's Residential Housing Units neighbourhood; unfortunately, they didn't include their contact information. Short of knocking on doors in the streets surrounding the former playground, Adamson hope they receive his response via

The Aurora Newspaper. The playground, just to the west of the Canada Post office, included smaller pieces of equipment. All was removed a year or so ago, deemed unsafe. Plans to replace the play space have stalled. Adamson invites a representative youth or youths to contact his office, via his executive assistant Captain John Pulchny, 902-765-1494 local 5372. Base officials are willing to work towards a solution.



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2018 Wing Welcome Bienvenue à l'escadre

RCAF trainees encouraged to make most of time between courses

Captain Sylvain Rousseau

Every day, Royal Canadian Air Force personnel safeguard our sovereignty from coast to coast to coast and participate in missions around the world.

It's no wonder new members of the RCAF family are excited to join their brothers-and sisters-in-arms to watch over the security interests of Canada, but doing so requires being trade-qualified—and that can take time.

The waiting periods between various phases of training varies for each occupation, and can be perceived as long. However, these periods can be a great opportunity to develop further professionally. It's up to all individuals to make the most of their time.

Major (retired) Terry Sokolowski administers the basic training list (BTL) at 2 Canadian Air Division (2 CAD) headquarters in Winnipeg. He encourages every member on the BTL to “take on challenging opportunities, work on professional development and work towards obtaining a second language.

“Have a positive attitude, stay focused on their goal, work hard and enjoy the journey to becoming a fully-trained member of the RCAF.”

Second Lieutenant Kyle Rebryna, a pilot awaiting training, is one good example.



Second Lieutenant Kyle Rebryna receives a 2 Canadian Air Division Commander's Commendation from Brigadier-General Dave Cochrane for his outstanding contributions to the division while awaiting his next phase of occupational training.

Submitted

“Be bold and really invest in whatever mission your unit is performing,” he says.

Rebryna arrived at 2 CAD Headquarters in February 2017 with an open mind and a willingness to try anything. Once tasked with certain administrative duties, he tackled the challenges head-on, with enthusiasm.

“Everyone at 2 CAD was quite happy to let me spread my wings,” he says.

Rebryna's initiative and professionalism was notable as his mentor progressively increased his responsibilities: he produced a handbook to help guide new graduates from the Basic Military Officer Quali-

fication course, improved administrative processes and assisted his supervisor with the management of the BTL aerospace engineering officer occupation training requirements. In addition, he completed significant professional development by finishing courses in Air Force Officer Development, Canadian Armed Forces Junior Officer Development and the administration of SharePoint, to name a few.

Keeping busy allowed Rebryna to enhance his learning and acquire a better understanding about what goes on behind the scenes in the RCAF.

“I think I now have a very solid grounding in the administrative workings of the training side of the RCAF, and also an insider's perspective on the motivations of everyone who works there,” he says.

As if being productive in the office wasn't enough, Rebryna was also actively engaged after hours. He was an active committee member of 2 CAD commander's mixed mess dinner, contributing to the online registration process; and volunteered in the community at the Canada Summer Games in Winnipeg and the Winnipeg Santa Claus Parade.

“The Royal Canadian Air Force is your Air Force, so build it up like you own it because – well, you do,” he says.

“Knowing that you're respected and have something to contribute, even at such an early stage of your career, is what can bring you to work every day with a positive attitude, especially when your training courses can look so far away.”

Rebryna recently started Phase II pilot training at 2 Canadian Forces Flying Training School at 15 Wing Moose Jaw. Before leaving 2 CAD, he was recognized by Commander Brigadier-General Dave Cochrane with a 2 CAD Commander's Commendation for his outstanding contributions.

CAF survey on sexual misconduct: every voice counts

This fall, Statistics Canada will conduct a survey on sexual misconduct in the Canadian Armed Forces (CAF).

The purpose is to get an up-to-date picture of the issue of sexual misconduct in the CAF, and to measure progress since Operation Honour was initiated in 2015. The survey asks questions to determine the prevalence of sexual misconduct in the CAF in the last 12 months, and to gauge awareness of policies, programs and support mechanisms.

In mid-September, StatCan will begin sending invitations by email and mail to eligible Regular Force and Primary Reserve personnel.

The survey is voluntary, but all personnel are strongly encouraged to take time to share their views. All members' perspectives are important, whether or not they have been directly affected by sexual misconduct.

StatCan will analyse the data and compare it with data collected in 2016. Comparing the data will help us measure the impact of Operation Honour, and identify areas that require a more concentrated level of effort for improvement. StatCan will release results at the end of May 2019.

Sexual misconduct has far reaching impacts on morale, cohesion, operational effectiveness, deployability, recruiting and retention.

