



the

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There won't be a fall opening of 14 Wing Greenwood's new \$14 million, nine-story air traffic control tower; the scale of the project and the equipment being installed will push completion into late winter 2019.

14 Wing Imaging

Move on up to take a little longer 14 Wing's new air traffic control tower won't be ready 'til early 2019

Sara White, Managing editor

14 Wing Greenwood's eyes on the skies will have to wait a little longer for their new home, at the top of the under-construction, nine-storey air traffic control tower.

The \$14 million build got underway in October 2016, with an anticipated completion in the fall of 2018. Real Property Operations' Rick Nippard says there are "no major concerns" at this point with either the project or the budget, but the scope of the build and the specialized equipment, materials and trades that have been required along the way are pushing completion to, likely, March 2019.

"Like any project," he says. "There are a couple hundred contract employees in and out, specialized staff that have done the siding, different trades for the roof, the paving, the interior.... Most windows are in, the white protective film on the siding has to come off. It looks good at this point."

The 100-tonne steel and glass "cab" at the top of the tower was installed in February, and, floor by floor, crews have worked their way up the building tackling all the different work involved.

"We're looking forward to the building – the end users have been going through, looking at their spaces. Then, we'll have to

decide what to do with the old tower."

The current ATC sits atop 10 Hangar, dwarfed last winter by the new tower nearby. Nippard says the plan is to keep the old centre operational for about six months, to ensure everything is working properly in the new space; it will then likely be dismantled.

The new tower will have bigger, more modern workspaces; bunks for sleeping, upgraded antennae and radar, and modernized IT, mechanical and electrical infrastructure. LEED Silver certification will mean better ventilation, heating and air conditioning; more energy-efficient lighting and an overall greener design.

Boating calls keep SAR crews busy

One the morning of September 6, the Halifax-based Joint Rescue Coordination Centre tasked a 14 Wing Greenwood Cormorant helicopter to retrieve two people stranded on Lahave Island, after their boat wouldn't start. The mission was complete by 11:30 a.m.

September 10, around 9:45 p.m., two aircraft were tasked to assist a vessel in distress in the Cabot Strait. A Hercules and a Cormorant were both airborne on night training exercises. The boat was on fire, but a ferry in the area dispatched a life boat and picked up three individuals. The Hercules launched para-flares in support of the effort. Both aircraft were back in Greenwood by 1 a.m. September 11.

September 16, a Hercules left Greenwood at 1:45 p.m. to assist in a search for an overdue open vessel with three people reportedly aboard in the vicinity of Nain, Labrador. The search was stood down around 3:30 p.m., with the Hercules back in Greenwood just before 4 p.m.

September 18, just before 3 p.m., Cormorant R907 was tasked to North Cape, Prince Edward Island to help two people reported overboard after their small vessel flipped over. Just after 9:30 p.m., Hercules R343 was also tasked on what was anticipated to be a long night. Just after 2:30 a.m. September 19, the Hercules returned to Greenwood. As the morning developed, Cormorant R910 was added to the tasking just after 7 a.m., with the Hercules returning to the scene shortly afterwards. The continued search was unsuccessful, with the SAR reduced and turned over to RCMP. The Cormorant returned to Greenwood September 19 just after 5:30 p.m. September 19, with the Hercules home just after 7 p.m.

September 19, a Hercules left Greenwood just after 9 p.m. to assist with the medevac of a patient from the Gander airport to Halifax, returning around 1:30 a.m. September 20.

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Wings add more to the story of RCAF uniform

Sara White,
Managing editor

Describing the military uniform as a form of totem pole, 14 Wing Greenwood Commander Colonel Mike Adamson congratulated Corporal Dimitre Todorov September 7 on achieving

the newest insignia he is now entitled to wear: a flight engineer’s wings. “Your uniform tells a story: blue, air force,” Adamson said. “Then you look at rank, and see what a person is doing in the organization. Medals: those are symbols of their adventures.

“Air crew wings means you have achieved a level of competence and dedication in your profession, and you will wear them with pride on your chest and throughout your career.” Todorov joined the Royal Canadian Air Force in 2008, initially training as an avi-

ation systems technician. In 2018, he was accepted into the flight engineer occupation, and began the MOAT training course at 14 Wing Greenwood in March. Todorov is now posted to 407 (Long Range Patrol) Squadron at 19 Wing Comox.



September 17, Corporal Dimitre Todorov, right, was presented with his Flight Engineer Wings by 14 Wing Greenwood Commander Colonel Mike Adamson.

Corporal D. Salisbury, Courseware Development

CAF releases policy on the use of cannabis by military members

With Canada's new cannabis laws set to come into force October 17, the Canadian Armed Forces (CAF) has issued a new policy that provides clear direction and guidance to CAF members regarding cannabis consumption.

The policy - known as Defence Administrative Order and Directive (DAOD) 9004-1, Use of Cannabis by CAF members - applies to officers and non-commissioned members of the Canadian Armed Forces and a directive that applies to employees of the Department of National Defence (DND) who supervise CAF

members.

The DAOD comes into effect October 17, and was developed to ensure the Canadian military remains a fit, deployable and effective force by establishing periods of prohibition for the consumption of cannabis while fostering a safe and healthy workplace for all members of the defence team.

Under the order of Chief of the Defence Staff General Jonathan Vance, the policy establishes all CAF members are prohibited from cannabis consumption within eight hours prior to performing any duty, while additional

prohibitions of 24 hours and up to 28 days are also in place depending on the duty being performed by the member. A total prohibition applies to members participating in a domestic or international operation, exercise or collective training.

Every military member is strongly urged to read and fully understand the content of the policy to avoid the potential consequences of misuse. Any alleged misuse of cannabis that jeopardizes the safety and operational effectiveness of the CAF, including reporting to duty impaired or being unable to safely and effectively perform duties due to consumption of any intoxicants, will be investigated and dealt with through the most appropriate administrative or disciplinary action, or both; and may result in release from the CAF.

In addition to this policy, further guidance is under development and will soon be provided to civilian public servants, contractors and employees of external organizations who work on National Defence properties to ensure safe and impairment-free work environments.

While the legalization of cannabis represents a societal and cultural shift, these rules will help ensure CAF members are able to adequately balance service and operational effectiveness with responsible access to recreational cannabis, thus maintaining the public’s continued confidence as a professional and disciplined military force.

The importation or exportation across Canada’s national borders of any amount of cannabis, including cannabis for medical purposes, remains prohibited under Canadian law. CAF personnel should note possession or consumption of cannabis is illegal in most countries

and CAF members could be denied entry to these countries as a result of cannabis consumption or involvement in the legal cannabis industry in Canada. CAF members are responsible for obtaining information about the cannabis consumption and possession laws and policies of any country they intend to visit.

Defence team members are encouraged to visit the “Cannabis: What you need to know” Intranet page to get updates on the DND/CAF policies, while additional information can be found on the Government of Canada’s cannabis webpage.



The 14 Wing Greenwood Defence Aboriginal Advisory Group set up a colourful cultural display at Wing Welcome’s September 8 events.

Corporal K. Neate, 14 Wing Imaging

VPI service September 30 remembers air crew

September 30 marks the annual service of remembrance for all VP, maritime and long range patrol air crew killed in training and operations within the 26 nations comprising VP International since 1947.

A ceremony will take place at 1 p.m. in front of the VPI Memorial at 14 Wing Greenwood, between the main gate and wing headquarters; presided over by the commander of 14 Wing Greenwood as the international patron. A sentry detail, bagpiper and bugler move into place at 12:50 p.m., as the commander arrives at 12:55 p.m.

The service will be similar to Remembrance Day ceremonies, including the laying of wreaths by long range patrol squadron commanders based at 14 Wing Greenwood and guests; the dedication of the Book of Remembrance, a chaplain’s role, a sentry detail at the memorial, a bagpiper

and bugler. Dress for military members is 1A with medals. Major Alexandre Gignac, VPI headquarters president, will lead the service, with formal remarks by the commander.

A pre-reception gets underway at noon and a post-event reception follows at 1:30 p.m., both in the VPI International lounge, next to the Memorial Garden.

A reminder to motorists the main gate entrance to the base will be closed to traffic

National Defence, VAC introduce new Veteran’s Service Card

September 11, the Government of Canada announced a new Veteran’s Service Card will be distributed to former and releasing Canadian Armed Forces members who completed basic training and have been honourably released.

The new Veteran’s Service

Card will provide a tangible symbol of recognition for former members, encourage an enduring affiliation with the Canadian Armed Forces and ensure linkages to Veterans Affairs Canada support programs as members transition to post-service life.

The new card will be distributed in stages, beginning in September 2018. The first stage includes all newly-releasing Canadian Armed Forces members. Interested veterans who released from the Canadian Armed Forces between April 1, 2016 and

Culture, traditions have a role in CAF

Corporal Karen Neate,
14 Wing Imaging

Visitors to the 14 Wing Greenwood Wing Welcome REXPO event September 8 had an opportunity to stop by a display organized by the base’s Defence Aboriginal Advisory Group (DAAG) and meet Aviator Brooke Taylor.

Taylor is the military co-chair of the DAAG here, and she’s passionate about her role in the group and the work it does to foster awareness of the unique culture and spiritual traditions of Aboriginal Canadians.

She herself joined the Royal Canadian Air Force through the Canadian Forces Aboriginal Entry Program and now works as an aviation systems technician at 405 (Long Range Patrol) Squadron. She describes herself as a hands-on worker, who loves



Aviator Brooke Taylor is the military co-chair of 14 Wing Greenwood’s Defence Aboriginal Advisory Group, on hand during Wing Welcome September 8 to showcase some of the group’s cultural awareness initiatives.

Corporal K. Neate, 14 Wing Imaging

to interact with people: she says her job is perfect for her.

Taylor has taken part in recruitment drives and continues to be an advocate of the CFAEP program. It’s a three week program held in Saint-Jean-sur-Richelieu, Quebec, that gives candidates a taste of the military life. At the end of the program, participants are not obligated to join the CAF, but all receive a certificate of military achievement.

Taylor has embraced military life, and enriched it with her culture. She encourages others to do the same, and welcomes all Department of National Defence employees and CAF members, regardless of ethnic origin, to join the Defence Aboriginal Advisory Group.

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Site Web de l'Aviation royale canadienne
www.rcacf-forces.gc.ca

CAF Connection Site
Site du portail communautaire des Forces canadiennes
www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces
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www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

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October 20 vs South Shore | 7 pm
or any 2018-19 home game

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Warrant Officer Damien Robison, second from left, as promoted to current rank July 3, by 413 (Transport and Rescue) Squadron Lieutenant-Colonel Jean-Francois Gauvin, left; Chief Warrant Officer Kevin Roberts, right; and his wife, Karissa Robison. Master Corporal R. Wilson, 14 Wing Imaging



August 29, TEME Flight Aviator Danielle Green, centre, was presented with her aviator (trained) promotion by 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Chris Pratt, second from right. With them are Flight Lieutenant Shawn Khan, far right; Chief Warrant Officer John Martin, second from left; and Master Warrant Officer William Feeney, far left. Submitted



Captain Joseph Sager, second from right was recently presented the Canadian Forces Decoration by 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Christian Pratt, second from left. Also present were Lieutenant Shaun Noel, left, and Chief Warrant Officer John Martin.



Corporal D. Salisbury, Courseware Development

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EAP can help.