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Le septembre 9
6 h - 9 h

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Schedule of events

Wednesday August 29

7 p.m. Little Sweethearts | KMCC, Berwick

8:30 p.m. Junior A Wildcats vs Truro Bearcats | Free admission | KMCC, Berwick

Thursday August 30

7 p.m. Opening ceremony and dessert contest | Wheatons Restaurant, Berwick

7 p.m. Gala Days trivia night | Kellocks Restaurant, Berwick

Friday August 31

5 p.m. Rides at the grounds | Rainforth Park, Berwick

8 p.m. Community street dance & beer garden | Rainforth Park tennis courts, Berwick

Saturday September 1 | Grounds admission \$3

8 a.m. Lions' breakfast | KMCC, Berwick

9 a.m. Antiques & collectibles | Fire Hall, Berwick | **NEW**

9 a.m. Yoga in the park | Rainforth Park, Berwick | **NEW**

10 a.m. Rides at the grounds | Rainforth Park, Berwick

11 a.m. Canteen | Rainforth Park, Berwick

11 a.m. Children's parade | Commercial Street, Berwick

11:30 a.m. Quiet hour touch a truck | Rainforth Park, Berwick | **NEW**

For individuals who want to enjoy touch a truck without all the noise

12:30 a.m. Touch a truck | Rainforth Park, Berwick

1 p.m. Water palooza | Rainforth Park, Berwick | **NEW**

1 p.m. to 5 p.m. Firemans' BINGO | Rainforth Park, Berwick

1 p.m. to 4 p.m. Modified lawn tractor pulls | Rainforth Park, Berwick

Key: Kings Mutual Century Centre = KMCC

1 p.m.

1 p.m.

2 p.m. to 5 p.m.

2 p.m.

2 p.m.

3 p.m.

7 p.m.

7 p.m.

Sunday September 2 | Grounds admission \$3

9 a.m.

9 a.m.

9 a.m.

9 a.m.

9 a.m.

11 a.m.

11 a.m.

11 a.m.

11 a.m.

Noon

1 p.m. to 5 p.m.

1 p.m. to 5 p.m.

3:30 p.m.

4:30 p.m.

6 p.m.

6:45 p.m.

7 p.m.

7 p.m.

9 p.m.

Monday September 3 | Grounds admission \$3

8 a.m.

9 a.m.

9 a.m.

9 a.m.

11 a.m.

11 a.m.

Noon

Noon to 4 p.m.

1 p.m.

2:30 p.m.

2:30 p.m.

3 p.m.

3 p.m.

Washer toss tournament | \$20 per team | Rainforth Park, Berwick | Prizes

ATV competition | Rainforth Park, Berwick

Wildcat's beer garden | Tennis court, Berwick | Must be 19+ | **NEW**

Princess tea | Catholic church, Berwick

Teddy bear picnic | Rainforth Park, Berwick

Pet show | Rainforth Park, Berwick

Movie in the park | Rainforth Park, Berwick | **NEW**

One of these nights | Eagles tribute band | School gymnasium, Berwick | **NEW**

67th annual road race | Centennial Park, Berwick

Rides at the grounds | Rainforth Park, Berwick

Livestock show | KMCC, Berwick

Scale model show | School Gymnasium, Berwick

Craft fair | Lions hall, KMCC, Berwick

Annual chicken BBQ | While supplies last | Rainforth Park, Berwick

Annual car show | Rainforth Park, Berwick

Community canteen | Rainforth Park, Berwick

Ox pulls | Rainforth Park, Berwick

Wildcat's beer garden | Tennis court, Berwick | Must be 19+ | **NEW**

Firemen's BINGO | Rainforth Park, Berwick

Tug-of-war | Rainforth Park, Berwick

Woodsmen competition | Rainforth Park, Berwick

Community Canteen - BBQ | Grand View Manor grounds, Berwick

Ruth Manning and the Prospectors | Grand View Manor grounds, Berwick

Three horse pull | Rainforth Park, Berwick | **NEW**

Children's marshmallow drop | Grand View Manor grounds, Berwick

Ages 10 and under

Fireworks | Grand View Manor grounds, Berwick

Lions' breakfast | KMCC, Berwick

Rides at the grounds | Rainforth Park, Berwick

Light horse show | KMCC, Berwick

Community canteen | Rainforth Park, Berwick

Stunt motorcycle show | Rainforth Park, Berwick | **NEW**

Horse pulls | Rainforth Park, Berwick

Firemans' BINGO | Rainforth Park, Berwick

Grand street parade | Commercial Street (Grand View Manor start)

BMX bike demonstrations | Tennis courts, Berwick

I.C.E. Cheer demonstration | Rainforth Park, Berwick

Community challenge | Rainforth Park, Berwick

Stunt motorcycle show | Rainforth Park, Berwick | **NEW**

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‘One of these nights’... in Berwick September 1

Berwick is going to be rocking September 1, and it's certainly going to be "One of these nights."

The Berwick and District Lions are set to host their third annual musical fundraiser Saturday, September 1 in the Berwick & District School. The past two concerts have featured a celebration of the Beatles and a '60s invasion. This year, the sights and sounds move forward a decade, a musical homage to one of the most popular bands of the '70s, '80s and '90s.

The Eagles have sold over 150 million records, with the greatest hits album selling a massive 42 million copies and the Hotel California album coming in at 32 million. Montreal-based "One of these nights" has been performing as an Eagles tribute band since 2006,

touring throughout Eastern Canada.

It's clear the band gets a real kick from what they do, as founder band member Romy Belanger says.