August 15, TEME Flight Corporal Mitchell Keast, third from right, was presented with his officer cadet promotion by 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Pratt, second from right. With them are Keast's wife Rachel, third from left; Captain Nadeau, second from left; Master Warrant Officer Feeney, right; and Master Warrant Officer MacDonald, left. Keast will now embark on a four-year long program at Acadia University to eventually become a RCEME officer. Submitted



August 29, Flight Lieutenant Shawn Khan, centre, was promoted to captain by 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Chris Pratt, second from right. With them are Captain Patrick Nadeau, far right; Master Warrant Officer William Feeney, far left; and Chief Warrant Officer John Martin, second from left. Submitted



Master Corporal Noella Kennedy, second from right, was recently presented the General Service Medal – Expedition by 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Christian Pratt, second from left. Also present were Lieutenant Shaun Noel, left, and Chief Warrant Officer John Martin.



Submitted

New Operation Honour website: more info, easier access

The Canadian Armed Forces (CAF) has launched a new and improved Operation Honour website to give everyone a better opportunity to access information and resources to understand, prevent and respond to sexual misconduct.

The new Operation Honour site, which can be found on Canada.ca, consolidates content formerly posted on forces.gc.ca, as well as the Defence Team Intranet. It also offers helpful new content, including:

- Updated information about the various ways to report sexual misconduct in the CAF and links to resources for medical attention, counselling and other services
- Comprehensive definitions for over 40 key sexual misconduct terms and concepts
- Information on disciplinary and administrative responses to sexual misconduct, as well as a commander's checklist
- Videos for use in Operation Honour-related

training and awareness activities

- Operation Honour orders, policies and directives
- New information about the Operation Honour research, data and analysis on sexual misconduct

"Every CAF member has a role to play in eliminating sexual misconduct. Our goal is to give personnel easy access to as many resources as possible," says Commodore Rebecca Patterson, Director General of the CAF Strategic Response Team on Sexual Misconduct. "The new site is an excellent source for advice and resources for victims, bystanders and supporters, as well as leadership who are working to respond and engage with staff on the issue of sexual misconduct."

In addition to offering enhanced content, the new Operation Honour site has been designed to improve usability, and it meets government web standards and accessibility guidelines.

Operation Honour is the CAF's mission to eliminate harmful and inappropriate

sexual behaviour in the Canadian military. Visit the Operation Honour website

to learn more about sexual misconduct and what you can do to help address it.

EMPLOYMENT OPPORTUNITY

Greenwood Military Family Resource Centre (GMFRC)

GMFRC

Greenwood Military Family Resource Centre

CRFMG

Centre de ressources pour les familles militaires de Greenwood

JOIN OUR TEAM

Coordinator of Prevention, Support, Intervention Services

(FULL TIME POSITION)

If you understand the unique challenges of the military lifestyle and have a passion for supporting the emotional well-being of Canadian Armed Forces families, this is the job for you. This position requires someone who excels at assessment and referrals, short-term intervention and counselling, and crisis support. You will positively impact the mental health of military families by creating, facilitating and evaluating intuitive and meaningful educational and preventative programs for all members of the military family. You will be a member of a collaborative, professional team whose main goal is to support and celebrate the military families of 14 Wing.

Who we are looking for
We are looking for someone with a Bachelor of Social Work degree who is eligible or is registered with the appropriate provincial licensing body.

Experience you should have
3-5 years' experience in crisis management, family education, short-term intervention, and family support.

Your contribution to the team will include:

- A high degree of interpersonal effectiveness, empathy, commitment to teamwork and strong understanding and application of ethical principles.
- Experience in the development, implementation, facilitation and evaluation of adult education and training, group dynamics, crisis intervention, family violence, abuse, attachment, dynamics and processes.
- Excellent assessment skills as well as sensitivity in dealing with and tolerating highly stressful situations.
- Demonstrated ability to effectively manage crisis situations with solid Risk management practices.
- Excellent communication and interpersonal skills; ability to function collaboratively in a flexible and creative manner required.
- Have a clear understanding of the community development process and a working knowledge of community resources.
- Knowledge of working within a not for profit organization and with a volunteer team
- Knowledge of the unique challenges of the military family lifestyle.
- Ideal candidate is bilingual

New Team members must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check. The work week is 37.5 hours with occasional evening and weekend hours being required.

If you are interested in joining our team, please submit your resume on or before 4:00pm on Friday, October 19 to:

Margaret Reid, Executive Director
Greenwood Military Family Resource Centre
P.O. Box 582, Greenwood, NS B0P 1N0
Fax: (902) 765-1747
email: home@greenwoodmfrcc.ca
Subject Line: resume – PSI (MS Word or PDF format)
Applications can also be dropped off at the GMFRC Front Desk.

The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Please note: Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity.
Please visit cafconnection.ca to learn more about the Greenwood MFRC.

POSSIBILITÉ D'EMPLOI

Centre de ressources pour les familles militaires de Greenwood (CRFMG)

GMFRC

Greenwood Military Family Resource Centre

CRFMG

Centre de ressources pour les familles militaires de Greenwood

JOIGNEZ NOTRE ÉQUIPE!

Coordonnateur/coordonnatrice des services de prévention, de soutien et d'intervention

(Poste à temps plein)

Si vous comprenez les défis uniques du mode de vie militaire et que vous êtes passionné par le soutien au bien-être émotionnel des familles des Forces armées canadiennes, c'est le poste qu'il vous faut. Ce poste exige une personne qui excelle dans l'évaluation et la référence, l'intervention et le conseil à court terme, et le soutien en cas de crise. Vous aurez un impact positif sur la santé mentale des familles militaires en créant, en facilitant et en évaluant des programmes éducatifs et préventifs intuitifs et significatifs pour tous les membres de la famille militaire. Vous ferez partie d'une équipe professionnelle et collaborative dont le principal objectif est de soutenir et de célébrer les familles des militaires de la 14e Escadre.

Qui nous cherchons
Nous recherchons un candidat qui détient un baccalauréat en travail social et qui est admissible à l'obtention d'un titre professionnel décerné par l'organisme de réglementation de la province ou possède ce titre.

Expérience que vous devriez avoir
De trois à cinq ans d'expérience de la gestion de crise, de l'éducation familiale, de l'intervention à court terme et du soutien aux familles.

Votre contribution à l'équipe comprendra :

- Faire preuve d'un très haut niveau d'entregent, d'empathie et d'esprit d'équipe et d'une très grande compréhension de principes éthiques et de l'application de ces derniers.
- Expérience de l'élaboration, de la mise en œuvre, de l'animation et de l'évaluation d'activités de formation et d'éducation aux adultes, de même que d'activités liées à la dynamique de groupe, à l'intervention en cas de crise, à la violence familiale, aux mauvais traitements, à l'attachement, aux dynamiques et aux processus.
- Excellentes habiletés d'évaluation; tact et tolérance dans des situations causant beaucoup de stress.
- Capacité manifeste de gérer efficacement des situations de crise avec d'efficaces pratiques de gestion des risques.
- Excellentes habiletés en communication et habiletés sociales; capacité de collaborer en faisant preuve de souplesse et de créativité.
- Bonne compréhension du processus de développement communautaire et connaissances pratiques des ressources communautaires.
- Connaissance du travail au sein d'un organisme sans but lucratif et d'une équipe de bénévoles.
- Connaissance des difficultés propres au mode de vie des familles militaires.
- Le candidat/La candidate idéal est bilingue.

Les nouveaux membres de l'équipe doivent passer les vérifications suivantes : registre des cas d'enfants maltraités, casier judiciaire et vérification de références. La semaine de travail est de 37,5 heures et comprends à l'occasion des soirées et des fins de semaine.

Si vous désirez joindre notre équipe, veuillez soumettre votre curriculum vitae **avant 16 h le vendredi 19 octobre 2018**, à l'attention de :

Margaret Reid, Directrice exécutive
Centre de ressources pour les familles militaires de Greenwood
C.P. 582, Greenwood, N.-É. B0P 1N0
Télécopieur : 902-765-1747
Courriel électronique : home@greenwoodmfrcc.ca
Objet : Resume PSI (en MS Word ou en PDF)
Il est aussi possible de venir porter sa demande en personne à la réception du Centre, qui se trouve dans le Centre AVM Morfee, School Road, à Greenwood.

Veuillez prendre note que nous communiquerons uniquement avec les candidats retenus pour l'étape suivante du processus de sélection.

Le CRFM de Greenwood souscrit au principe d'équité en matière d'emploi.
Veuillez visiter le site www.cafconnection.ca pour en apprendre davantage sur le CRFM Greenwood.



415 Squadron celebrates summer with annual Beach Bash

August 25, 415 (Long Range Patrol Force Development) Squadron celebrated its annual Beach Bash at the 14 Wing Greenwood campground, Lake Pleasant. Unit members relaxed at the beach while enjoying hot food, cold drinks and warm weather.

The annual Beach Bash is a chance for ground crew, air crew, support staff, civilian colleagues and families to socialize in a relaxed setting. No need to send the PMC a discreet note at a BBQ! Kids played together in the water with paddle boards, jumped from the floating dock and then headed to the gazebo for cupcakes and salad (mainly cupcakes). Parents kibitzed over burgers, then played time-tested camp games, including bocce and washer toss. A few four-legged family members also made an appearance, with the dogs

spending the day alternately splashing in the lake and getting belly rubs from anyone with a free hand. No air force event is complete without a flypast: late in the day, an Aurora proficiency flight happened to pass nearby, to the delight of the crowd.

Many thanks to the Lake Pleasant Campers Club for providing a beautiful location and use of its barbecues.

Cooking for 65 was a breeze with all three grills running. 415 Squadron is looking forward to returning next year.

If you would like to have your unit BBQ somewhere pet-friendly for a very reasonable price, the Lake Pleasant Campers Club is eager to host more military functions. Contact Kevin Halverson for details, managerlpcc@ns.sympatico.ca.



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Adult crafts

September 17, we had a fabulous time crafting at the Greenwood Military Family Resource Centre's DIY burlap luminary bag workshop. The finished projects all looked incredible and we cannot wait to admire all of these luminaries while driving through our community. Missed out on this activity? Our next adult craft is a pumpkin and flower centerpiece. Follow this link for more information: <https://www.cafconnection.ca/Greenwood/>

Projet artisanal pour les adultes

Le 17 septembre, nous avons eu bien du plaisir à fabriquer ce sac en toile de jute hier soir au le Centre de Ressources pour les Familles Militaires de Greenwood. Les membres de la communauté ont fait de nouvelles rencontres tout en exprimant leur créativité. Vous avez manqué notre activité avec la toile de jute? Notre prochain projet artisanal pour adulte est un centre de table fleurs et citrouille. Suivez le lien pour plus d'information: <https://www.connexionfac.ca/Greenwood/>.