"It's the Eagles because of the cool songs, the vocal harmonies and the different styles we need to get right, to make sure we get the right sound. The real fun part



“One of these nights” an Eagles tribute band. Johanne Cousineau

for us – which I only realized after we starting touring – is watching the audience light up when they hear their favourite


Tickets cost \$30, available

For more information about Berwick Gala Days visit our website at

www.berwickgaladays.ca

or email

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from a number of retail outlets throughout the Valley, online or from any member of the Berwick Lions Club. Seat reservations and a pre-show buffet and bar at the Lions Hall are new this year, plus a limited number of VIP passes that includes seats, refreshments, a souvenir T-shirt, signed poster and the chance to meet with the band after the show.

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The Veteran Family Program supports medically releasing Canadian Armed Forces members, medically released Veterans and families. If you are transitioning visit your local Military Family Resource Centre, CAFconnection.ca, or call the Family Information Line at 1-800-866-4546.

Ce programme appuie les militaires en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille. Si vous êtes en transition, visitez ConnexionFAC.ca ou votre centre de ressources pour les familles des militaires, ou appelez la Ligne d'information pour les familles au 1-800-866-4546



Peacekeepers remembered at commemorative event

Nelson Mullen,
President,
William Hall, V. C.
Greenwood Chapter,
Canadian Association of
Veterans in United Nations
Peacekeeping

August 9 marks a significant event within the peacekeeping community: the result of the 1974 Syrian military's firing of three ground-to-air missiles, which brought down a clearly marked, on time and in its designated airspace Canadian Buffalo aircraft. All nine Canadian United Nations peacekeepers on board were killed.

Each yeas on August 9 (or on the nearest week-end), approximately 25 Canadian chapters of the Canadian Association of Veterans in United Nations Peacekeeping pause to reflect and honour these "Buffalo 9." The William Hall V. C. Greenwood Chapter was founded in Greenwood in 1988, and joins in the remembrance.

Chapters commemorate the event in various ways; the Greenwood chapter hosts a few talks and a luncheon, while larger chapters may conduct parades and services. All chapters invite local dig-



Attending the August 9 event of the William Hall V. C. Greenwood Chapter of the Canadian Association of Veterans in United Nations Peacekeeping were 14 Wing Greenwood Chief Warrant Officer Dan Campbell, left; Gloria Spencer, centre; and 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Christian Pratt; at RCAFA 107 (Valley) Wing in Greenwood. This event commemorates the August 9, 1974 Syrian military firing of three ground-to-air missiles that brought down a United Nations Canadian Buffalo aircraft, resulting in the loss of nine lives.

N. Mullen

nitaries; Greenwood invites representatives from 14 Wing Greenwood, the local member of Parliament, local members of the Legislative Assembly and presidents of the Royal Canadian Air Force Association 107 (Valley) Wing and Royal Canadian Legion in Kingston. Three very special guests also include Gloria Spencer, her son, Peter, residents of the local area; and her daughter, Ronda, Lower Sackville; are

the family of Flight Engineer Master Corporal Ronald Spencer, on board Buffalo flight 115461 August 9, 1974.

Throughout the year, in addition to the UN Peacekeeping Day event, chapter members host meetings and TGIFs at the RCAFA 107 (Valley) Wing and join the Royal Canadian Legion in Kingston and RCAFA 107 (Valley) Wing as flag bearers at local events. Greenwood members reside throughout

Nova Scotia, with one as far as Ontario. Many also belong to their respective Legions and participate in its events.

Military presiding officers need training update

Major changes to the military justice system means mandatory training for presiding officers must be completed before September 1. Sections of the Strengthening Military Justice in the Defence of Canada Act will come into force.

Some significant changes at the summary trial level include:

- Authority for the presiding officer, when there is a finding of guilt, to direct an absolute discharge, order a suspended sentence or an intermittent sentence
- A six-month limitation period within which a charge must be laid in order for it to proceed
- An accused person may waive both the six-month charge limitation period, as well as the pre-existing 12-month limitation period within which a trial must commence

- Superior commanders may impose minor punishments for officer cadets
- Lieutenant-colonels may be tried by summary trial by superior commanders
- There is no longer a minor punishment of caution

The changes enhance fairness and flexibility of the military justice system, demonstrating a continuing commitment to evolve to better serve the armed forces and all Canadians, while remaining relevant and contributing to the Canadian Armed Forces operational effectiveness by maintaining discipline, efficiency and morale.

Presiding officers must be fully up to speed on these changes in order to continue to exercise their duties come September 1. The Presiding Officer Certification Training Update is available on the Defence Learning Network.

Kingston Legion Br 98 ~  ~ September 2018																				
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Find us on facebook 																				
Sun	Mon	Tues	Wed	Thu	Fri	Sat														
						Breakfast														
2 BINGO 1:30	3 EUCHRE	4 BINGO 7:00	5	6 CRIB 7 pm VON Foot Care Clinic	7 TGIF KARAOKE	8 <i>Chase the Ace!</i> Meat Draw														
9 BINGO 1:30	10 EUCHRE	11 BINGO 7:00	12	13 CRIB 7 pm VON Foot Care Clinic	14 TGIF MIX DARTS	15 <i>Chase the Ace!</i> Meat Draw														
16 BINGO 1:30	17 EXEC. MEETING 7:00 EUCHRE	18 BINGO 7:00	19	20 CRIB 7 pm VON Foot Care Clinic	21 TGIF Fish & Chips KARAOKE MIX DARTS	22 <i>Chase the Ace!</i> Meat Draw														
23 BINGO 1:30	24 GENERAL MEETING 7:00	25 BINGO 7:00	26 EUCHRE	27 CRIB 7 pm VON Foot Care Clinic	28 TGIF MIX DARTS	29 <i>Chase the Ace!</i> Meat Draw DANCE: Higher Ground														
30 BINGO 1:30																				
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The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

West Kings football registration
West Kings High School football registration is underway. To join the team and pre-season training, contact Mark Gordon at mark.gordon40@gmail.com or 902-844-0191.

Cemetery tours
August 28, 7:30 p.m., lamplight historical cemetery tour at St. Mary's Anglican Church, Auburn. Join our costumed guides and "visitors" on a stroll through history. Light refreshments following the 45-minute tour. \$10 per person. 902-847-9847 for information (no reservations required, but appreciated).

Kids Tech - Snap Circuits
August 28, 2 p.m. to 3:15 p.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library invites youth ages seven plus to a hands-on and interactive program of technology, coding and electronics. Register at 902-584-3004.



Bingo players at the Kingston Lions' weekly games helped contribute to the Lions recent \$2,000 donation to Mid Valley Palliative Care Services. From left are Lions' treasurer Steve Craig, chair person Lynda Owen from Mid Valley Palliative Care Services, King Lion Rick Acker and bingo chairman Dave Richardson. Submitted

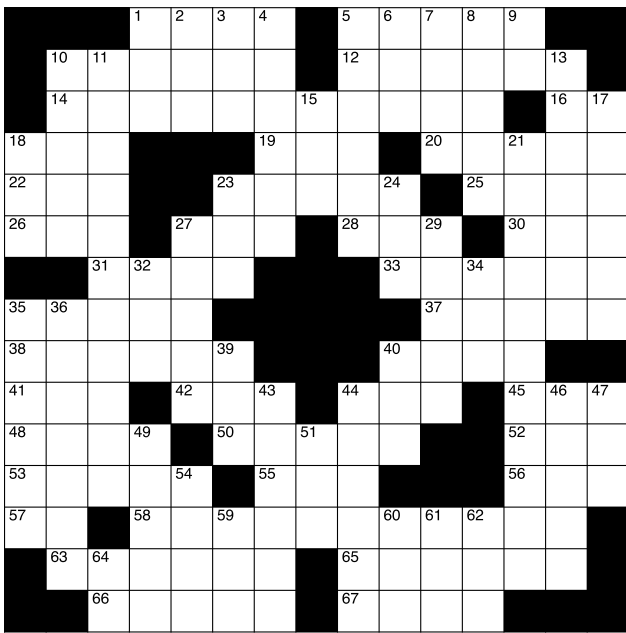
Girl Power: slumber party
August 31, 7 p.m. to 9 p.m., the Rosa M. Harvey Middleton & Area Library invites girls to put on your

PJs and join us for girly fun and games! Registration required.
Dinner
August 31, 4:30 p.m. to 6 p.m.,

there will be a roast beef dinner at the hall at 738 Tremont Mountain Road to help kick off the weekend's Tremont Fair. Dinner includes all

metro crossword

solution page 14



- ACROSS**
1. Imitated
 5. Explosion
 10. One who writes
 12. Large nests
 14. Philly specialty
 16. A form of 'to be'
 18. Automobile
 19. A way to stand
 20. Waterlogged land
 22. A way to provide
 23. We all need it
 25. Stalk of a moss capsule
 26. Promotional materials
 27. Bashful
 28. Ten
 30. He captured Valencia
 31. Quickly
 33. Violent seizure of property
 35. Fugazi bassist
 37. Baseball great Davey
 38. Large bird cage
 40. British noble
 41. They protect Americans (abbr.)
 42. Economic institution
 44. Pat lightly
 45. Not even
 48. Cools
 50. Seat belt advocate
 52. A dishonorable man
 53. Smooths over
 55. Moved quickly
 56. Part of a play
 57. South Dakota
 58. Worsen
 63. Madam Butterfly and La Boheme
 65. Removes
 66. Dull, brown fabrics
 67. Comedian Rogen
 18. Numbers cruncher
 21. Responds in kind
 23. Shaft horsepower (abbr.)
 24. Each
 27. Fitzgerald's wife Zelda
 29. Tribe of Judah rep
 32. Patti Hearst's captors
 34. 'The Raven' author
 35. Bars give them their own nights
 36. Essential for guacamole
 39. Currency
 40. Guffers hope to make it
 43. Touch gently
 44. Does not allow
 46. Cyprinids
 49. Passover feast and ceremony
 51. Patriotic women
 54. Protein-rich liquids
 59. Type of soda
 60. Necessary to extract metal
 61. Inform upon
 62. A type of residue
 64. Palladium