Seniors' Appreciation Day

Thursday, September 27

11 am - 3 pm | Centre Court

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- Blood Pressure & Glucose Testing
- Displays from Local and Provincial Organizations
- [petvalu](#) Apparel and
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- Bingo at 2 pm with \$50 Jackpot

National Seniors Day

Monday, October 1 | Centre Court

- **Bingo at 2 pm with \$100 Jackpot**

Everyone
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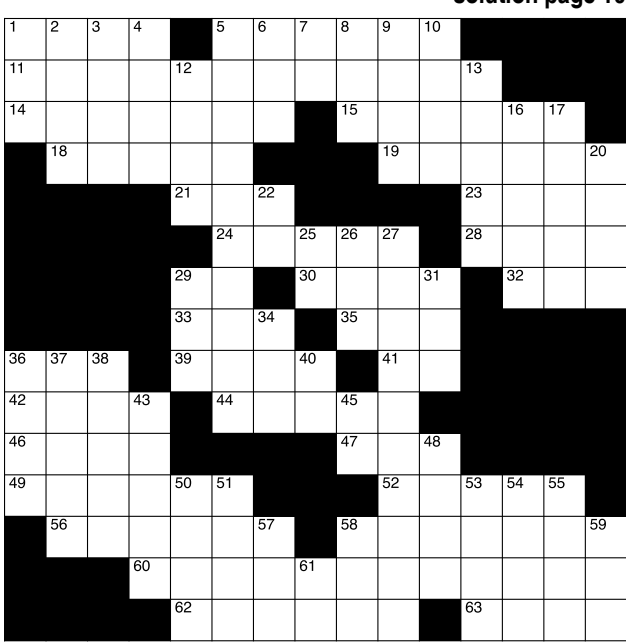
www.greenwoodmall.ns.ca



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword



- ACROSS**
1. Relaxing places
5. Creepy crawler
11. Blacklisted artists
14. Fought for position
15. Outer layer of the eyeball
18. Gymnopedies composer
21. Membranes
23. Comfort
24. Icelandic poems
28. Breezes through
29. In the general surface area
30. Replacement worker
32. Days have 24 of them (abbr.)
33. Bro or sis
35. Large, flightless bird
36. Future hovercraft
39. Complication
41. Core muscle
42. Electronic point of scale
44. Language of Cameroon
46. Skin problem
47. Slowly drink
49. Meaty part of a chicken
52. Bangladeshi currency
56. Shout
58. National capital
60. Word derived from a noun
62. Dances
63. A memorable garden
- DOWN**
1. The woman
2. Leaders
3. 'Sin City' actress Jessica
4. A type of machine
5. Enhancing an offer
6. Detachable aircraft unit
7. Priestess of Hera
8. Tooth caregiver
9. A way to engrave
10. Count on
12. Williamson Airfield code
13. Ancient Greek city
16. Range
17. Ancient Roman poet
20. Scottish tax
22. Doc
25. Bad grades
26. A great pitcher
27. Helpers
29. Former CIA
31. Guy (slang)
34. Actress Ling
36. One from the Balkans
37. Unofficially boxes
38. Mathematical ratio (abbr.)
40. Atomic # 64
43. Broken glass
45. Equally
48. Serbian currency
50. Envisions
51. Source of the Blue Nile
53. Leo's acting pal
54. Sour
55. What relief pitchers do
57. Ma
58. Spy organization
59. Monetary unit
61. Megabyte

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Girl Guide cookies
The chocolate mint Girl Guide cookies are here! \$45 a box supports Girl Greatness in Guiding units in your community. For delivery, contact Sara, cskeddy@hotmail.ca

Board volunteers needed
The Kingston Greenwood Mental Health Association is seeking volunteer members for its board. Meetings are held monthly. For additional information, phone 902-765-3902.

Yoga classes
Tuesdays, 6:30 p.m. to 7:30 p.m., the Three Rivers Community Centre, 41 Messenger Road, Torbrook Mines; hosts Yin yoga classes. \$10 drop in. \$8 with 10-class card (first class is free). Call 902-824-3605 for information or see our Facebook page.

Quilting group
The Greenwood Quilters meet at the Queen of Heaven Church

Annex on Church Street, Greenwood, the third Tuesday of each month at 6:30 p.m., as well as the following Saturday, September to May. All levels of quilters and fibre artists are welcome. For info, please contact Laura Hobin, 902-242-2980, or Jan Weedon, 902-765-0648. Bring your sewing machine.

Exercise class
September 24 (and continuing Mondays), 11 am. to noon, free community low impact exercise program at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Everyone welcome. Call Wendy at 902-765-0135 for information.

Blood donor clinic
September 24, 5:30 p.m. to 8:30 p.m.; September 25, noon to 3 p.m. and 5 p.m. to 8 p.m. Canadian Blood Services collection clinic at the Morfee Centre, School Road, Greenwood. New

donors welcome. Book an appointment at blood.ca.

Lunch
September 25, 11 a.m. to 1 p.m., the Fireflies host a luncheon at the Middleton fire hall. Ham/ cold plate (\$10), corn chowder or chicken vegetable soup(\$9); and your choice of blueberry cake or apple crisp for dessert. Tea or coffee included. Free delivery in Middleton: call Bonnie, 902-825-3062, by September 24.

Historical society show and tell
September 25, 7:30 p.m., the Kings County Museum hosts the 40th anniversary meeting of The Kings Historical Society (1978-2018) and devotes the event to discovery. Own something that makes you say, “what’s it?” Bring it along and see if the society membership can help identify it. Own some-

thing unique that might stump the collective knowledge of our membership? Bring it along to share. Have questions about proper care for your object? Ask our resident conservator. 37 Cornwallis Street, Kentville, 902-678-6237 or kingscounty-museum.ca.

Square dancing classes
September 26, 7 p.m., the Fundy Squares square dancing club begins its weekly fall dances at the Wilmot Community Hall. Newcomers are welcome: the first three weeks are free, then dancers contribute \$4 each per week (which includes a lunch). Any age and experience is welcome, as Fundy Squares regulars will take the “lead.” For info, contact Orly Lutz, 902-847-9215.

Exercise class
September 26 (and continuing Wednesdays), 11 am. to noon, free community low impact

sudoku

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	6		3			9		
					1			8
2			6	7		5	3	4
3	5		2		4			
	4			8		6	5	
	9	6			5	4		2
6		9	8					
	2			1			9	
8	3		7	9	6		2	

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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exercise program at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Everyone welcome. Call Wendy at 902-765-0135 for information.