crossword brought to you compliments of

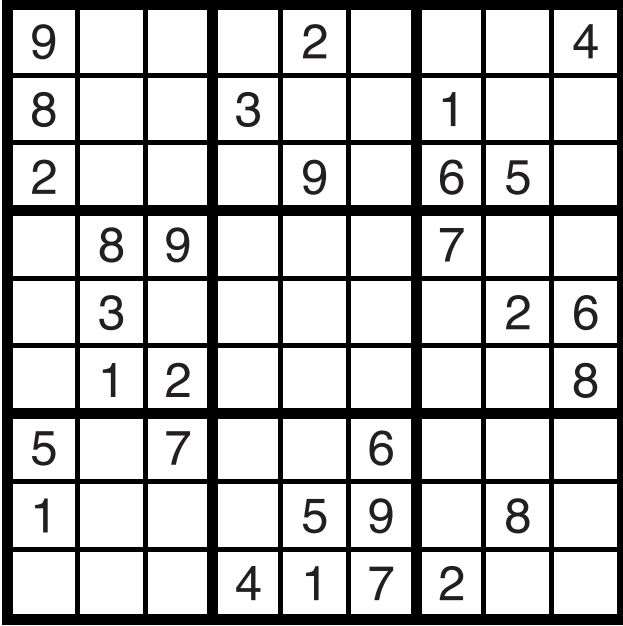
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sudoku

solution page 14



Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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horoscopes

August 26 - September 1

ARIES - Mar 21/Apr 20

If you want to get out and see the sights, you have to plan an excursion, Aries. Start planning a vacation and don't forget to invite a pal along for the trip.

TAURUS - Apr 21/May 21

Do not be quick to accept the word "no," Taurus. If you are seeking a promotion, it may take another round of negotiations to sell your position to a supervisor.

GEMINI - May 22/Jun 21

Gemini, some things are at play and you may need to gather some facts. Don't try to piece things together, but rather start at the beginning and get a comprehensive view.

CANCER - Jun 22/Jul 22

You have to hunker down and work through tasks that hold little interest for you, Cancer. Success comes from tending to all of the details, even those that are less interesting.

LEO - Jul 23/Aug 23

Plenty of opportunities to make big changes are on the horizon, Leo. You need to figure out what it is you want to do with yourself and where to make change.

VIRGO - Aug 24/Sept 22

Virgo, sit quietly aside and let others talk while you listen. Listening can be a great way to learn about others as well as yourself. Use this time wisely.

LIBRA - Sept 23/Oct 23

Libra, indecisiveness may cost you in the days ahead. Try to come to a decision on an important situation so you can begin moving forward once again.

SCORPIO - Oct 24/Nov 22

Sometimes you don't see the purpose behind certain actions, Scorpio. Don't hesitate to ask questions to clear things up. Forge ahead and things will become clearer.

SAGITTARIUS - Nov 23/Dec 21

Sooner or later, if you try different things you are bound to stumble on the right course of action, Sagittarius. It just may take longer than you initially expected.

CAPRICORN - Dec 22/Jan 20

Don't worry if you cannot get your act together just yet, Capricorn. You will find your groove soon enough and everything will ultimately fall in place.

AQUARIUS - Jan 21/Feb 18

Some things can't be avoided forever, Aquarius. If you feel like you are running away from problems or things you don't like, you may need to confront them.

PISCES - Feb 19/Mar 20

Funny things happen when you least expect them, Pisces. Just when you may have thought a situation was dire, some fun will change your opinion.

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Breakfast

September 1, 8 a.m. to 10 a.m., the Berwick Lions host their community public breakfast at the Lions Hall, KMCC, Veterans Drive. Freewill offering for a full breakfast: eggs (fried or scrambled), our own baked beans, pancakes, bacon, sausage, toast, juice, coffee and tea.

Breakfast

September 1, 7:30 to 10 a.m., enjoy breakfast at the Tremont Fair (hall at 738 Tremont Mountain Road). Eggs, bacon, pancakes, toast and juice, coffee, tea to kick off your day! Freewill offering. Info: 902-526-0399.

Tremont Fair

September 1, take in the 81st Western Kings Community Fair ("World's Fair"), 792 Meadowvale Road, Tremont. Gate admission adults \$5, children under 12 free; five gate prizes. 9 a.m. – 5 p.m.: arts and crafts, food, flower, vegetable displays; 10:30 a.m. cattle judging, 9:30 a.m. light horse classes begin, horse and ox pulls all day, 9:30 a.m. children's and pet parades, 3 p.m. water slide, 1 p.m. to 4 p.m. and 6 p.m. into evening musical entertainment, 4 p.m. cross cut competitions, afternoon children's games, afternoon log yarding, 1 p.m. to 3:30 p.m. ice cream parlour, canteens all day, 11:30 a.m. to 1 p.m. ham and potato scallop lunch, 4:30 p.m. to 6 p.m. ham and baked beans supper.

Breakfast

September 3, 8 a.m. to 10 a.m., the Berwick Lions host their community public breakfast at the Lions Hall, KMCC, Veterans Drive. Freewill offering for a full breakfast: eggs (fried or scrambled), our own baked beans, pancakes, bacon, sausage, toast, juice, coffee and tea.

Wildlife meeting

September 4, 7 p.m., the Kings County Wildlife Association holds its monthly meeting in Room 109 at NSCC, Kentville. The speaker is Mike Campbell from the Hants County Wildlife Association, on the Learn to Fish Program for kids they do in their county. We are looking for volunteers to help KCWA have this program. The public is invited to attend - you do not have to be a member and there is no charge.



One of many special attractions at this year's Wings & Wheels car show at the Greenwood Military Aviation Museum September 8 will be a 1930s single-seat, open-wheeled Sprint car. It's likely the only one in Canada, and features a Ford flathead engine with very rare aluminum heads designed in 1947 by Corvette engineer Zora Arkus-Duntov. It's a once-in-a-lifetime opportunity to see a car that hasn't been shown in over 60 years. D. Saulnier



M. Uhlman



P. House

Wings & Wheels car show returns to Greenwood

If you missed it in 2017, start cleaning the bugs off your radiator and polishing your whitewalls: the Wings & Wheels antique car show is back in Greenwood this September!

Everyone is invited to bring their antique, classic or special interest car to the Greenwood Military Aviation Museum Saturday, September 8. Park on the grass, in the shadows cast by the museum's nine outdoor aircraft.

You'll want to be among the first 150 cars to register, since they'll be rewarded with free fish and chips for two, courtesy of the CANEX. But don't worry if you're running late, as the Western Kings 4H Club will be firing up the BBQs for a modest fee to help support the amazing work they do with local kids.

Registering will also earn you a chance to win one of 25 glass-etched trophies, and over \$1,800 in give-aways. Our off-the-wall classes, random draws, scavenger hunt and 50/ 50 draw will give everyone a shot at winning. While at the auto show, take a guided tour of the museum's Hercules, Challenger, Aurora, Anson, DC3 Dakota

and Labrador display aircraft; and peer inside the Lancaster and T-Bird aircraft. We also have a Neptune and an Argus to provide extra shade, and a Second World War Bristol Bolingbroke and an H44 twin rotor helicopter under restoration to check out. We're also hosting a series of live, basic metal-forming demonstrations, and showing off some of our latest aluminum fabrication projects to boot.

You'll also be able to ride shotgun for a five-minute tour in the museum's war-time Jeep, shop in the air conditioned CANEX Mall and take in one of two guided tours inside the museum. Or,

just sit back and enjoy live music from our very own six-piece jazz combo, all for free!

To find us, Google "Greenwood Military Aviation Museum" or just head northwest through Greenwood along

Ward Road, toward the front gate at 14 Wing Greenwood; then, turn left into the CANEX parking lot when you see the huge, four-engined Argus aircraft display. You can't miss it!

Show gates open at 10 a.m. It is \$5 to enter a vehicle in the show, with free admission for spectators. The rain date is September 9. Look for regular updates on Facebook at facebook.com/GMAM.CA.

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Is SEEKING Yoga Instructor/s for this UNIQUE space that is available from September 1st. Instructors can welcome their students in this Private, Peaceful & Laidback space that is made for Holistic purposes. Melvern Square, Annapolis Valley. Please email greengeorgee3@gmail.com Or leave a message on 902.825.7044 See us on Facebook - Greens Club We look forward to welcoming you Namaste x

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1. Refer 5 people and receive what?
2. Where do you connect for a rewarding career?
3. When are school offices open?
4. Whose phone number is 1-888-490-7860?
5. What is happening on October 1?

Congratulations to last week's winner: PATRICK BOURASSA

**Entry deadline:
Noon, August 30, 2018**



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Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

crossword solution

	A	P	E	D		B	L	A	S	T		
S	C	R	I	B	E	A	E	R	I	C	S	
C	H	E	E	S	E	S	T	E	A	K	I	S
C	A	R			P	A	T			M	A	R
P	L	Y			S	L	E	E	P		S	E
A	D	S		S	H	Y		D	E	C		I
	A	S	A	P				R	A	P	I	N
L	A	L	L					L	O	P	E	S
A	V	I	A	R				P	E	E	R	
D	O	D		E	E	C		D	A	B		O
I	C	E	S		N	A	D	E	R		C	A
E	A	S	E	S		R	A	N			A	C
S	D		D	E	T	E	R	I	O	R	A	T
O	P	E	R	A	S			E	R	A	S	E
D	R	A	B	S		S	E	T	H			

sudoku solution

9	5	3	6	2	1	8	7	4
8	7	6	3	4	5	1	9	2
2	4	1	7	9	8	6	5	3
4	8	9	5	6	2	7	3	1
7	3	5	1	8	4	9	2	6
6	1	2	9	7	3	5	4	8
5	2	7	8	3	6	4	1	9
1	6	4	2	5	9	3	8	7
3	9	8	4	1	7	2	6	5

APARTMENT FOR RENT

FOR RENT – 989 Aurora Crescent, Greenwood. Spacious two bedroom apartment - \$650/month, tenant pays utilities. Coin operated laundry on site. Storage area. Non smoking

Steve Lake's Light Trucking

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Cut, Split, Delivered
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Belmont, Bishop, George, Mosher, Pleasant, Prince, Varner & Windsor Streets plus the West Side of Bridge Street, Markland & Spring Garden Road & Sampson Drive