Supper
September 27, 4:30 p.m. to 6 p.m., the Kingston United Pastoral Charge hosts its annual “locally sourced” turkey dinner; at the Kingston United Church, 733 Main Street. Adults \$15, children under 12 \$6.

Meeting
September 27, 7 p.m., the Annapolis Valley African Violet Society holds its regular meeting upstairs at the Greenwood Sobeys' Community Room. Everyone welcome.

Concert
September 28, 7 p.m., the Kings Historical Society and Deep Roots Music Festival Present “Concert in the Courtroom: Clary Croft.” This folklorist, writer and entertainer brings his tenor voice, impeccable musicianship and knowledge of folklore and music to share. Croft will perform traditional songs from the Helen Creighton and Carrie Grover collections, as well as songs from some of his favourite Maritime songwriters and some originals. At the Kings County Museum, 37 Cornwallis Street, Kentville. Tickets \$20, available at 902-678-6237.

Supper
September 28, 4:30 p.m. to 6 p.m., there will be a supper event at the Kingston Lions hall. The meal will be chicken supreme with all the fixings, followed by dessert tea and coffee. Cost will be freewill offering, in support of the IWK's teddy bear fundraiser.

Concert
September 28, noon, attend “In

the Garden,” a concert by Trinity Anglican Church Choir of Digby, directed by Douglas Hales, at the Dawn Oman Art Gallery, 298 Granville Street, Bridgetown. Freewill offering.

Exercise class
September 28 (and continuing Fridays), 11 am. to noon, free community low impact exercise program at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Everyone welcome. Call Wendy at 902-765-0135 for information.

Hall celebration
September 29, 2 p.m. to 4 p.m., the Three Rivers Community Centre, 41 Messenger Road, Torbrook Mines; hosts a grand opening - come see the newly renovated hall! Sweets, coffee and tea provided. Message our Facebook page for information.

Hike
September 29, join the Digby Pines and Hike Nova Scotia on the Digby Hike Adventure in support of Hike NS. Hike at Van Tassel Lake with two experience guides, followed by a lovely meal and sleep back at the Pines. Register at hikenovascotia.ca.

Dog walk
September 29, 1 p.m. to 5 p.m. Come and join us as ElderDog holds its Canada-wide dog walk, PAWrade, to help raise awareness and funds for ElderDog; at Miner's Marsh in Kentville. Related events including a meet-the-breeds (including German Shepherd, Leonberger, pug, bull terrier, pointer, Papillion, Carin terrier, Jack Russell, Labrador retriever, Galgo), door prize draw, ElderDog Canada information, a scent detection demo, dog massage, Sparky the Fire Dog. All dogs must be

on-leash. <https://www.facebook.com/elderdogkings/> . Freewill offerings accepted. Rain date September 30.

Ticket auction
September 29, 10 a.m. to 3 p.m., People First will host a ticket auction at the Kingston Fire Hall. Tickets \$20 for \$1, all new items, 50/ 50, raffle, cake walk, canteen available.

Supper
September 29, two sittings (4 p.m. and 5:30 p.m.), harvest turkey supper at the Inglewood Community Hall, 246 Bay Road, Bridgetown. Adults - \$15, children under 12 - \$10. For info, contact Lester, 902-824-0520.

Valley Trekkers walk
September 29, Hike Nova Scotia and the County of Annapolis present a guided hike on the Bohaker Trail in Delaps Cove. Pre-register: annapoliscountycan.ca. Qualify to win a trail prize. hikenovascotia.ca for details.

Wildlife meeting
October 2, 7 p.m., the Kings County Wildlife Association hosts its monthly meeting in Room 109 at NSCC, Kentville. The speakers for the meeting are from Acadia University: Rachel Pomerlow, Jackson Yang and Dr. Trevor Avery; speaking about striped bass in local waters. The public is invited: you do not have to be a member, and there is no charge.

Dance
September 29, 9 p.m. to midnight, dance to “One on One” at the Black Rock Culture & Rec Centre. \$8 per person/ \$15 per couple, cash bar, age 19 plus. For more info: 902-538-1259.

Concert
September 29, 2 p.m., the Kings Historical Society and Deep Roots Music Festival present “Concert in the Courtroom: The Northwest Passage in Story and Song,” with David Newland and Inuit throat singers Siqiniup Qilautu (Sunsdrum). This is a musical and spoken-word performance of original songs inspired by the sights and sounds of the Canadian Arctic, its history

and its contemporary realities. It combines photography, storytelling and live original songs. At the Kings County Museum, 37 Cornwallis Street, Kentville. Tickets \$20, available at 902-678-6237.

Mental health first aid
September 29 and 30, a two-day mental health first aid certificate program for adults who work with youth will be held at École Rose-des-Vents, Greenwood, 9 a.m. to 5 p.m. Cost \$40 per participant. For inquiries or to register, contact 902-765-3902 or email dwyerdj@ns.sympatico.ca.

Bohaker Trail hike
September 30, 1 p.m., Hike Nova Scotia and the County of Annapolis present a guided hike on the Bohaker Trail in Delaps Cove. Pre-register: annapoliscountycan.ca. Qualify to win a trail prize. hikenovascotia.ca for details.

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Make a connection
October 4, 6 p.m. to 8 p.m., the Valley Regional Enterprise Network, valleyren.ca, hosts a general trivia game and social as a way to introduce its latest program, Valley Connector; at the Berwick Library. All welcome – come meet new people and have fun. connector@valleyren.ca or @connectorvalley.