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the Aurora

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Barrister * Solicitor * Notary

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Greenwood, NS B0P 1N0

Email: dap@davidproudfoot.com
Web: www.davidproudfoot.com

T: 902-765-3301 F: 902-765-6493

FOR RENT – Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

FOR RENT – Two bedroom apartment. 1486 Maggie Drive, Kingston. Non smoking, adult building. In-floor heat, ground level. \$725 per month, available August 1st. Please call 902-309-0573. (3932-1tp)

DUPLEX FOR RENT

FOR RENT – Duplex for rent, 55+, Highway 201, Greenwood Square. 1200 sq. ft. living space plus attached garage. Two bedroom, two

FIREWOOD FOR SALE

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Hardwood Cut,
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Quality Guaranteed
please phone
T: 902-825-3361

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Sunday, 1:30 p.m.
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Regular Games - \$100

- 3 Specials - 60/40
- Letter H - 80/20
- Triple Jackpot - R-W-B
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Consolation \$300
- Double Action

Lic.# 115910-08

baths, five appliances, heat pump and in-floor heating. Lawn care and snow removal included. Non smoking. New construction, available November 2018. Please call 902-847-1312 or 902-765-4709. (3930-ufn)

FOR LEASE

FOR LEASE – 7000 sq ft commercial retail/ warehouse building. 418 Markland Rd., Kingston, NS. Willing to sub-divide building if necessary. Please contact Greg 902-824-1450 or Joan 902-847-1365. (3842-ufnb)

SERVICE

CHURCH SERVICE – “The Peoples 25:40 Church” There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

FOR SALE

M&M Firewood

\$225 a cord. Cut, split and delivered on two cord and over orders. Seasoned hardwood.

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Tremont fair, food, fun set for September 1

September 1, take in the 81st Western Kings Community Fair (“World’s Fair”) on the Tremont fairgrounds, 792 Meadowvale Road, Tremont.

Events actually get underway August 31, with a roast beef supper at the Nazarene church hall, between 4:30 p.m. and 6 p.m.; followed bright and early September 1 with breakfast, underway at 7:30 a.m. as the day gets underway.

From 9 a.m. to 5 p.m., the agricultural display building will feature displays and competition in arts and crafts, food, flowers and vegetables.

Livestock events get underway at 9:30 a.m., with the light horse classes starting in the show ring. Cattle judging happens at 10:30 a.m., with horse and ox pulls all day and the pet parade at 9:30 a.m.

The children’s parade takes place at 9:30 a.m., with more lined up in the afternoon, including a 3 p.m. water slide and children’s games.

Musical entertainment takes place between 1 p.m. and 4 p.m. and again from 6 p.m. into the evening. Guests include Best of Intentions, David Graves, Theresa Porter, The Messengers, Dave Kaye and Sheldon Chute.

There are a few specialty competitions, including the 4 p.m. cross cut challenge for men’s and women’s teams and log yarding in the light horse ring (after classes finish).

You will not go hungry throughout the day: there is an ice cream parlour between 1 p.m. and 3:30 p.m., can- teens all day, a ham, potato scallop and salad plate lunch between 11:30 a.m. and 1 p.m.* and the 4:30 p.m. to 6 p.m. ham and baked beans supper.

Gate admission for the day is adults \$5, children under 12 free; with five gate prizes to be won.

Welcome back to school

Safety reminders for back to school

14 Wing Greenwood’s General Safety Program would like to share some back-to-school safety tips, provided by the Canada Safety Council. Find out more at canadasafetycouncil.org.

With education and awareness, all children should be able to get safely to school and home again. Share these valuable rules and tips with your children.

School bus travel

Research conducted by Transport Canada shows school bus travel is one of the safest methods of transportation: 16 times safer than traveling in a family car per passenger/ kilometre of travel. Mishaps can happen, including instances where children are injured while riding on the bus. It is more common, however, for injuries to be sustained once outside the bus, including being hit by their own school bus or other vehicles.

Every driver must remember, when approaching a stopped school bus (on a non-divided road) with its overhead red signal-lights flashing and side stop sign out, to stop before reaching the bus. Do not proceed until the bus moves or the overhead red signal-lights have stopped flashing.

- Arrive at the bus stop at least five minutes before the scheduled pick up time. Children should never run after the school bus to try to catch it. If you miss the bus, go back home or, if you are at school, report to a teacher.
- Stay well away from the roadway and stay back until the bus has come to a full stop and the door opens.
- If your child needs to cross the street, teach them to look to the left, then to the right and to the left once more before crossing the street.
- Use the handrail when boarding or exiting the bus.
- Take a seat as quickly as possible, put belongings under the seat and stay seated.
- Never stick anything out of the window, including arms or heads.
- Save food for snack time at school or until you get home.

Wait until the school bus comes to a complete stop before getting off.

When getting off the bus, take two large steps away from bus. If you must walk in front of the bus, walk ahead at least three metres (10 giant steps).

The driver must be able to see you and will give a signal when it is safe to cross. Cross in a single file.

If a child drops something near or under the school bus, they should never attempt to retrieve it without the driver’s permission.

Travel by bicycle

To ride a bicycle to and from school, children must be mature enough (minimum nine to 12 years old) and have enough experience.

Wear a properly-fitted helmet, and have clothes suited for cycling (e.g. pants tucked

school safety measures for dropping off and picking up their children at school. Every effort must be made to avoid collision and injury by refraining to create hazardous situations of traffic congestion and unsafe driving practices within the school zone. Respect posted speed limits, designated drop-off and pick-up areas.

Walking to school

Many children use roadways to make their way to and from school. Parents and guardians must review road safety rules with their children and the importance

of not accepting rides or any invitations from strangers. It is best to walk with a buddy and keep focused on getting straight home.

Find a safe and direct route to school. Hazards should be identified (train tracks, busy intersections, etc.) and a designated route with safety rules should be established.

Stay on sidewalks whenever possible. If there is no sidewalk, use the left side of the road facing traffic.

Cross streets only at crosswalks and learn to look to the left, the right and then left again before proceeding. Make sure drivers see you before you cross.

\$5^{plus tax} Meal Deal

Junior Chicken or McDougie*, with medium fries and medium fountain drink.

Back to school has never tasted so good!

McDonalds Greenwood

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BACK TO SCHOOL

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Sarah Osborne, centre, led a summer youth arts session at the Kingston library, sponsored by the national Natasha's Wood Foundation. The group, using story-telling, art, sport and education; supports the mental health and wellness of children in military and first responder families. Left, Naya Hazelwood and, right, Paige Lundy show off their art.

Submitted

Youth arts session a summer success

August 21 marked the last of four "reading art" sessions at the Kingston Library, sponsored by the Natasha's Wood Foundation.

Sarah Osborne, by day a staff member of the Greenwood Military Family Resource Centre, led the program as a volunteer with the Canadian foundation. The group, using story-telling, art, sport and education; supports the mental health and wellness of children in military and first responder families. Osborne is a registered counselling therapist, specializing in arts therapy.

"What a success! We had a great turn out," Osborn said, of the four-session summer program which wrapped August 21.

"The most rewarding part of the sessions was seeing each child embrace their imagination with curiosity and excitement. It's so much more than a competition to see whose drawing might be published in Fay Maddison's new book, 'A Pollen Fairy Named Squirt.' It's about the opportunity for children to engage in a creative, safe environment and express themselves through artistic mediums."

Osborne approached each session with the concept "less is more" when providing the materials: pencil crayons and white

drawing paper were used, two materials that can be implemented into any family's daily activity at an affordable price.

West Nova Member of Parliament Colin Fraser visited the final session, demonstrating his support of, specifically, the military and veteran population within the riding and across the country.

The Kingston Library will now host Osborne for a new program, a "girl empowerment" support group for girls ages 10 to 14, running weekly September 4 to October 9 from 6:30 p.m. to 8 p.m.

"Groups like this are important because they target a pivotal stage in emotional and social development," Osborne says. "I am thrilled to be facilitating a group that is based on cognitive-behavioural therapy principles while using art-based exercises to strengthen individual voice and expression."



Annapolis Valley
Regional Centre for Education

School Opening Notice

The first day of school is **September 5, 2018** for all Annapolis Valley Regional Centre for Education schools **except for the following schools**, which will open for students on **September 6, 2018:**

- Kings County Academy
- Pine Ridge Middle School
- Lawrencetown Education Centre
- Highbury Education Centre

All school offices open on August 27, 2018.

Twitter:
@AVRCE_NS

www.avrce.ca

Check your school bus info at
<https://transportation.avrce.ca>
or by calling 902-538-4641
(toll-free 1-800-850-3887).

Family Movie Night
Soirée de film en famille

Free tickets available to defence team members and their immediate families and Community Recreation Card holders.

Tickets at the door, first come, first served.

September 7
Doors open at 5 p.m.

www.facebook.com/14WingWelcome

OPI/ BPR : Lindsay McCormack | 902-765-1494, local/ poste 5341



Movie:
Zedex Theatre
Cinéma Zedex
6 p.m. | 18 h

Hotel Transylvania 3:
Summer Vacation



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Billets à la porte, premier arrivé, premier servi.

septembre 7
Les portes ouvrent à 17 h





ATLANTIC Cirque WORKSHOP

at 14 Wing Greenwood Community Centre
au Centre communautaire de la 14e Escadre Greenwood

September 8
1 p.m. to 2 p.m.
Ages 6 to 9
2 p.m. to 3 p.m.
Ages 10 to 14

septembre 8
13 h à 14 h • 6 à 9 ans
14 h à 15 h • 10 à 14 ans

Win a workshop spot
Call the Community Centre 902-765-1494 local 5337 by noon August 31. Winners will be notified.

Gagnez une place dans l'atelier
Appeler le centre communautaire 902-765-1494, local 5337 avant midi le 31 août. Les gagnants seront avertis.



Colin Fraser
Member of Parliament - West Nova
Député - Nova-Ouest

Colin.Fraser@parl.gc.ca
1-866-280-5302

2 George Street, P.O. Box 865,
Middleton, NS B0S 1P0
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