Retirees' meeting
October 4 is the RSVP deadline for the October 17, 11:30 a.m., semi-annual meeting of the Western Nova Scotia Branch of the National Association of Federal Retirees at the Waldec-Deep Brook Lions Hall, 948 Highway 1, Deep Brook; featuring a roast pork dinner and cash bar. Speaker: registered dietitian Sheryl MacDonald, with a presentation focusing on fall prevention and nutrition. \$10 for members, \$13 for guests. Make your reservation by contacting Bill or Carolyn, 902-765-8590 or NAFR75@gmail.com.

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the Aurora

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3. Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline:
Noon, September 27, 2018

Full name	Phone number
Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood . Coupon valid for 30 days.	
1. Where can you check out fall fashions?	_____
2. What starts October 1 in The Aurora?	_____
3. Who wants to hear from you by 4 p.m. October 19?	_____
4. Where can you shop online, 24 hours a day?	_____
5. Who is your Audi expert?	_____

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classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

crossword solution

S	P	A	S		S	P	I	D	E	R	
H	O	L	L	I	W	O	O	D	T	E	N
E	L	B	O	W	E	D		S	C	L	E
S	A	T	I	E				H	Y	M	E
			S	T	M			E	A	S	E
			E	D	D	A	S		A	C	E
			O	N		S	C	A	R		
			S	I	D		C	E	M		
S	S	C		S	N	A	G		A	R	
E	P	O	S		G	I	D	A	R		
R	A	S	H				S	I	P		
B	R	E	A	S	T		T	A	K	I	A
S	C	R	E	A	M		C	A	R	A	D
			D	E	N	O	M	I	N	A	T
			S	A	M	B	A	S		E	D

sudoku solution

4	6	5	3	2	8	9	7	1
9	7	3	5	4	1	2	6	8
2	8	1	6	7	9	5	3	4
3	5	8	2	6	4	7	1	9
1	4	2	9	8	7	6	5	3
7	9	6	1	3	5	4	8	2
6	1	9	8	5	2	3	4	7
5	2	7	4	1	3	8	9	6
8	3	4	7	9	6	1	2	5

APARTMENT FOR RENT

FOR RENT – One-bedroom apartment, smoke-free, \$325/month, in Wilmot on bus route. Please call 902-825-4996. (3935-4tp)

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cent, Greenwood. Spacious two bedroom apartment - \$650/month, tenant pays utilities. Coin operated laundry on site. Storage area. Non smoking building (this includes cannabis and vaping). No pet policy. Rental application

required. Please call 902-765-6312 or email for further information. Visit our website at www.parsonsinvestments.ca (3921-ufn)

FOR RENT – One-bedroom adult apartment, central Kingston, close to everything. Quiet neighbourhood. Non-smoking. Ideal for people on IR. Fridge, stove, microwave. Heat & lights extra. 902-765-3664. Available immediately. (3936-2tp)

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SERVICE

CHURCH SERVICE – “The Peoples 25:40 Church” There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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the **Aurora**

Helping children cope with deployments

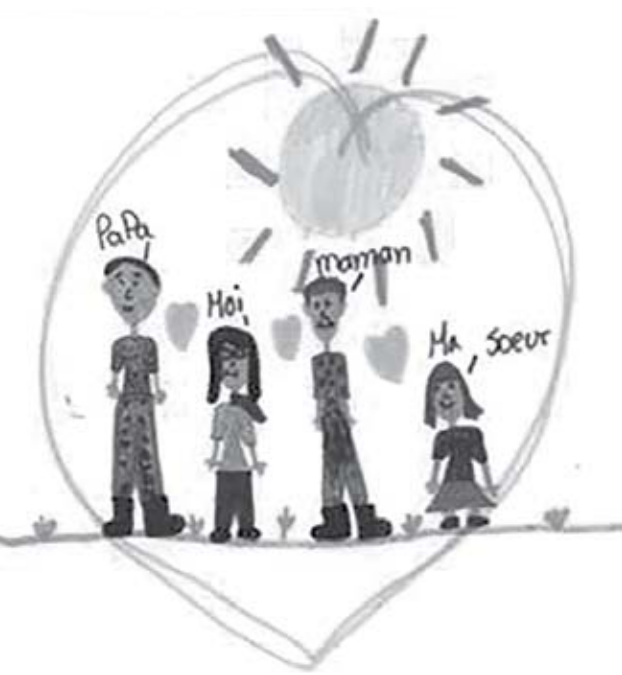
Military life can be stressful for children, especially when a parent deploys or the family has to relocate. As part of its continuing commitment to families, the Chief of Military Personnel (CMP) recently asked the Director General Military Personnel Research and Analysis (DGMPPRA) to investigate how children handle the stress of parental deployment and relocation.

“We found that most children were proud and happy to be part of a military family,” said Dr. Alla Skomorovsky, a defence scientist who conducted the focus group research for DGMPPRA. She added children in military families do feel different from children in civilian families, but most believe being part of a military family is a good thing. Children also enjoy some of the benefits of being in a military family, such as seeing new places, meeting new people, and feeling safe.

Despite some of the enjoyments of being part of a military family, children admitted that parental deployment is one of the most stressful experiences in their lives, in large part because they worry about the safety of their deployed parent.

“Not everything he does is safe, and I worry that he is going to get hurt,” said a child from the focus group. Deployment can also affect their emotions, physical health and school performance. Some children had trouble sleeping and eating or concentrating in school, but having supportive and understanding teachers made a big difference. “(My) teacher was aware (that my) dad was deployed. When I broke down they were very supportive and understood,” said another child.

When a parent was deployed, children also reported changes in their responsibilities at home and having less time for extracurricular activities. They also saw their at-home parent under more stress during deployments and their relationships with



siblings sometimes changed. Some children reported fighting less with their siblings in order to support one another, while other children reported fighting more often.

“It's important for parents, teachers, and other adults to be aware of the effects of deployments and relocations on children from military families and to support them during these times,” said Dr. Skomorovsky.

She added parents need to be aware of the programs for children offered at Military Family Resource Centres (MFRCs). The Children's Deployment Workshops are a great example of MFRC programming, which can play a positive role in helping children cope with the stresses of military life.

The DGMPPRA researchers uncovered some effective strategies children use to deal with deployments and relocations – strategies that help them remain resilient in the face of these stresses:

Social support – Children seek social support from their friends, the at-home parent, relatives, and teachers. Some children commented that support groups with other children of deployed parents had been helpful. Children who had not attended showed interest in doing so.

Healthy distractions – Many

helped children cope with the absence of their deployed parent.

Staying in touch with the deployed parent – Children often talked with the deployed parent by telephone or Skype, but some found this distressing. “I don't want to start crying and make him feel even worse,” said one child. While difficult for some, most children said it was helpful being able to speak to their deployed parent.

Maintaining the psychological presence of the deployed parent – Several children said their deployed parent gave them a toy or another reminder of them before leaving. In other cases, children identified an object that could serve as a reminder of the deployed parent, such as a doll or a shirt with the parent's picture on it. “It's easier sleeping, it's like he's there,” said one child.

Researchers found other things parents can do to help their children cope with deployments. The first is to explain what a deployment is and what it means, because it helps children make sense of their experience. The second thing is to explain the normal responses to deployment, such as worrying, and to pre-

pare children for changes in their roles and responsibilities. Lastly, parents can encourage children to seek social support from others.

Article Courtesy of The Maple Leaf

~ Obituary ~

Steven Dornan,

September 4, 1965 – September 11, 2018

Steven Dornan, 53, of Kingston, Nova Scotia, passed peacefully in the comfort of his own home surrounded by his family on Tuesday, September 11th, 2018. Steve is survived by his wife Rosanne of 30 years, daughter Cecilia, sons Patrick and Sean, father Edward, brother Andrew, sister Laura, grandchild Eleanor and loving nieces and nephews. Steve was a loving father, husband, grandpa, uncle, friend, and leader within the community. Steve spent a 27 year career in the Royal Canadian Air Force (RCAF) as an Airborne Electronic Sensory Operator (AESOP), deploying all over the world including several tours to both Bosnia and Afghanistan. During his career, he was presented with the prestigious Chief of Defence Staff Commendation, as well as many other medals and awards for his dedication to Canada and the Canadian Armed Forces. Steve joined the Kingston Volunteer Fire Department (KVFD) in 2001, serving as an active duty firefighter with the department for 17 years, rising to the rank of 1st Captain. In 2018, he was awarded Firefighter of the Year by the members of the Department, recognizing his outstanding leadership and dedication to the fire service and the Province of Nova Scotia. His passions outside of his career in the military and fire service included a love of carpentry and woodworking, his motorcycle, and travelling with his wife and family. He spent much of his time renovating homes over the years as well as riding around Nova Scotia with his wife. While he had travelled extensively during his career, his favourite places included Bermuda, Scotland, and the Northwest Territories. Steve was always a cornerstone to his family; offering guidance, support, and giving us the perseverance to become better people. Throughout his life, his indomitable spirit, sense of humour, and bravery offered strength during times of adversity, encouragement to enjoy life to its fullest, and provided a sense of hope for the future. He was an inspiration in life, and a truly genuine person to all who had the opportunity to meet him. Wherever you are, know that you are loved and will always be remembered as our hero. We would like to extend special thank you to all of the nurses, doctors and support staff, notably at the Soldiers Memorial Hospital in Middleton, NS, for their loving care and support during his final days. There was a Celebration of his Life held at the Kingston & District Fire Hall (570 Sparky St, Kingston, NS) on Friday, the 21st of September 2018; the Celebration began at 6 p.m., with a ceremony at 6:30 p.m., followed by light snacks and drinks for the rest of the evening. As per his wishes, friends and family are requested to dress comfortably for a joyous occasion to remember a great man and his legacy. Arrangements have been entrusted to Middleton Funeral Home, 398 Main St., 902-825-3448. Online guestbook may be signed by visiting: www.middletonfuneralhome.com



~ In Memory ~



BUHAGIAR, Joseph

In Memory of a dear husband, father, grandfather, and great grandfather who passed away five years ago on September 24th, 2013.

*Gone are the days we used to share
But in our hearts you're always there
Never more than a thought away
Loved and remembered every day
Those we love remain with us
For love itself lives on
And cherished memories never fade
Because a loved one's gone
Those we love can never be
More than a thought apart
For as long as there is memory
They'll always live on in our hearts*

Love you forever and miss you so much wife Sandra, sons Paul and Larry, daughter Carmen, daughter-in-law Arlene, and grandchildren. Melissa, Michael, and Noah.

Nifty,
nifty, look
who's 50!

Sara White,
Managing editor

“Canada’s Military Store” turns the Big 5-0 this year, and 14 Wing Greenwood’s CANEX outlet chose Septem-

ber 12 to celebrate. With cake and coffee in the morning and a noon-hour complimentary BBQ, plus partnering with all the Canadian Armed Forces-wide contests and promotions

underway with the birthday bash, the Greenwood CANEX staff was happy to invite customers in for their party. “Over 50 years of CANEX is a great thing,” said Deputy Wing Commander Lieu-

tenant-Colonel Bruno Baker, arriving to take on official cake-cutting duties. “In Greenwood, we have a great store, and the employees make it happen – thank you. “The CANEX concept is

beautiful: the money made here stays here in our community centre, our programs and serving members and their families. We’re very proud to have a CANEX here, working for us.”



14 Wing Greenwood Deputy Wing Commander Lieutenant-Colonel Bruno Baker, right, and base CANEX manager Ken Keddy, left, had the fun of getting the party started September 12, with cake, coffee , snacks and a noon-hour BBQ all to mark CANEX’s 50th anniversary.

S. White

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